



Making
holiday
decorations,
Victorian-style
• Page 1

The Open Forum:
Psychologist's prescription
for holiday depression

Page 1

Kensington
dancer leaves
to study at
Joffrey school
Page 9



TIMES JOURNAL

Serving Albany - El Cerrito - Kensington - Thousand Oaks

ALBANY-EL CERRITO, CALIFORNIA WEDNESDAY, DECEMBER 15, 1982

★ NO. 98

Local business: future looks brighter, sort of

By JUDY POLUMBAUM
ALBANY — It may be the season to be jolly, but bankers appear to be cautiously optimistic.

An impression emerged from a survey conducted during the Chamber of Commerce's annual Christmas reception, held last week at the local branch of Mechanics.

The survey also indicated that trips to Reno have held down in a troubled economy, but the extermination business is through hard times.

Local bankers questioned about the past year said they begin to discern an upturn in activity after a long lull.

Williams, Mechanics branch said his bank's volume of deposits has continued to grow, but more slowly than in the past year, while loan volume has declined.

Estate activity is just beginning to revive because mortgage rates

have not been down for very long. "We're headed in the right direction," he said, "but it's going to take some time."

"Things are brightening up," agreed Charles Silvera, Mechanics' Hilltop Mall branch manager and former manager in Albany. "People are starting to get aroused and they think things are going to get better — but they're not sure because things have been so terrible for so long."

Jack Clarkson of San Francisco Federal Savings summed up the year as "difficult," adding, "but it's ending up really great."

The home loan sector is seeing "hard signs of improvement and indicators of continued improvement," he said. "Now there are lots of homeowners' loan applications. Activity in housing is beginning to start up again, whereas it was nothing for at least two years."

Lee Enns, branch manager of Allstate Savings and Loan, compared the past year to a see-saw.

With savings and loan institutions

(Continued on Page 4)

Albany raises racetrack tax

By JUDY POLUMBAUM

ALBANY — In a move designed to ensure city revenues five years hence, the Albany City Council voted Monday to raise the tax on Golden Gate Fields from 65 to 66 cents.

The change has no immediate effect, since the council recently ruled that the admissions levy in favor of new and more lucrative system of taxing taxes from the racetrack.

Under the new method, made possible by the so-called Tucker Bill, the city will receive 0.33 of percent of total track wagers.

However, the Tucker Bill has a sunset clause and will expire in five years unless renewed. Albany council members were concerned that, should state lawmakers decide not to extend the bill, the city suddenly might find itself substantially poorer.

The council wanted to act on the matter now because of a recent court ruling that local officials may levy certain kinds of taxes without going to the voters. That decision is on appeal and could be overturned.

The action Monday followed some debate over exactly how much the city ought to boost the admissions

(Continued on Page 2)

Before curtain time...



Albany students (left) applies makeup to Alicia

Amezcua looks on. They're getting ready for a performance of "The Nutcracker."

put on recently by students at the Stamps School of Classical Ballet in Albany. Story, photos, page 13.

Book shortage at El Cerrito High

By BARBARA ERICKSON

EL CERRITO — Complaints by parents of El Cerrito High students, who said some pupils were forced to share books with one or two classmates, have revived a yearly Richmond Unified textbook survey to ease shortages.

Pat Rupley, assistant superintendent for secondary instruction, told

the school board Dec. 8 that El Cerrito High lacked English grammar and world history books. The lack showed up in a districtwide survey of high school book supplies.

The district has since ordered new sets of Warriner's "English Grammar and Composition," she said, and teachers are meanwhile using a less favored book, Corbin's "Guide to Modern English."

Board member Don Lau said Wednesday that parents at an El Cerrito meeting that he attended were "red hot" because sometimes two or three students were sharing a book.

But El Cerrito vice principal Cliff Erickson said he did not consider the textbook shortage "a great big problem" and the teachers don't seem to be terribly upset.

At the beginning of the year, he said, some parents complained about shortages, and Rupley revived a survey that used to take place annually in the fall.

As a result, he said, the book problems have been resolved "through borrowing or purchase orders."

(Continued on Page 2)

Deck the halls, Victorian style

It's easier
than you think

By MOIRA ANDERSON

It's the season once again: Halloween's ghosts and pumpkins have been replaced by the shop windows by garlands, and strings of lights, and everywhere bangles and ribbons and

can thank the Victorians to extent for this proliferation of season. According to Sunny, our expert on Victoriana in all and Christmas decorating blossoms to lavish heights during the winter period, and flourished until restrictions of World War I, by the increasing amount of how-tos in magazines in the decade, we may soon be rivaling the Victorians.

can even thank Queen Victoria for the popularity of the Christmas. Though it is so familiar now that we scarcely imagine Christmas without it, it was uncommon in England and America until the 19th



'Preparing Christmas Greens' from Harper's Weekly, 1880

popular in England — and in America, where Victorianism flourished. Many German Christmas traditions were imported this way, among them the Tannenbaum. In America, these new ideas blended with the multitude of different ethnic customs already at hand: there are perhaps more ways to celebrate Christmas in America than anywhere else in the world.

When Victorians decked the halls, they went all out. No doubt this sprang from their well-established tendency to decorate anything that didn't move — if they stopped there. At Christmas time everything was ornamented: walls, ceilings, doors, tables, windows, anything that could support so much as a ribbon. Sometimes even everyday picture frames were replaced with special holiday frames adorned with leaves and holly, while the pictures themselves — at that time hung at any angle out from the wall — might have a small trailing potted plant behind them.

The Yuletide trimmings emphasized things from nature: pods, cones, nuts, fruits, dried leaves, strawflowers (which were available then just as now), and of course evergreens of all varieties. These objects were worked into an incredible variety of decorations, such as the traditional garlands and wreaths, and the less well known pseudo-sculptures of crosses and harps (hung on the walls), baskets, and mistletoe kissing-balls.

(Continued on Page 4)

Open forum

The holiday blues ...And how to avoid them

(This week's article is by Jacqueline Crawford of El Cerrito, a licensed clinical social worker and psychotherapist in private practice in Berkeley. She also gives workshops on stress reduction, job burnout and effective communication skills.)

By JACQUELINE CRAWFORD

In most people's fantasies, the holiday season is synonymous with fun, closeness with others, and all-around good feeling. Sometimes these can be pretty high expectations. Your real experience of the holidays may be quite different. Naturally, whenever you want something to happen and it doesn't, you are disappointed. You may even become downright depressed.

Depression during or, more often, after the holidays is quite common. However, there are ways to prevent and/or cope with these feelings. Understanding the roots of your feelings and examining your expectations are important first steps.

One interesting "root" goes all the way back to ancient times. Many Christmas traditions evolved out of early myths and rituals which cen-

tered around the winter solstice in December.

One such celebration, Saturnalia, symbolized the eternal hope for renewal. The giving of gifts, forgetting one's troubles in licentiousness, and a ritual slaying to insure renewal were all part of this homage to the rebirth of the sun. For many people, Christmas or not, these themes have persisted at the turn of the new year through the centuries.

Today you still may wish that your troubles would melt away in the holiday festivities and somehow, perhaps even magically, improve in the new year. You may long for your own rebirth and transformation. You may hope for greater closeness with family and friends and try to make that hope a reality by the giving and getting of gifts. You may allow yourself greater liberties in your partying and, hopefully, not regret them later.

Come January, there is the potential for much disappointment when you realize that nothing has changed — not you, your troubles, or your relationships with friends and relatives. Then, of course, there's just the letdown of having the fun end and having to return to your routine.

(Continued on Page 2)

Instant Magic Bonus Demo**SAVE 2 WAYS IN AN INSTANT****KODAMATIC™ CHAMP™ Instant Camera**Regular **\$29.95**Demo Bonus **-10.00****SPECIAL PRICE \$19.95**Lowest Priced Kodamatic Camera
Easy to use. Accepts Flip Flash**KODAMATIC™ 960 Instant Camera**Regular **\$66.50**Demo Bonus **-10.00****SPECIAL PRICE \$56.50**Built in Electronic Flash Compact
Folding Design. 3 Year Warranty**UP TO \$5. REFUND ON KODAK INSTANT or KODAMATIC FILMS.**Limit one redemption
per household.**Take An Instant To Save**
Offer applies to both KODAK and KODAMATIC
Instant Color Films.
Exp. March 26, 1983**KODAK'S MAGIC TURNS 1 EASTERN AIRLINES TICKET INTO 2**...With KODAMATIC™ Instant Cameras and Film.
See us for more details**GERSH PHOTO INC.**1747 Solano Avenue
Berkeley • 526-0775**Want to sing 'Requiem'?**

Paul Perry, director of the Contra Costa Chorale, is holding special auditions for singers who would like to join the group for the Berlioz "Requiem," to be performed in March.

Although the group has 140 singers, more are needed for the "Requiem," which requires very large choral and orchestral forces.

The Chorale rehearses Monday evenings in Moraga. The next auditions are Jan. 3. To schedule an audition, phone the Chorale office in El Cerrito, 527-2026.

Floral Fantasies
"Creative Floral Design"
• Restaurants • Parties • Weddings
Connie Hubbell
841-6500**PAYING TOO MUCH FOR INSURANCE?**—Auto
—Homeowners
—Renters
—Commercial
—Annuities
—Life
—Motorcycle**CHECK OUR RATES**—Non Smokers (Home, Auto, Life)
—Good Student (Auto—continues after graduation to age 25)
—Accident Free
—Multi-Car**MARTY WEBB**
527-21411819 Solano Ave.
Berkeley**Local business people see things getting better**

(Continued from Page 1)

now offering a wide variety of accounts, his branch has drawn more customers, but people also are shifting their money around a lot more, Enos said.

This has made the business less predictable. "When we'd normally be down, we're up, and when we'd normally be up, we're down," he said.

"The year has been hard in the sense that rates have teeter-tottered and advertising has meant that people have just hopped around," Enos observed. "It's been an interesting year. For the first time, the general public's been extremely sophisticated."

He predicted "exciting times" ahead in home loans, with mortgage rates down from highs of 17-18 percent to less than 13. But he said a lot of potential home buyers are taking a "wait-and-see" attitude. "The magic number may be 10 or 11 percent," he said.

Local realtor Jerome Blank said he is "tremendously optimistic" about the coming year in the real estate business — so much so that he recently acquired two older homes in Albany and is renovating them for resale.

Blank said the main problem in real estate has been a lack of homes to sell. "We've got the greatest shortage we've ever seen. Demand is as strong as ever," he said.

A similar problem exists with commercial property, he added. "I've got 100 buyers for every piece of commercial property — at the night price. Everyone wants to own a building on Solano Avenue. Everyone hangs on to their property; they can't find anything better to invest in."

Compared to the bankers and realtors, Craig Lacy of Albany Bowl sounded positively carefree. His business, he observed, traditionally does well in times of recession.

"We're up over last year, and last year was up over the previous year," Lacy said.

Bowling appeals to people who don't want to spend much money or go far from home, he said. In addition, the football strike this fall drew many weekend customers who would normally have been planted in front

of their TV sets.

Lacy added that weekday daytime business has fallen off somewhat because many women who used to bowl have taken jobs. However, he said, "our senior program is going bananas."

The travel business also is doing well, according to Ken Ochs of Nevada Tahoe Tours, current president of Albany's Chamber of Commerce.

Ochs said he has widened his scope to include cruises to Mexico and the Caribbean, and his casino tours are as popular as ever.

"There are two things that people go to when they get under pressure: drink and gamble," Ochs declared. "People have \$100 in their pocket and get a \$150 bill in the mail, and say: 'Well, I can't pay it. I'll go to

Reno and try to make

But some small

Chuck Broad, owner

Termite Company

"We're not busy,"

we're busy; if we

His company

people, until a few

ago. The state

just recently, when

more people began

turn in business.

But Broad is a

upturn is a reflection

provement, saying

outcome of local

ers by reducing

rates.

Make holiday happy for the mentally

The annual Christmas project for emotionally mentally ill patients at state and local hospitals, mental health centers, clients at board and care homes, and institutes, is currently underway and sponsored by the Mental Health Association of Contra Costa County.

Christmas time, while a joyous season for many, is often a lonely and bleak season for the mentally ill community. For 22 years the Mental Health Association has been able to help make the holidays a happy time for these often forgotten people.

Donations of panty hose, night gowns, scarves, shawls, gloves, sweaters, warm hats and slippers are suggested for women. For men, sport shirts (size 16), belts, ties, cigars, pipes, tobacco, socks, handkerchiefs, saving lotions, colognes, sweaters, and 100% especially needed. Craft and hobby kits, playing cards, cribbage boards, games (chess, checkers, etc.), nery/pens, paper back books (new), wallets, toothpaste, tooth brushes, slippers (washable), brushes, mouthwash, shampoo, candy, fruit cake, popcorn, decaffeinated coffee/tea, coffee cups, and cards and tapes of all kinds are suggested.

Cash donations are needed also, to be used for those gifts which are most in demand, particularly men. Gifts are being collected at the Mental Health Association office, 1510 Second Avenue, Walnut Creek. Not wrap gifts, but do include wrappings.

For further information, call 933-1500.

BOOKS

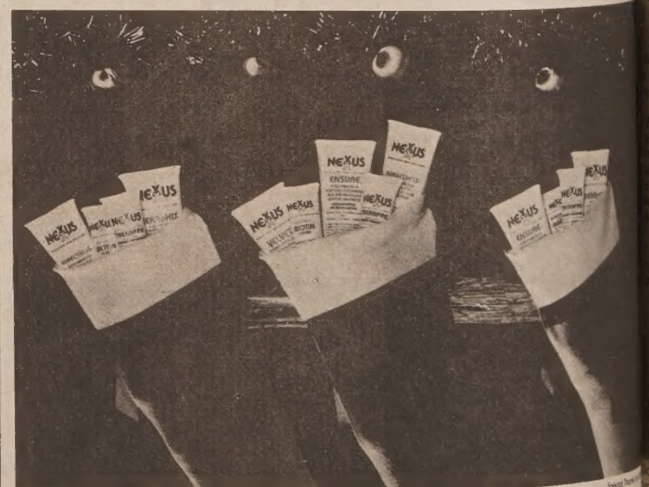
(Continued from Page 1)

Board member Eddis Harrison said she did not understand that classroom books were not to be checked out by students.

Rupley's survey showed that El Cerrito is the greatest shortage, and all of these books are social science. Other high schools showed only minor ones.

BENSON & HEDGES*Deluxe Ultra Lights*Only 6 mg yet rich enough to be called deluxe.
Regular and Menthol.
Open a box today.Warning: The Surgeon General Has Determined
That Cigarette Smoking Is Dangerous to Your Health.

6 mg "tar," 0.6 mg nicotine av. per cigarette, by FTC method.

Hang the stockings ...
by the chimney with care ...
then, fill them with NEXUS

Christmas gifts they'll remember are those appreciated throughout the year. Touch someone's everyday life by giving the gift of beautiful hair and skin. NEXUS PRODUCTS, formulated by Mr. Jheri Redding, are the culmination of 50 years of research in the science of beauty. In keeping with tradition, Jheri Redding continues to bring you only the finest in hair and skin care products available today.

Available only at professional styling salons.

NEXUS Therapex Shampoo lathers dry, damaged hair. Humectant Potions keeps hair pliable and smooth. Velvet Hand Lotion provides a protective glove of healing emollients that soothes smooth rough, irritated skin.

NEXUS PRODUCTS,
traditionally, the special
that shows you care.**CAROL BAKER & CO.**
HAIR DESIGN
5555 Claremont Ave.
Oakland, CA 94618
(415) 855-9681**\$6 the Cutting Room**
2079 University Ave., Berkeley
845-7553**across the street**
2043 University Ave.
Berkeley, CA 94704
841-7975
Student Union
University of California

Friends, family mourn, celebrate Ken Smith

More than 250 turn out at local gathering

By BARBARA ERICKSON

EL CERRITO — Ken Smith's friends and family, who gathered Thursday to mourn him in the Richmond City Hall where he worked for 13 years, took part in two facts of his life — the character and movements of the man himself and the blissfully happy life of his latest years.

"We thank his wife Barbara for giving him beautiful life," said Smith's brother Curtis, who spoke on behalf of his mother, his son and two daughters, and a second brother.

Other speakers, friends from his life in city administration, gave him credit for teaching them all they know of him.

"If I know anything about the democratic process," Assemblyman Bob Campbell in a letter read by his wife, "it is because of Ken Smith."

The setting of the memorial service for Smith, who died of heart failure in his El Cerrito home this week at the age of 62, combined both facets of his life.

He took place in City Council chambers, where he had held countless meetings, and a harpist and flute player played "Pavane," a Sacramento restaurant where he and his wife regularly for dinner on Wednesday nights, providing the musical accompaniment.

The memorial cards pointed up another element in his life, his profound reverence for nature and love of sports. The cards included a quotation from John Steinbeck, which begins, "Another glorious Sierra day in which seems to be dissolved and absorbed and sent pulsing down we know not where."

The crowd of more than 250 mourners, who spilled out of the chambers and into the third-floor corridor, remembered friends from his past service as El Cerrito city manager, from Richmond City Hall, and state government.

Richmond council member Lonnie Washington gave a eulogy to Smith for "his unique ability to channel the end ideas" of his staff and council. He "gave them complete liberty," Washington said, and was "fiercely protective of his staff, even if they were wrong."

"All that I am as a council person and all that I will be to the three years I spent as a councilperson with Smith," Washington said. "I say to his family: your loss. Your grief is my grief."

Richmond council member Al Silva was so overcome with sorrow he managed only a few words. "I see today as a time to celebrate his life," he said.

The mood, although sorrowing, was also one of celebrating Smith's life. The speakers cited his accomplishments in Richmond — development of the port, Hilltop Mall, and the marina — and they rejoiced in having known a thoroughly decent and modest man.

Richard "Bud" Carpenter, former director of the League of California Cities, said Smith had "a perfect relationship, in my opinion, between the city manager and City Council. He pushed members of council out in front all the time. He never took credit for anything."

Carpenter read the Peace Prayer of St. Francis and said, "If Ken Smith were here today he would show us that he fits that description perfectly."

"We all loved him," said Richmond Mayor Tom Corcoran. "He was an efficient administrator but also a human being."

Former Assemblyman John Knox, who presided at the service, said to Smith's wife, "We are all better off for your husband having walked the face of this earth."

He called the marriage between Barbara Gordon Smith and her husband "one of the great relationships in the history of marriage." It was short, he said, "but it was blissful."

The couple married at the time Smith retired from Richmond two and half years ago, while he was working for Knox. Smith's first wife died when he was city manager of Richmond.

Knox introduced a note of humor into his talk when he recalled how Smith had decided to apply for the job of Richmond city manager. "The job in Richmond opened up, as it does from time to time," he said, eyeing the council seats behind him.

The city is now in the process of looking for the second city manager to succeed Smith. The former manager, Joe Salvato, was fired earlier this year.

Smith's wife Barbara spoke briefly at the end of the service. "While he was a very modest man," she said. "I think he would have liked this."

The family will go to Twin Lakes before the end of the year, she said, to put on touring skis and ascend a mountain "in the very best Ken Smith tradition."

"We will scatter his ashes," she said, "among the mountains he loved so well."

The widow, who had worked hard and successfully with Smith to secure funds for the Hoffman Freeway, concluded by saying, "Ken Smith was an uncommon man and knowing him has been the rarest of pleasures."

Odyssey Grownups in Toyland

By PATRICK KEEFFE

In the past few years I have seen playthings from the 1950s, duplicates of those from my own toy box, for sale as "antiques." The prices are always ridiculous.

Remembering the dying Citizen Kane pining for his lost sled Rosebud, I often think of investing in just one of these artifacts from my Eisenhower-era childhood. Just as a reminder of a reasonably happy early life, or perhaps as a talisman for the future, to keep on the bookshelf like a rabbit's foot or a religious icon.

I never buy them, though. And I wonder if it's because I prefer to recall my childhood at my leisure, infrequently. Or maybe the price tag puts me off.

But I still like toys. Some playthings, simply made, show the style and the touch of the individual craftsman. These are objects of art unto themselves. And toys make me feel that it's all right if in some ways I don't grow up.

They also serve as tangible aids to a child's fantasy life. A toy truck was only an excuse for me to build an entire town and its population — in my imagination — in the sandbox. Toys give powerless little children scaled-down real objects with which to construct and master their imaginary worlds.

Maybe that's the real reason some people like old toys. They're durable examples of an age when the world was simpler and a reminder of a protected time of one's own life.

One of the most recent 1950s toys I saw for sale was a red rubber race car with Mickey Mouse in the driver's seat. Peering through the dusty glass display case, I gasped upon seeing a price tag of \$25. So, I haven't bought any of the old toys. But I have bought a few new ones.

Last summer, at a flea market in New England, I found an iron caboose, newly painted fire-engine red. At first I thought it was an original piece of a turn-of-the-century train set. Most likely it's a reproduction. I didn't care. I like trains. My grandfather, a feisty Irishman who looked like Harry Truman, worked all his life for the Chicago Northwestern railroad. He took me on my first train ride, and every time I see a train I think of him.

In Maine I bought a small, handmade wooden sailboat with a cloth sail and a little pair of oars stowed beneath the seat. It was in a tiny gift shop just down the road

from the 18th century inn where we stayed. Ah, I thought, quaint New England folk art. I would put it on the bookshelf, near the caboose. Maybe I would give it someday to a child, or simply let it become an antique. I'm not sure why I bought it, except that it is handmade and pretty. I just like boats.

Recently, at an Oakland garage sale, behind the dysfunctional television, the odd glasses and the stack of National Geographic, I saw two small metal toy cars.

I recognized them instantly. Tootsie Toys. Replicas of a 1951 Pontiac and a 1953 Oldsmobile. The price tags on each said, "10 cents."

There was no hesitation. I didn't even try to bargain the way I usually do. I just whipped out two dimes and dropped them into the man's palm and was transported out of Oakland, back to a sub-zero Wisconsin morning in front of a Christmas tree, opening a package containing toy cars.

My first thought after drifting out of my reverie and back to the garage sale was of my father. He owned a 1951 Pontiac when I was young. Years before it was legal for me to do so, he taught me how to drive in that car.

I thought, I'll give that to him for a nostalgic little holiday gift. Or maybe I'll just put it on the bookshelf with the caboose and the sailboat. And play with it sometimes.

After-school special classes in Kensington

KENSINGTON — The Kensington After School Enrichment Program, sponsored by the Kensington Community Council, offers a winter session of classes for kindergarten through 8th grade students.

There are still openings in the following classes, beginning in January: gymnastics, newspaper writing, drama, new games, puppets, juggling, computers and the Horizon Club, which is a drop-in class on Fridays.

A schedule of class days and times can be picked up at the Kensington Public Library or by phoning 528-3070 between 2-6 p.m. Monday through Friday.

Mail bag

Yule gifts for vets

am writing to you to ask a favor.

If at all possible could you print an article on Christmas donations for the men that served our country and are confined to the veterans hospitals?

The business community and private citizens could make small gifts which would not cost much for them, but which would be invaluable to these men and women. They are old and crippled because they served their country fighting for you and me!

The least we can do is to make them feel appreciated that they gave and to try to make their Christmas a less lonely by showing that we care. It would mean so much to them.

The type of things they would like are sporting news, games, magazines, books, games, razor blades, candies and cookies, and most of all a visit.

My name is Mrs. Kay Healy, 314 Perkins, number 4, Oakland, Ca. 94610. My home phone: (415) 451-1111. My office phone: (415) 838-5284 (Chevron USA).

The items could be sent directly to the Veterans Hospital to the paper — I would be glad to pick up, wrap, deliver them on Christmas Eve to the veterans hospital.

My husband is a Vietnam veteran who spent months in hospital with a broken back. But thank God, he is now and leads a normal life — something the guys confined to the hospitals cannot do.

Any help you can give will be greatly appreciated. You again for your help in bringing some joy into the lives of these poor, lonely lives!

Sincerely,
Kay Healy

S. My other project is to raise money for the "soup kitchen" (like St. Anthony's and many local missions) so that people suffering from the recession will at least have place to eat. Thank you.

Editor's note:

Kay Healy is the wife of former resident John Healy, author of a piece on Vietnam veterans published in the Times Journal on Jan. 28. The Times Journal is collecting items for veterans' Christmas and reader donations are welcome.

Go whale

watching

with experts

Whale Center, a regional leader among natural history organizations, is sponsoring a popular 2 1/2-hour program from Pillar Point just north of Half Moon Bay on weekends in January 2 through 10. Children's and adult rates available.

Participants on the cruises are experienced biologists with training in gray whales, other marine mammals, and marine birds.

The southward migration of gray whales peaks in January through February. Whales return north in March and April.

Free-trip orientation sessions were held. For information on what to expect, stop by the Whale Center at 3929 Piedmont Avenue, Oakland, CA 94611, or phone 654-6621.

Looking for UNICEF cards?

UNICEF, the United Nations Children's Fund, is currently assisting 1.3 billion children in 112 countries. Many of these children and their mothers are outside easy reach of health services, four-fifths of them have no access to adequate water supply and safe sanitation.

Hours are Mondays through Saturdays from 10 to 5. Call 849-1752 for information.

NOW IN SEASON...
for special holiday parties...
Fresh Cooked & Live Crabs now available!

BERKELEY FISH
1504 Shattuck Ave.
Berkeley 845-7166

Walker's Pie Shop & Restaurant

1491 Solano Avenue, Albany 525-4647

Celebrating 18 unbeatable years of happy food & service

Best Breakfast in Town!!

Served 8am - 11am

Lunch 11am - 3pm, Dinner 5 - 8pm
Closed Sunday & Monday



KING TU RESTAURANT & LOUNGE

Food to go Banquet Rooms • Catering

OPEN 6 DAYS A WEEK!

LUNCH Thurs.-Sat. 11:30-3:30
DINNER 3:30-10 Sun. 4:30-10:30 P.M.
Fri. & Sat. 3:30-10:30 P.M.
COCKTAILS 4:30-10 P.M.

1335 Solano Ave., Albany 525-2285
Closed Wednesdays

Ocean Fresh

THE FINEST CONTINENTAL SEAFOOD CUISINE

EARLY BIRD SPECIALS 4-6:30
COMPLETE DINNERS FROM \$5.50
SUNDAY CHAMPAGNE BRUNCH \$5.75-\$7.50

Sunday-Thursday 4-9:30; Friday-Saturday 4-10:30
Sunday Brunch 10:30-2:30 • Closed Monday
523 SAN PABLO AVE., ALBANY
FOR RESERVATIONS: 525-6219 • 525-3720

\$2.00 OFF ANY LARGE PIZZA

MILLER TIME EVERY MONDAY
Pitcher of Beer with any regular Priced Pizza **\$2**

FRESH-TO-BAKE PIZZAS
"We make it Your Way!"
Ready to bake on it's own tray.

Good Only At: STRAW HAT PIZZA
6230 Telegraph Ave. Oakland 658-0202

FREE DELIVERY 5 p.m.-10 p.m.

Offer good thru March 31, 1983

Not good in combination with any other items.

PEARL ORIENT

Seafood Restaurant

DEL NORTE PLAZA Potrero & San Pablo Aves., El Cerrito

(415) 234-3322

EASY PARKING

featuring:

French & Viet Cuisine
BEER AND WINE

Serving

BEST AND CHEAPEST IN TOWN:

1. CONTINENTAL BREAKFAST
Mon.-Fri. from 6 a.m.-2:30 p.m.
2. CHAMPAGNE BRUNCH
Daily from 11 a.m.-2:30 p.m.
3. EXPRESS LUNCH
Daily from 11 a.m.-2:30 p.m.
4. EXOTIC DINNER
Daily from 5 p.m.-10 a.m.

TRY US! GIVE YOU and YOUR FAMILY a SPECIAL TREAT!

★ WE CATER BANQUETS UP TO 50

★ ENJOY OUR DAILY & WEEKEND SPECIALS

ALL FRESH & SEASONABLE COOKING AT REASONABLE PRICES!



"We enjoy your restaurant."



"Super, tasty and colorful cuisine."



Farewell banquet at Pearl Orient!
"We miss you."



Good spirits!



Engagement banquet at Pearl Orient.
"We love you."



Very warm hospitality.

Avoiding holiday blues

(Continued from Page 1)

Traditionally, the ideal Christmas means a warm family reunion in which you freely love and are loved and experience the joyful wholeness that comes from such relatedness. However, in today's world, many people may have moved far away from their relatives or may have little time to spend with them.

Since close relationships often require more constant nurturing, the once or twice a year holiday reunion may leave you feeling disappointed and unsatisfied.

Moreover, if you don't get along with your relatives, the holidays may offer you the hope of resolving family differences and creating the family closeness you once had in childhood or, perhaps, never had. Yearning for affirmation and appreciation, you may put special effort into a party, family dinner, presents, or attempts at communication.

Unfortunately, these efforts often do not reap the hoped for results. You may be happier at Christmas-time when you can come to accept

your relatives' limitations and the reality of family conflicts.

If you have children of your own, you may feel pressure to give them the ideal Christmas. If you also work, having enough time for everything may already be a problem. The extra demands of the holiday season may place you in danger of overextending yourself.

In such a situation, you may find it helpful to check out your Christmas fantasies with the family. You may discover that they have different, and often, lower expectations, and also are willing to participate in realizing the holiday plans.

If you are single and not spending the holidays with your family, you may feel left out and very alone. You may resent the holidays, as they seem to accentuate a lifestyle different from yours and suddenly make your life seem lacking.

Since your holidays are not already structured for you by family affairs, your knowing what you need and planning or asking for it can be helpful. This may mean arranging a vacation to an exciting place or pursuing a

special activity or project on Christmas.

Perhaps inviting friends over for dinner or going out with another single friend may help you feel a part of the holiday spirit. However, visiting a friend's family at Christmas, especially if they are opening gifts or you are not close with them, may be unwise. Being with them may increase your "left out" feeling.

If you are alone on Christmas day, do yourself a special favor — buy yourself a gift to open and make yourself a nice dinner. If alone on New Year's eve, open a bottle of champagne and watch the celebrations on TV.

To summarize, the key to enjoying the holidays is realistic expectations, sensitivity to your own needs as well as the needs of others, and making plans to meet your needs. Also, as with many things in life, the process of preparation is often more enjoyable than the actual results.

With these thoughts in mind, I hope you have a pleasant holiday season and meaningful New Year!

Decking your halls like the Victorians

(Continued from Page 1)

Among the more elaborate Victorians were muslin sheets with leaves and berries stitched to them in patterns, hung over doorways, on walls, or around the ceiling. Doorways between rooms were often curtained to block drafts, and at Christmas time the curtains might be replaced by hanging strands of greenery. Autumn leaves were pressed and dipped in paraffin and glued onto cardboard forms to make various wreaths or sculptures. Sheaves of wheat were frequent part of the decorations — and these, along with flowers and greenery and prefabricated natural ornaments, were available in the markets and through catalogs.

While it might be a bit extreme to hope to duplicate a Victorian Christmas, one can go along ways toward it with only a minimal amount of skill and material. Wreathing or roping — the long evergreen garlands — can be purchased or nurseries, or lightweight more workable garlands can be made by wiring small sprigs of evergreens to a heavy cord. These can be draped around windows or doorways, worked into wreaths, or perhaps arched from the corners of a room to a hanging lamp or chandelier.

Wreaths, which look so elegant and complicated, are far simpler than they seem. Many are made upon a cardboard form: wind a strip of plastic (which can be cut from dry-cleaning bags, doubled) around the form

and tuck small bunches of evergreen twigs into the strips so that they overlap.

Then pinecones, artificial cranberries, strawflowers, small ornaments or whatever can be wired to the greens. Top it off with a shiny satin bow. And remember, once you've mastered the basic idea of the Card-board form, there is nothing to limit you to the shape of a circle.

Decorated baskets were another Victorian staple. The Victorians made forms from cardboard, but cheap baskets are so easy to come by today that this is hardly necessary. Take a simple shape and cover it with pine cones, nuts, or artificial berries — Sunny O'Neil recommends linoleum paste for bulky objects such as this. Line the basket with velvet or felt, fill it with nuts or apples, and it serves as a lovely decoration or gift.

Before Christmas trees became popular, kissing balls hung in the homes. These were constructed of evergreens upon a wire form — early versions often employed two iron hoops such as barrel hoops attached crosswise to one another.

In England, long before Victorian times, these were common, and used fir, holly, ivy, and whatever else presented itself at the season. Then the balls were hung with apples, oranges, nuts, ribbons, small ornaments, and even tiny dolls. Mistletoe was worked into the ball itself, or else suspended by a ribbon from the bottom, and the ball was most often hung over a doorway.

There is even an account, however,

of a system of kissing balls that could be made by anyone. The system was based on the fact that anyone who kissed a kissing ball could then be kissed by anyone else who kissed the ball. (The kissing balls were made of straw, and the kissing was done by kissing the straw.)

The evergreen wreaths through the plastic "oasis" to make a kissing ball. (The kissing balls were made of straw, and the kissing was done by kissing the straw.)

Moira Anderson, a long-time resident of a freelance writer living in Arlington, D.C. area.

Count birds in parks

Birdwatchers can now help East Bay Regional Park District count the feathered denizens of Tilden and Wildcat regional parks.

Naturalist Ira Bletz is distributing a new bird census form which will key the various species to the habitat in which they are observed. In a year's time, Bletz hopes to have comprehensive data on habitat, seasonal occurrence and relative abundance for each kind of bird.

Each census sheet is good for a month, after which it should be turned in for a fresh one. All information obtained will be placed on a master sheet for the completed study. All data will be useful, even if the participant's visits to the park are infrequent.

Census sheets and more information may be obtained by contacting Bletz at the Environmental Education Center, which is located at the end of Central Park Drive in Tilden Regional Park; 525-2233.

Albany raises GGF racetrack

(Continued from Page 1)

tax, with proposals ranging as high as 90 cents. One theme of the discussion was worry over how the racetrack operators would react to an increase, even though the tax currently is not in effect.

Albany Administrative Officer William Haden, who has calculated that the Tucker Bill will bring at least an extra \$136,000 into city coffers this fiscal year, recommended the figure of 65 cents. He said that would guarantee the city yearly revenue of \$610,000, approximately what the Tucker Bill will generate in its first year of application.

The 45-cent admissions tax brought in \$414,000 in the last fiscal year. Before passage of the Tucker Bill, the racetrack had agreed to pay the city an extra lump sum of \$60,000 annually for four years as an alternative to a hike in the tax, but this agreement was cancelled by the council's adoption of the Tucker Bill provisions.

Council member Henry Kruse said he favored the increase to 65 cents because, should the city have to reimpose the tax in five years, it will have been spoiled by the level of funding provided by the Tucker Bill. "By that time we shall have learned to live with that amount of money, and it's very difficult to go back to a lesser amount," he said.

Vice Mayor William Johns offered

a different rationale for the tax increase, saying that it was a way to keep pace with inflation. If the 65-cent tax went into effect in five years, it would represent a compounded annual 5 percent increase over the present 45 cents, he observed. "I think that's a logical amount," he said.

Council member Ed McManus, surmising that Tucker Bill revenues would rise with inflation to more than what a 65-cent admissions tax would generate in five years, suggested "adding an extra kicker" to the tax increase. But his proposal of 70 cents had no takers.

According to Haden, the racetrack operators almost certainly would frown on any council action boosting the dormant admissions tax as future insurance.

When McManus suggested raising the tax to 70 cents, Haden commented: "I think they'll scream at 60 and they'll scream marginally louder at 70. What's the size of that margin, I don't know."

Kruse recalled that last summer he had proposed raising the admissions tax to 90 cents. "I still think that's a good motion," he said. But he added that "going to calculate inflation would get too complicated and also that the track operators might balk at an action which seemed too extreme."

Johns agreed that the council

said chances are the tax would be extended anyway.

He noted that racetrack support the Tucker Bill shifts the burden of the racetrack itself to the public. "The big gamble," he said, "is taken out of the mission and falls on everyone who comes to the new tax based on money heavily on those who have."

At its regular meeting Monday, the City Council another look at admission collection rate increase on a plan which would allow collection costs to be paid by the racetrack operators.

Oakland Scramper, which holds an eastern Albany and Albany communities, submit the schedule for the fee hearing Jan. 1.

Under the plan, the council, weekly one would rise from \$6.00 in January, a four-year and two-cent service would rise from \$9.25 to \$10.40, a 12 percent increase. Similar hikes would effect in 1984 and 1985. Senior citizens discount of customer per month would be the same.

Haden said this plan was "the most benefit for the people" without imposing a "able" cost on households more cars. He said about 3,354 one-car accounts, 174 accounts and 174 accounts more cars.

Johns expressed concern about the plan, suggesting might penalize larger households who voted for it anyway.

SAVES TIME

CWS

SAVES MONEY

YOUR EVERYDAY VALUE DISCOUNT STORE

TOYS AND GAMES

TOYS & GAMES 50% OFF

CWS Everyday Low Prices (Over 100 selected items)

VIDEO GAMES

ALL ATARI CARTRIDGES \$200 OFF

ATARI

A Warner Communications Company

APPLIANCES

ALL General Electric Appliances & Audio Equipment 25% OFF List Price

CAMERAS

KODAK disc 4000 Camera Outfit with 2 Disc Films \$39.89 COLOR PROCESSING - Kodak

AND MORE...

X-Mas Stockings • Photo center • Housewares • Toys & Games • Appliances • Electronics • Batteries • Watches & Calculators • Notions • Luv's & Stationery • Pampers • Gift Ideas and More!

CWS

CONSUMERS WHOLESALE STORES

1552 Solano Ave., Berkeley 524-1606

OPEN Daily 9-7 Sunday 11-5

cash in with a classified ad...

Comprehensive Herpes Care

- Diagnosis •
- Definitive Virus Isolation •
- Comprehensive Care •
- Medical Treatment & Traditional Remedies •
- Information & Counseling •
- Personal, Confidential, Current •
- Optional Participation in Trial of New Herpes Medication •

For more info., phone 893-3114 10 am-3 pm Tues.-Fri.

PRN Medical Group, Inc.

Lewis is promoted

ALBANY — Michael J. Lewis, son of William and Sheila Lewis of Albany, has been promoted in the U.S. Army to the rank of specialist four.

Lewis is a communications specialist at Ford Hood, Texas, with the 6th Cavalry Brigade.

THE LATEST ZENITH AVANTE' HAS UNLIMITED USES

Here's just a few:

Video Games, Home Computer, Video Camera and Stereo Disc Monitor.

Switching from TV to Video Games, etc. is a snap. It's all done at the front of the set, eliminating rear TV switching.

OUR LOW PRICES include free delivery & Extended warranty. Come See it at Supreme.

SUPREME TV

724 San Pablo Ave., Albany 526-7244

TIMES JOURNAL

(A consolidation of The El Centro Journal and the Times Journal)

Established October 3, 1971

PUBLISHED EVERY WEDNESDAY

At Albany, Alameda County and El Centro, California

by BROWN NEWSPAPERS, INC.

OFFICE: 1247 Solano Avenue, Albany, Cal. 94706

(415) 525-2644

Brown Newspapers Publishing Company, Inc. is a

circulation by order of the Superior Court

of Contra Costa and Alameda Counties

The Times Journal is the only newspaper

in the Cities of El Centro and Albany

SUBSCRIPTION RATES

One Year \$10.00

One Month \$1.00

Single Copy 25¢

Mail Subscription \$1.00

Change of Address: Send to 1247 Solano Ave. Albany, CA 94706

FAMILY CLASSIC THEATRE

1442-A Walnut #333, Berkeley, CA

A Non-Profit Corporation

GET/OR GIVE THE CHRISTMAS SPIRIT

CHARLES DICKENS

at his **Holiday**

EXTRAVAGANZA

and featuring the (WEST END MUSIC HALL)

Dates: Dec. 17, 18, 19, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31

Times: Sun. 19 & 26-27 p.m.; New Year's Eve 11 p.m.

TICKETS \$6 (\$4 for students) \$10 for all others

Grant near Rome, Walnut King & Hwy 101

for reservations and gift ticket purchases call

Overeaters Anonymous: gaining power over food

By ROBERTA ALEXANDER

There are as many diets available as you could shake a fork of celery at. And they all work — for as long as the dieter stays on them.

When the diet is over, the weight usually goes back because the emotional problems, the compulsions, remain. For some food-obsessed people, the answer to their problems has been a self-help called Overeaters Anonymous (OA).

Modelled on Alcoholics Anonymous, the OA provides support and assistance to people who have problems with food. There are more than 30 OA meetings in the East Bay every week.

Like alcohol or heroin or other addictive substances, "food is everywhere," says "Karen," who has been an OA member for almost two years. One of the OA's goals is that members maintain personal anonymity, only first names are used.

Karen, 33, is an Albany resident. She now weighs 120 pounds, but has carried as much as 220 pounds on her five years.

She describes her lifelong problems with food as an addiction.

"Like an alcoholic, I couldn't control myself," she says. "I credit OA — which she had joined twice before — with teaching her how to live with her addiction."

OA is run entirely by members. There are no dues or fees; the only requirement for membership is a desire to stop eating compulsively.

Each meeting is led by a volunteer member, and members are always welcomed. Like AA, people introduce themselves by saying, "My name is So-and-so and I'm compulsive eater."

Most meetings last an hour and a half, and focus on some part of the OA program or on a specific topic. Everyone is welcome to participate in the discussion. A basket is passed for monetary donations — the only source of revenue.

There is no required diet, but the group does offer a variety of suggested eating plans. Some members devise their own or use ones developed by physicians or nutritionists.

Karen usually attends two meetings a week. She has gone to as many as five in a week, and says that sometimes people go every day.

In addition to meetings, members offer assistance to each other the rest of the week. Some become part of a support network that troubled members may turn to when they are upset; others sponsor new members. "I might need to call someone when I'm standing in line at a bakery and wanting to go in," Karen said.

Now Karen serves as a sponsor herself, but continues to maintain ties with others whom she can call when she needs a boost. Sponsors help new members develop an plan as well as learn to practice what OA calls the Twelve Steps to recovery.

OA has a lingo of its own:

Members talk about "recovery" rather than "cure."

We know that we are always going to bite away from a binge," Karen explained.

The Twelve Steps are modelled on those used by AA, and have a definite spiritual overtone. They include: "We admitted we were powerless over food — that our lives were unmanageable."

"We came to believe that a Power greater than ourselves could restore us to sanity. We made a decision to turn our will and our lives over to the care of God as we understood Him."

The religious nature of the Twelve Steps is often difficult for new members to deal with, Karen said. She said the organization had a spiritual, rather than denominational basis.

"When you turn your life over to a higher power, that is God," she said. "Some people feel that higher power is the sense of group support. For me it's the spirit of recovery."

Whatever the spirit is called, however, Karen sees it as comparable from solving the problem: "nothing we did on our own was able to free us (from compulsive eating), something from outside gave us a sense of support and help. By myself I couldn't do it."

The organization has a lingo of its own: members talk about "recovery" rather than "cure."

We know that we are always one bite away from a binge," Karen explained.

The other key word is "abstinence." Abstinence in OA means staying away from all unplanned and compulsive eating.

Thus Karen says, "People attend meetings until they have the strength to abstain." And for herself: "I began abstaining on May 23, 1981."

Not all members of OA were, like Karen, obviously overweight. People of normal weight are sometimes compulsive eaters, and not all eating disorders show up on the scale.

Karen has bulimia, an ailment she refers to self-deprecatingly as a "status disease."

Bulimia involves a cycle of eating binges followed by

self-induced vomiting. Its sufferers often believe that this is the only way they can prevent themselves from becoming too fat.

Marcia, now 35, was bulimic for 10 years, and for most of that time she felt she had her strange technique under control.

"Most bulimics don't believe they have an eating disorder," she said. "I started vomiting when I could no longer get amphetamines (appetite suppressants) easily, and I used to do it in the evening and on weekends."

As time went on, however, the behavior became increasingly compulsive, and Marcia found herself throwing

clashes avoiding cocktail parties where the combination of her own shyness in crowds and the availability of lots of food create a problem.

Marcia's situation is different: "Emotionally I cannot stand to feel full. That keeps me to throw up." So she chose an eating plan that provided her with four small meals a day, rather than the more traditional three.

"In my mind I'm still an atheist," she said. "But I did learn to stop believing that I had all the answers and that I could play God for myself."

She credits the program with turning her life around.

"When I joined I thought I was crazy. Now I don't wake up in the morning worrying about what I'm going to do about food. I'm planning to go into business for myself, and I've fallen in love for the first time in a long time," she said.

Of course, the program is not all tea and cakes; Karen acknowledges candidly that not all groups, not all meetings, are equally supportive.

"You know, most of the members are women. They have low self-esteem and are feeling very vulnerable," she said.

(Continued on Page 5)



—Times Journal photo by Karen Preuss

'Karen' has been active in Overeaters Anonymous for nearly two years

up during the business day.

"I was at a point of desperation when I joined OA," she said. "I could make good, profitable business decisions, but I couldn't control this; I was an addict, the same as people who take drugs."

As difficult as that was for her to face, Marcia found a sense of relief after acknowledging her addiction.

"It was almost harder trying to avoid facing it," she said. "There are lots of things that can be handled by therapy, but addiction is not susceptible to rationality. I realized that addictive behavior patterns cannot be handled alone."

Like Karen, Marcia found that the OA program went well beyond food.

"I became an addict rather than face uncomfortable feelings," Marcia said. "Now I'm learning to face the feelings."

"Now I choose friends who are not substance abusers," said Karen. "It's important to me to be around people who feel good about themselves."

Both women say they have learned to avoid situations that trigger their compulsive behavior. For Karen, this in-

English Yule dinner set at church

THOUSAND OAKS — Northbrae Community Church, 941 The Alameda, will hold its annual Christmas community dinner on Wednesday, Dec. 15.

It will feature an Olde English theme with traditional foods. Music will be provided by the Northbrae senior choir, dressed in Olde English costumes. The choir is directed by Merle Bowen.

Doors open at 6; dinner begins at 6:30. For reservations, call 526-3805.



Carol Westphal
personal color consultant

\$55

HARMONIOUS COLOR ANALYSIS
WARDROBE CHARTING
COSMETIC ANALYSIS
APPLICATION & TECHNIQUE

415-525-0429
Gift certificates available



Share the magic of the season.
The FTD Holiday Glow
Candle & Cans
Bouquet \$20.99

Lee's Florist
1420 University Ave.
Berkeley

843-0502
Send your greetings with special care.

®Registered trademark of Florists Transworld Delivery Association.

It's Fowl Weather!



Fresh Goose!

Raised in Sonoma County (available by special order only)

Spinach, Mushroom & Chestnut Stuffing
Sausage & Chestnut Stuffing

Leeks au Gratin
Swiss Chard, Bacon, Garlic & Cheese

Chicken, Ham & Spinach Pithivier
Pate en Croute

Boudin Blanc with Truffles
Sausage en Broche

Poulet

1685 Shattuck at Virginia, Berkeley, 845-5932

Mon-Fri 10:30-8, Sat 12-7:30
Lunch 11:30-2, Dinner 5:30-7:30
Smoking Permitted

JAY VEE • DARI DELI • JAY VEE • PARTY GOODS

Holiday Specials on WINES & LIQUORS

JIM BEAM 1 Ltr. \$6.79
IW HARPER 750 ML. \$5.69
JOHNNIE WALKER SCOTCH (Red Label) 1 Ltr. \$12.99
J&B RARE SCOTCH 750 ML. \$8.99

SMIRNOFF VODKA 1.75 Ltr. \$9.99

WENTE Grey Riesling or Le Blanc De Blanc 1.5 Ltr. \$5.59
TAYLOR CALIFORNIA CELLARS Chablis, Burgundy, Rhine, Rose 3 Ltr. \$4.59

CHRISTIAN BROS. CHAMPAGNE
Extra Dry, Brut, Rose 750 ML. \$4.49
CREAM SHERRY 750 ML. \$2.29
CABERNET '75 750 ML. \$5.29
CHARDONNAY '78 750 ML. \$6.49
CHATEAU LA SALLE 750 ML. \$2.69

MILLER BEER 6-12 oz. Bottles \$1.99

CANADA DRY MIXERS 32-oz. Bottles 2/79¢

COKE, TAB, FRESCA, SPRITE 6-12 oz. Cans. \$1.59 Without Coupon

SAVE 45¢ off one 6 PACK OF COKE, SPRITE OR TAB CANS.
GOOD ONLY AT JAY VEE LIQUORS
OFFER EXPIRES 12/21/82

Berkeley 1316 University Ave. Few Blocks East of San Pablo
El Cerrito 10560 San Pablo Ave. Jay Vee Center
Pinole 2975 Pinole Valley Rd. Across From Pinole High.

SPECIALS EFFECTIVE WED., 12/15 THRU TUES., 12/21

BAR-B-Q PRODUCTS • JAY VEE • MAGAZINES

Bowling

Lucky Lanes Highlights

Queens—Vicci Hernandez, 208-551; Priscilla Froedde, 181-521; Norma 192-482 and 176-450; Eva Park, 176-458 and 186-456; Marlene Briz, 170-448; Marie Jackson, 164-442 and 171-436; Barbara Rossias, 181-461 and 186-442; Joe Nelson, 203-581; Joe Rodriguez, 195-543; Steve Traften, 196-508; Sue Saden, 147-421; Wanda Cunningham, 196-454; George 174-478.

Rolls—Ruth Tanaka, 203-535; Leslie Tappan, 184-512; Nita Della Cruz, 178-458; Rita Parks, 157-443; Jo Ann Rademacher, 187-441; Franklin, 155-367; Jeanne Miller, 165-402; Ruby Robak, 154-420; Mary 143-529.

Rolls—Ethel Siebinger, 196-536; Marie Laffin, 184-512; Virginia Van De 186-508 and 173-436; Jean Patignani, 179-475; Joan Washburn, 156-461; 196-456 and 153-437; Shannon Lane, 178-506; Patsy Cyr, 189-406; Flo 156-459; Cathy Casadi, 195-456.

Rolls—Shara Diehl, 209-460; Jean Gayer, 184-407; Billie Reeves, 181-501; Billie Nickols, 123-351; Pearl Poundstone, 151-404; Billie Turner, 195-458; 185-460; Wilma Clark, 156-414.

Old Gate Lanes Highlights

Citizens—Mas Iwahara, 196-512; Jim Long, 189-515; Art Wong, 202-533; 199-510; Cecil Burke, 179-515; Sid Karas, 173-501; John Hickerson, 189-508; 182-532; Imogene Washington, 182-526; Bob Kays, 201-525; 196-529; Gus Nelson, 203-581; Joe Rodriguez, 195-543; Steve Traften, 196-508; 187-518; Art Feliciano, 186-511; Chuck Van Pelt, 208-541.

Districtal—Earl Funch, 196-539; Grace Martinez, 231-566.

Rolls—Dave Bruckner, 206-570; Dan McCormick, 192-553; Virginia 212-600; Esther Parker, 186-529; Sharon Haynes, 205-528; Mollie Boy 208-541; Georgina Tecon, 205-545.

Rolls—Vicki Clasio, 189-511; Jerry Ruffen, 204-560; Gene Hutcherson, 216-568; 196-506; Betty Basile, 183-500; Madeline P. sell, 181-519.

Rolls—Bill Lee, 223-569; Al Reams, 194-564; Tina Howard, 212-538.

Bowl Highlights

Rolls—George Schaefer, 266-673; Erv Johnson, 235-669; Joe Ales, 237-

Dentures

CREDIT TERMS—on approved credit for Dental Plates, Partial Plates and Removable Bridges.

ALL CREDIT HANDLED BY OUR OFFICE. No Bank or Finance Co. involved.

NEW DENTAL PLATES IN ONE DAY! In many cases. Please be at office before 10:00 A.M.

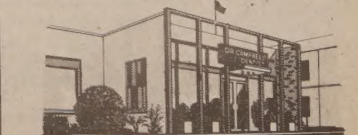
FAST PLATE REPAIRS!

LET US HELP YOU—Dental Care Plans: Medi-Cal, company, union, insurance, private dental coverage accepted.

Dr. J.C. Campbell

DENTIST

COME IN OR PHONE FOR DETAILED INFORMATION.



RICHMOND • 4016 Macdonald Ave.
Phone 234-2844 or 234-5495

No appointment needed in any Dr. Campbell office. Open Mon. thru Fri. Closed Sat.

Gaining power over food

(Continued on Page 6)

As a result, and since there is no professional mediator at meetings, sometimes there are problems. "OA attracts all kinds; all have food problems, and some have other problems as well," Karen said. She said that during her first experience in the organization, in the mid-70s, she had to deal with some abusive people.

Her enthusiasm, however, remains undimmed, and she's come to believe that compulsive overeating has more

to do with feelings than it does with food.

"OA has helped me see that it's okay to feel whatever I'm feeling, and that what's important is what I do about it," she said. Nowadays, what she doesn't do about her problems is eat.

For information about Overeaters Anonymous, call 569-1374. For a taped announcement of meeting times and places, call 276-4330.

Banks displays art in calender contest

The Fidelity Savings and Loan Association's branches at 1861 Solano Ave. and 10612 San Pablo in El Cerrito will present the 14 winning drawings from the 1983 Calendar Art Scholarship Program between Dec. 15 and 20.

The public is invited during regular business hours to view the artwork and to pick up the 1983 Art Scholarship Calendar containing reproductions of the drawings. It is free while supplies last.

Note: Paper featuring the winning artwork, on sale for \$5 for a set of 14 cards with envelopes, will be on sale. All proceeds benefit the Friends of Albany Seniors and the El Cerrito Open House, nonprofit organizations which raise funds to help senior citizens.

The drawings on display were done by high school students throughout California. Fidelity says this is the seventh year of the scholarship program designed to encourage and recognize the artistic talents of creative young people.

Adult school slates winter registration

ALBANY — Registration of winter quarter at Albany Adult School begins Jan. 3. Descriptions, times and locations of more than 100 adult education classes are contained in the winter brochure recently mailed to all local residents. Additional copies are available at libraries and all Albany schools.

Adults can now register for any daytime or evening course at the main office, 601 San Gabriel Ave. Registration hours are from 9 to 11 a.m., and 1 to 3 p.m., Monday through Friday. Those wishing to register by mail may do so if postmarked by Dec. 22. Registration for all courses is on a first-enrolled, first-admitted basis, principal Larry Hughes said.

For more information about classes, enrollment by mail, or first class meeting registration, call 526-6811. Many classes fill quickly, and early registration is advised.



Numbers game

Terri Thomas of El Cerrito recently became director of her Emeryville CPA firm, now renamed Glenn and Thomas, Certified Public Accountants. Thomas also serves as treasurer of the Armstrong College Alumni Association, and was recently elected treasurer of the Oakland-East Bay Chapter of the National Association of Accountants.

Albany seniors Christmas eve

ALBANY — The Albany Senior Center will have several special holiday events.

On Thursday, Dec. 16, from 2 to 4 p.m., the Albany branch of the Bank of America will have a Christmas party. Refreshments will be served. Hosts are Holm and Diane Sericotti, assistant manager.

Saturday, Dec. 18, at 1 p.m.: Christmas lights. Sunday, Dec. 19, at 2 p.m.: Open house.

Wednesday, Dec. 22, at 2:30 p.m.: A dinner musical entertainment by Larry Hughes of the senior center. He will play a variety of selections from old favorites to new.

Holiday events at local senior center

In addition to the regularly scheduled activities at North Berkeley Senior Center, events have been slated.

On Thursday, Dec. 15, the Ballroom Center with a live band. The dance begins at 7:30 p.m. Admission is 50 cents. Hawaiian dancers will entertain at the Holiday Party on Tuesday, Dec. 14, at 7:30 p.m. Santa will be at the party.

A special holiday musical program will be presented Wednesday, Dec. 22 at 1:30. Tickets are \$4.00. North Berkeley Senior Center, 1901 Hearst Ave., 644-6107 for further information.

Briefs

After school club planned

ALBANY — The city's Park and Recreation Department is sponsoring the A.R.D. Club, an on-going after-school program for children 6 through 10 years of age.

It will be held at Memorial Park Clubhouse, 1375 Portland Ave., Albany. Hours will be 2 to 6 p.m. and from 3 to 6 p.m. Hours will be 10 a.m. to 4 p.m. over school vacation, Monday through Friday.

Activities include arts and crafts, cooking, indoor and outdoor games, sports, library programs and excursions. Craft projects include clay pottery and sculpture, weaving, wood and needle crafts.

Fee: \$65 per month from 2 p.m. - 6 p.m. and \$60 per month from 3-6 p.m. Register at the Albany Park and Recreation Department, 1000 San Pablo Avenue, Albany or call 644-8514 for further information.

Parents' aid group plans new training

Parental Stress Service of Alameda County is offering a 30-hour volunteer training program.

Classes will run for six days, beginning Jan. 11, on Tuesdays and Thursdays, from 9 to 1:30 p.m., and Saturdays Jan. 15 and 22, from 9 a.m. to 3:30 p.m.

Volunteers will discuss child abuse and neglect, telephone crisis counseling, parenting skills, child development and other related fields.

For more information, call 893-9230.

Teach your old dog new manners

ALBANY — The Albany Park and Recreation Department will offer dog obedience classes at the Albany Community Center, 1123 - 8th Street, Albany on Saturdays, monthly. Beginning and Intermediate Classes will be offered.

The eight-week session, 9:00 to 10 a.m. will start the first Saturday of each month.

Animals must be at least three months old with all of their shots, six foot leather leash and a choke chain collar. Dogs must be accompanied by adults or children over 12.

Fee: \$16. Aggressive dogs will not be accepted in the class. Mary Culley has many years of experience in teaching and training animals. She is known in the East Bay for her performances for charity, hospitals, military installations and service clubs.

Classes will be subject to pre-registration at the Albany Park and Recreation Department, 1000 San Pablo Avenue, Albany, or for further information call 644-8514.

PARK and SHOP

Discount Food Markets

CLOSED
SATURDAY
DEC. 25
CHRISTMAS
DAY

CHRISTMAS

HOLIDAY

WE WILL CLOSE EARLY

CHOICE MEATS & POULTRY

CHRISTMAS SALE

100% FRESH! NOT FROZEN!

**USDA
A
GRADE**

**FRESH
TURKEYS**

✓ NATURAL TURKEY
✓ NO ADDITIVES
✓ POP-UP TIMER
✓ NO LIQUID BASTINGS
ADDED
✓ ALL SIZES UNDER 24
LBS.

69¢

LB.

SELECT TENDER YOUNG FRESH TURKEYS

<p>BONELESS BEEF ROASTS</p> <p>EXCLUSIVELY CHUCK</p> <p>LB. \$1.99</p>	<p>FRESH PORK ROASTS</p> <p>LEAN PICNIC SHOULDER CUTS</p> <p>LB. 99¢</p>	<p>FRESH GROUND BEEF</p> <p>ANY SIZE PACKAGE NOT OVER 30% FAT</p> <p>LB. \$1.09</p>	<p>FILLET MIGNON ROASTS</p> <p>EXCLUSIVELY BEEF</p> <p>LB. \$5.49</p>
<p>BONELESS PORK KABOBS</p> <p>LEAN & TENDER LB.</p> <p>\$1.99</p>	<p>CENTER CUT HAM SLICES</p> <p>GREAT SMOKE FLAVOR LB.</p> <p>\$2.29</p>	<p>FANCY SLICED BACON</p> <p>BAR-S OR MOR-RELL LB.</p> <p>\$1.79</p>	<p>GALILEO SALAMI</p> <p>6-OZ. SLICED \$1.89</p> <p>13-OZ. CHUB \$3.49</p>
<p>FRESH PORK SAUSAGE</p> <p>SEASONED JUST RITE LB.</p> <p>\$1.59</p>	<p>FRESH PACIFIC OYSTERS</p> <p>10-OZ. JAR</p> <p>\$1.79</p>		

89¢ VALUE

7½-OZ. PKG.

STUFFING MIX
LANGENDORF SEASONED

69¢

99¢ VALUE

8-OZ. PKG.

CREAM CHEESE
KNUDSEN

69¢

57¢ VALUE

LB. PKG.

SUGAR
C & H POWDERED OR BROWN

45¢

99¢ VALUE

5-LB. BAG

GOLD MEDAL FLOUR

89¢

LOW, LOW PRICES

<p>KRAFT MARSHMALLOWS</p> <p>93¢ VALUE REG. MINI 16-OZ. 65¢</p>	<p>DEL MONTE PICKLES</p> <p>\$1.99 VALUE WHOLE SWEET 22-OZ. JAR \$1.39</p>
<p>HAWAIIAN PUNCH</p> <p>\$2.89 VALUE CONCENTRATE 32-OZ. BOTTLE \$2.39</p>	<p>FRANCISCO FRENCH ROLLS</p> <p>\$1.25 VALUE OROWEAT 10 PACK PKG. \$1.05</p>
<p>MOTTS CLAMATO JUICE</p> <p>\$1.27 VALUE 32-OZ. BOTTLE \$1.09</p>	

LOW, LOW PRICES

<p>SMOKED OYSTERS</p> <p>FANCIFOOD \$1.39 VALUE ALL SIZES 3½-OZ. TIN 89¢</p>	<p>WHEAT THINS</p> <p>WESTON STONE \$1.49 VALUE 10-OZ. 99¢</p>
<p>CRACKERS</p> <p>CRACOTTES \$1.29 VALUE 4¼-OZ. PKG. 99¢</p>	

LOW, LOW PRICES

<p>YAMS</p> <p>PRINCELLA 99¢ VALUE 29-OZ. TIN 95¢</p>	<p>PIE CRUST MIX</p> <p>PILLSBURY 89¢ VALUE OR STIX 11-OZ. 79¢</p>
<p>PUMPKIN</p> <p>LIBBY'S SOLID PACK 87¢ VALUE 29-OZ. TIN 79¢</p>	<p>SPICES</p> <p>SCHILLING ALL GOURMET 10¢ OFF</p>
<p>STUFFING MIX</p> <p>OROWEAT \$1.29 VALUE SEASONED OR CORN SEASONED \$1.15</p>	

Senior centers

ALBANY

The center is at 846 Masonic Ave., 644-8500. Hours: Monday-Friday, 9 a.m.-5 p.m.; Saturday, 10 a.m.-4 p.m. Sunday, noon-4 p.m.

Special Events

Alameda County public health nurse Grace Fisk will offer health protection for the winter months, Monday, 20, at 2 p.m.

Christmas party hosted by Albany branch of Bank of America, in lobby of center, Thursday, Dec. 16, from 2 to 4 p.m.

Tree-trimming party, Saturday, Dec. 18, 1 p.m. Open house and tree-lighting, Sunday, Dec. 19, at 2 p.m.

Blood pressure clinic, Monday, Dec. 27, 1 to 3:30 p.m.

Transportation

Call at least one day in advance for reservations for van shopping trips. Wednesday mornings: El Cerrito Plaza. Friday mornings: Solano Avenue. Requested donation, 50 cents per round trip. Albany residents

taxi scrip available to Albany residents over age of 60, depending on annual income. Apply Monday, Thursdays and Saturdays, 10 a.m. to 2 p.m. Residents in wheelchairs may purchase special transportation vouchers.

Classes/Groups

Monday: Across the Generations, 9 a.m.; painting and color workshop, 9 a.m.

Tuesday: creative widowhood, help with your future, no fee, 10 a.m.; English as a Second Language, 1 p.m.; folk & square dancing basics, all levels, 1 p.m.

Wednesday: current events, 10 a.m.; drama through the eyes of Shakespeare, 1 p.m.; Tai Chi, 1:30 p.m.

Thursday: group walking, 10-11 a.m.

Friday: chess group, 10 a.m.; community service, 10 a.m.

Saturday: Modernism in the arts, 10 a.m.

Social Security

Field representative at the center the first and third Friday of the month at 3 p.m. to answer questions about Social Security, SSI and Medicare.

Continuing Events

Barber service, Thursday, 9 a.m. to noon. Donation requested.

Bingo, Thursday and Saturday, 10:30 a.m.; Sing-along, Thursday, 11:30 a.m.; Bridge, Friday, noon to 3 p.m.

Cards and conversation, Thursday, noon-5 p.m.; Saturday, noon-4 p.m.; Sunday, noon-4 p.m.

Chess group, Friday at 10 a.m.

Senior prom ballroom dance, Saturdays from 7:30 to 11 p.m. Donation, \$2.00 (includes refreshments).

Meals on Wheels

Home delivered meals are available for Albany residents. The food is prepared at Alta Bates Albany Hospital and is delivered at midday by a volunteer driver. Regular,

low-salt and diabetic meals are available. \$12.50 per week.

To order, please call the center at 644-8500 one week in advance. Coordinator Velma Grasso will make all arrangements.

Bus Tours

Trips are sponsored by Albany Park and Recreation Dept. Make reservations with Myriam Heath, Tuesday at 1 p.m. and Thursday at 10 a.m. at center.

Menus

The nutrition site meal is served at 4 p.m. Advance reservations are required. The suggested minimum donation for seniors is \$1 plus 50 cents; \$3.50 for persons under age 60. Monthly menus are available.

Dec. 15, beef patty; Dec. 16, fish; Dec. 17, chicken; Dec. 20, lasagne; Dec. 21, fish.

EL CERRITO Open House

Located at 6500 Stockton Ave., behind the library; 526-0124. Drop in lounge open weekdays from 9 a.m.-2 p.m. Lunch daily at noon.

Classes

The center will be closed Dec. 24, 25 and 31. Mondays: 9 a.m., aerobic dance; 10 a.m., Tai Chi; 1 p.m. bridge.

Tuesdays: 9:30 and 10:15 a.m., fitness; 1 p.m., grocery bingo.

Wednesdays: 9:30 a.m., mild exercise; 10:30 a.m., needlework; 12:30, knitting; 1 p.m. bridge.

Thursdays: 9:30 and 10:15 a.m., fitness; 10 a.m., Spanish conversation

Fridays: 9 a.m. to noon, barber; 9:30 a.m., fitness; cash bingo, 1:30-3:30 p.m.

Special Events

Living with Grief, Dec. 20, 7:15-8:45 p.m. (\$2.50). Cooking for men only, Dec. 22, 1-3 p.m.

Public health nurse, Dec. 22, noon (blood pressure taken). Information and referral, Dec. 16, 10 a.m.-1 p.m. Social Security representative, Dec. 17, 12:15 p.m.

Christ Lutheran

Mondays, 9 a.m.-2 p.m. at 780 Ashbury Ave. at Stockton.

Craft classes (pressed flower stationery, macrame, jewelry, weaving) are taught in the morning. \$5.00 lunch at noon. Afternoon program of information, speakers, community singing, sit-down exercises and folk dancing.

The program is co-sponsored by the Richmond Unified School Adult Education program.

St. John's Center

For El Cerrito residents 60 or over. Meets in the Catacombs Building, 6510 Gladys St., Tuesdays from 9 a.m.-2 p.m. Phone Tuesday only, 234-2797 or center director N. Gans at 529-1114.

(Continued on Page 9)



SCHWEPES MIXERS
SODA, TONIC, GINGER ALE, COLLINS MIX

67¢
VALUE
32-OZ. BTL.
PLUS DEPOSIT
YOU PAY

39¢



FOLGERS COFFEE

\$4.59
VALUE
2-LB. TIN

\$3.89

LOW, LOW DAIRY

MILD CHEDDAR	MONTICO CHEESE \$2.79 VALUE	LB.	\$2.39
MONTEREY JACK	MONTICO \$2.79 VALUE	LB.	\$2.39
PRECIOUS RICOTTA	\$1.39 VALUE	16-OZ.	\$1.19
PRECIOUS MOZZARELLA	\$1.59 VALUE	8-OZ.	\$1.43
MARIN FRENCH	CAMEBERT/BRIE HALVES \$1.29 VALUE	4-OZ.	\$1.15
RONDELE	WITH HERB/PEPPER/ONION \$1.59 VALUE	3 1/2-OZ.	\$1.19
SWISS KNIGHT	FONDUE/FONDUE SHIPPER \$3.89 VALUE	14-OZ.	\$3.49

LOW, LOW FROZEN

SARA LEE CROISSANT ROLLS	\$1.67 VALUE 5 1/2-OZ.	\$1.39
SARA LEE CHEESE CAKE	NEW YORK STYLE \$3.45 VALUE	\$2.79
C&W PETITE PEAS	8 1/2¢ VALUE 10-OZ.	73¢
C&W FANCY MIXED VEG.	\$1.27 VALUE 16-OZ.	\$1.05
C&W WHOLE STYLE CARROTS	\$1.33 VALUE 16-OZ.	87¢
C&W WHOLE ONIONS	85¢ VALUE 10-OZ.	67¢
C&W FRENCH CUT BEANS	\$1.39 VALUE 16-OZ.	\$1.25
C&W CHINA MIX	\$1.25 VALUE 16-OZ.	99¢
KNUDSEN ICE CREAM	RICH 'N' NATURAL ALL POPULAR FLAVORS. \$3.99 VALUE 1/2-GAL.	\$3.59
FLAV-R-PAC ORANGE JUICE	\$1.13 VALUE 12-OZ.	79¢

LOW, LOW PRODUCE



ORANGES
CALIFORNIA
NAVELS
LARGE SIZE

5 LBS \$1
AND JUICE SIZE



AVOCADOS
CALIFORNIA
FINEST
FUERE OR HASS
VARIETY

3 FOR \$3.89

CELERY
LARGE CRISP
STALKS

33¢

YAMS
RED GARNET
U.S. NO. 1

29¢

TANGERINES
SWEET
LARGE
SIZE

3 LBS \$1

APPLES
EXTRA FANCY
WASHINGTON
RED DELICIOUS
LARGE SIZE

49¢

WALNUTS
LARGE
SIZE

89¢

POTATOES
OREGON
RUSSETS
U.S. NO. 1

10 LBS 69¢

SQUASH
ITALIAN
FANCY

39¢

PEARS
D'ANJOU
OREGON
U.S. NO. 1

39¢

Briefs

Children's gym class set

ALBANY — The Albany Park & Recreation Department now has openings in its eight-week gymnastics classes beginning Jan. 10.

Activities include the basic movements of jumping, balancing, tumbling, learning to control a ball plus trampoline work, gymnastic routines, eye-hand, eye-foot coordination.

Classes will be held Monday through Friday at the Albany Community Center, 1123 - 8th Street, Albany. Fee: \$20 for Babygym and Kindergym; \$22 for all Minigym.

Signups will be taken at the Albany Community Center on Wednesday, Dec. 8. Albany residents - 9 a.m. to 10:30 a.m. and non-residents - 10:30-noon. Instructor is Carol Mohr. Registrations will be taken at the Park and Recreation Department, 1000 San Pablo Avenue, Albany, after registration day.

City offers

Spanish class

ALBANY — The city's Park and Recreation Department offers a new Spanish class for children in grades K-5 at the Cornell Elementary School, 920 Talbot Ave., Albany.

Program will feature small classes, trained teachers, an illustrated textbook and tape each month, weekly sessions; second and third child will be one-half price.

Spanish is taught through a series of stories, songs, games and activities. Classes will be held Tuesdays, 3 - 4 p.m. for grades three through five on Thursdays. Parents may attend a meeting to review the program and meet with the teacher.

Fee: \$4 per week; textbook and tape, \$8 monthly. Classes start Jan. 4. Sign up at the Albany Park and Recreation Dept., 100 San Pablo Ave., or call 644-8514 for further information.

Free yule childcare set

THOUSAND OAKS — On Saturday, Dec. 18, the Epworth United Methodist Church, 1953 Hopkins St., in North Berkeley, will offer free, creative childcare for children 3 to 11 years old.

The hours will be from 10 to 2 p.m. Parents are asked to bring a sack lunch for each child. Reservations must be made by noon Friday, Dec. 17. Call 524-2921.

Pastor David Storpe said, "a Christmas gift to the community which will give children a quality experience and parents the opportunity to do last-minute shopping."

Enders ends his training

ALBANY — Marine Pvt. Benjamin R. Enders, son of Robert and Leslie Enders of Albany, has completed recruit training at the Marine Corps Recruit Depot, San Diego.



SUPER LOW PRICE

Imperial
Margarine
79¢
VALUE

SUPER LOW PRICE

Twin Pak
Potato Chips
\$1.36
VALUE

SUPER LOW PRICE

Mrs. Smith's
Frozen Pies
\$3.11-
\$3.15
VALUE

SUPER LOW PRICE

Cranberry
Sauce
69¢
VALUE

SUPER LOW PRICE

Ranch-Pak
Fresh Eggs
DOZ.

59¢

89¢

\$2.39

55¢

79¢

LOW, LOW DAIRY

Knudsen Sour Cream	KNUDSEN HAMPSHIRE \$1.17 VALUE	PT.	99¢
Carnation Fresh Whipping Cream	73¢ VALUE	1/2-PT.	63¢
Darigold Butter	FIRST QUALITY CUBE \$1.89 VALUE		\$1.79
Real Cream Topping	CARNATION \$1.25 VALUE	6 1/2-OZ. CAN	98¢
Orange Juice	MINUTE MAID CHILLED, \$2.13 VALUE	64-OZ.	\$1.59

PARK and SHOP

Discount Food Markets

OUR PRICES SAVE YOU MORE!

WE RESERVE THE RIGHT TO LIMIT QUANTITIES

FREE PARKING

FOOD STAMP SHOPPERS ARE WELCOME AT PARK & SHOP!

1850 SOLANO AVE.
2655 TELEGRAPH

BERKELEY

PRICES EFFECTIVE TEN FULL DAYS THROUGH FRIDAY
DECEMBER 24, 1982. NO SALES TO DEALERS

Pot luck with Olga Bier

Gifts of love

Sometimes I think if I had a million dollars I could buy all the marvelous things in the world at Christmas time and my gift-giving problems would be solved. Not true, of course. Because — whenever I think of a gift that I feel could be especially right for a certain person, I often find that that gift is not particularly expensive in money terms but rather in time and effort.

Making something special can have no price tag attached to it. My lace snowflakes and the simple silver balls with crocheted nets around them; the felt stockings with the cooking Santa applied on it; those are treasures made by loving hands that cannot be priced.

The yearly box of fudge made by a dear friend who isn't afraid to cook for me; the heavy fruitcake loaf that crackles and pops when the crisp candied fruit and nuts are cut; the grocery bag full of holly I always find at my doorstep, and the jar of shelled almonds which comes in time for early baking; these are treasures that also cannot be priced. They are gifts of love because they meet my special needs.

Gifts of time

I sometimes despair at the shortness of the day as I race from errand to errand and place to place. The time I yearn for is not for time to fix my hair or to clean my house (though Heaven knows they both need tending!), but rather the time to mail those pictures to a far-away chum and finish the limericks that go with them; the time to bake a cake for an elderly neighbor who no longer bakes or the time to deliver a flower and a laugh to an ailing friend. I've always wanted to memorize a piece of music and play it as a gift to someone I love. Those who know my musical talents will understand the enormity of this idea!

I have always been especially pleased when I can share food with someone. I don't mind working hard in the kitchen when the results are shared. Using my time for this is the most satisfying gift I can give.

Favorite repeaters

Often I am asked for repeats of favorite recipes that make good presents. Here are some old favorites that may answer some needs for you.

This is a wonderful recipe you can mix up and then divide into two large jars to give to two friends who don't bake. Attach the simple directions on a gift card and tie it on the jar of batter with a bright ribbon:

Raisin-bran muffins

1 box (15 oz.) raisin bran cereal
1 c. oil
3 c. sugar
4 beaten eggs
1 qt. buttermilk
5 c. flour
5 t. baking soda
2 t. salt

Place dry ingredients in a large bowl and stir to mix well. Mix wet ingredients together and add dry mixture, blending until just mixed. Store in a tightly covered container in the refrigerator for as long as six weeks.

To bake a batch, fill a paper-lined muffin tin about two-thirds full and bake for 15 minutes at 400 degrees.

For a friend who gives parties or perhaps as a hostess gift when you attend one, make some **Parmesan Spread** for quick hot appetizers. Just mix equal parts of mayonnaise and Parmesan cheese with chopped green onions.

Put in a jar with a good closing cap. This will keep in the refrigerator for many weeks and be at the ready when you need a quick tidbit.

Wrap in Christmas paper and present with a small box of round crackers. The instructions should read: Spread thickly on crackers and bake in 375 degree oven until puffed and golden.

Another goodie for your hostess: a jar of **Tropical Mayo** for her fruit salads. To a pint of mayonnaise, just add 6 to 8 T. of pineapple juice, ½ t. ground ginger, and a little finely chopped preserved ginger.

Try this for yourself too: pack a cleaned plastic margarine tub full with **Shrimps in Mustard**:

Make marinade:
3 cloves garlic, crushed
1 onion, grated
pinch each of oregano and cayenne
1 t. salt
1 t. dry mustard
½ c. salad oil
3 T. vinegar

Devein and clean 3 dozen cooked jumbo shrimp and add to the marinade, mixing well. Cover and chill in the refrigerator overnight. Drain and pack, including a little package of pretty hors d'oeuvre picks and present to a busy person.



And here's a very special gift for someone who eats regular sugar. Made with fructose, it is low in calories, but because of fructose's special properties, it can be eaten by those with sugar-restricted diets.

Olga's terrific trifles

1. Clarify two cubes of unsalted butter. Heavy saucepan and melt over medium heat. The foam that gathers at the top. Pour off the clear butter. The clarified butter. Discard the solids at the bottom of the pot.
2. In a clean sauce pan, melt 8 oz. unsweetened chocolate in the clarified butter. Stir over low heat. Cool.
3. Stir in ½ c. brandy and ½ c. rapid melt chocolate. May add chopped nuts if you wish.
4. Chill until mixture is firm (several hours).
5. Shape into 1-inch balls and roll in crushed tiny fluted paper cups and arrange in a gift box. Keep in a tightly sealed container in the refrigerator several weeks. That is, if they aren't eaten first!

So, start stirring up your gifts, pay, by Christmas.

Olga Bier is a teacher, author and home economist. Anyone with questions or suggestions for the next reach her in care of the Times Journal, 1247 Albany 94706.

Space sale

Size	Regular	Now
3'x4'	\$12	\$5
4'x4'	12.50	6
4'x5'	16.50	9
8'x10'	41	20
8'x12'	47	23

Save 50% and more on upstairs space. Limited time only.



This offer good at the following locations:

HAYWARD 24700 Mission Blvd. 2000 Doolittle Dr. 600 # 601 Cedar St. (415) 581-6900 (415) 483-6542 (415) 525-8565

8 Bay Area Locations

Coming up

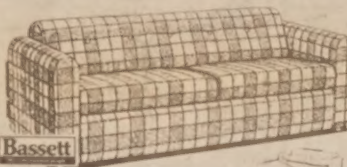
Day care available in E.C. for holidays

EL CERRITO — The Clubhouse Enrichment Center will be offering two holiday week programs at Harding Elementary School, 7230 Fairmont.

The Clubhouse is a nonprofit extended day program

HOLIDAY SPECIAL SLEEPER SOFA

IN STOCK



REG. \$499⁹⁵ FULL SIZE

QUALITY-STYLE-VALUE
YOUR CHOICE of Herculon fabrics, or more. All sofas have kindred frames, double dovetail joints, Full-size foam mattresses. Local delivery is included. Savings also on our large selection of twin, full and queen sleepers by other famous brands.

IN STOCK FOR IMMEDIATE DELIVERY

Kiefer's 10086 San Pablo Ave. (Corner of Contra Costa) 527-1511 HOURS: Mon.-Sat. 9:30 to 5:30

BERKELEY CONSERVATORY BALLET

Grace Doty, Artistic Director



NUTCRACKER ZELLERBACH AUDITORIUM

PERFORMANCES
Saturday, December 18—2:00 p.m.
Sunday, December 19—2:00 p.m.

TICKETS
Adults \$8.50 and \$6.50
Seniors, children under 12 \$7.50 and \$5.50
Tickets at Zellerbach Box Office (10-5:30pm M-F, 12-4pm Sat)
To charge by phone and for Group or other ticket information, call 642-9988.

In association with CAL Community Sponsorship Program.

Tickets for the Sugar Plum Fairy Party that follows each performance are \$3.00.

for first through sixth graders, which meets 7:45 to 5:45 p.m., Monday through Thursday. Cost for each four day session is \$60. Call 528-2266 to register. Enrollment is limited to 12.

"Clubhouse C's" will be the theme for Dec. 20 through 23. Customs, cooking, computers, carols and crafts will be featured. The theme for Dec. 27 through 30 is "ABC for Art, Breads, Computers."

Donna Friedrich, a certified teacher with 12 years of experience, will lead both sessions.

Albany Library sets holiday programs

ALBANY — The Albany Library will celebrate the holiday season with three programs for children.

Evening story time for ages 3 through 7 will be given on Tuesday, 7:30 p.m., Dec. 28. The program lasts approximately 35 minutes and will include stories, picture book reading and simple singing and stretch activities. Children are invited to wear pajamas to the program.

For school-age children, two stories a day are scheduled for 3:30 p.m. each afternoon, through Dec. 30.

On Tuesday, Dec. 21, at 7:30 p.m., a special holiday program for children will be presented. A puppet show, "Arthur's Christmas Cookies," will be featured. Refreshments will be provided by the Friends of the Albany Library, Inc.



PENTAX

• Easy Operation: Just Set, Focus and Shoot
• Accurate GPD Meter Sets Shutter Speed
• "Electro-Touch" Full Manual Override
• Big, Bright Viewfinder
• "Quick-Magic" Loading

SALE PRICED \$179⁰⁰

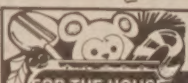
PENTAX SMC LENSES

DISCOUNTED FOR THE HOLIDAYS

* PENTAX AUTO FLASHES GADGET BAGS & ACCESSORIES ALSO AT LOW PRICES
* WE'LL MATCH MOST ADVERTISED PRICES
* PERHAPS THE FINEST SELECTION OF PENTAX PRODUCTS IN THE BAY AREA

REFRACTIONS

600 SAN PABLO AVE • ALBANY
NEAR SOLANO AVE • MON - SAT 12-5 PM
527-8664



IDEAL GIFTS from H.D. SUPPLY CO.

FOR THE HOUSE
Fireplace accessories, Glassfibre screens, fire sets, wall sets, wood carriers, andirons, brass & copper pots, hods for coal, fireside lamps, etc.

FOR THE POOL & PATIO
Umbrellas, director's chairs, redwood & aluminum furniture, water lounges & pool games.

FOR THE SPA
Sensuous fragrances, heat insulating covers, bromine & chlorine, cartridges, vacuums, etc.

"Perfect for Poolside" Unbreakable dinnerware — plates, glasses, pitchers, trays, all in beautiful designs... "Great for Holiday Giving"

2508 SAN PABLO AVE., BERKELEY • 845-4378 (Off Dwight Way)



Worth a Special Trip

"A Genuine and Rewarding Restaurant" Gourmet Magazine, October 1980

RIBS 'N RIBS KOREAN STYLE

BULL-KALBY — juicy, meaty short ribs, marinated with special sauce and broiled, unlike those bony long ribs at stations or pits.

Kimchee Cabana

Lunch & Dinner 938 San Pablo Ave. (btw. Solano & Marin) Albany (north of Berkeley) Telephone: 525-1350

For Christmas...



"Save Money and Time... LAYAWAY!"

Beauty and value beyond all time. Such is the quality of a precious diamond, handsomely accenting a gallery of fine Bulova Quartz timepieces.

A. Modern champagne dial with Dura-Crystals. Goldtone \$259.00

B. Textured goldtone, contrasting black dial set with one diamond. \$250.00

BULOVA

Call Bros. Jewelers 823 San Pablo Avenue, Albany 525-8144

IT'S BULOVA WATCH TIME

Gifts at its Best



Barrels of Gifts for the Needy

Help THE CONTRA COSTA INDEPENDENT and THE WEST CONTRA COSTA BOARD OF REALTORS in their Christmas drive for needy families.

Contribute Canned Foods & New Toys... Give a Needy Family a Joyful Christmas

Bring your donations of canned goods and new toys to the lobby of The Contra Costa Independent between 8:30 and 5:00 p.m. Monday through Friday. A decorated barrel has been placed there for your convenience.

★ Help the Needy—You'll Be Glad You Did

Arts

Portrait of a dancer as a dedicated woman

Karen Portner set to leave Kensington

By CATHY CURTIS

Karen Portner had a young dancer's "chance of a lifetime" — the opportunity to join the Joffrey Ballet School, a path that might lead to becoming a member of one of America's finest ballet companies.

But the lure of staying in Berkeley to dance one more season with the Berkeley Conservatory Ballet was too great. And so, this 18-year-old Kensington resident postponed her trip to New York and settled down to prepare for the company's debut performance on the Haver Auditorium stage next weekend.

Last summer Portner was a full-scholarship student at the Joffrey, where she took 17 two-hour classes a week.

"You're worried the whole time about making an impression — you're working twice as hard," she says. "I'm glad I didn't go earlier. I couldn't have handled the competition and strenuous work. Eighty students started the eight-week program, but week by week, people got tired or couldn't handle the competition and dropped out."

The hazel-eyed, blonde dancer believes her Berkeley Conservatory Ballet training and her willingness to challenge herself gave her the perseverance not only to stay in the summer but also the invitation to return this fall.

Actually, Portner's desire to dance one more Berkeley Conservatory Ballet "Nutcracker" is related to the fact she was so admired as a Joffrey student.

"My performing experience distinguished me from other students," she explains. "The best dancers were those who came from small towns, who may have had teachers but who performed a lot. People in Chicago, Washington Ballet, even American Ballet Theater, they that good on the whole. Maybe they had a tiny bit of 'Nutcracker' one year — but the thought of going to the Joffrey really petrified them. I realized I had something to offer here."

At age 8, Portner began studying dance at East Bay Theater (Berkeley Conservatory's former name). In 1975 she was a member of the apprentice company. Her life became a matter of figuring out how to balance regular school and sleep between the heavy bal-

let class schedule of a committed pre-professional dancer. She attended private schools from third to ninth grade and then went to a private high school.

But, she said, "it became impossible. I was always a good student, but I couldn't get out early and I had no decision over my own schedule. I'd go to ballet about 2 p.m. and rehearse, take class and get home at 7:30 or 8 p.m. Then I'd have five hours of homework ahead of me."

At Berkeley High School, the class schedule was more flexible, allowing Portner to get to her ballet classes by early afternoon. She left high school after the first half of her senior year, having completed all the required courses.

College is not on the horizon for this dancer.

"You can't do both — there are no professional dance companies in college," she says.

Ballet has become Portner's "second family." Social life is usually restricted to her fellow dancers. Public school friends were in a different world.

"They admire you," the dancer says, "but it's hard for them to understand what you're doing."

The fragile-looking young woman has her troubles explaining to non-dancers the lure of her profession. She recalls a conversation with her New York roommate, a non-dancer.

"Why do you do this to yourself?" the roommate asked. "You're in agony and can hardly stand up." As Portner admits, "I feel tired and sick and my muscles hurt — but, oh, I want to do it."

Asked whether she has adopted the extreme dieting habits popular in the willowy world of dance, Portner replies candidly: "I don't really fast. Maybe a day. But no diet pills or laxatives."

Performing time is another story: "I don't even want to eat, I'm on such a high."

Romance can also wait: "If someone fell into my life I'd be thrilled to bits, but there's still time. I have my friends and my dancing and that's what I want to work for right now."

In January, Portner will return to the Joffrey School, where she hopes to eventually gain entrance to the elite "Concert Group" in which performers are paid. The next step would be "Joffrey II," the company's junior wing.

As excited as she is about her future, Karen Portner has a steady vision about the way it has all worked out thus far.

"There's a proper time to leave for New York and it's different for everyone," she says. "You have to listen to your director. It would have been so easy to want something so much that you do the wrong thing."



Karen Portner

—Photo by Doyle Gray

Churches

ALBANY

Berkeley Buddhist Priory

The priory opened recently at 1358 Marin Ave. (near 101st St.) in Albany. The prior, the Rev. Teigan Stevens, offers the public to attend meditation periods and services through Sunday.

Meditation in Soto Zen meditation is offered the first and second Tuesday at 7:30 p.m. Beginner's retreats are held the first Sunday of the month from 9 a.m. to 4 p.m. Includes a vegetarian lunch. Classes in basic Buddhism are held in the upcoming months. A small gift shop and book store are available. For more details, call 528-4500.

The priory is affiliated with Shasta Abbey, a Zen Buddhist monastery and seminary in Mount Shasta, Calif., founded in 1970 by the Rev. Roshi Jiyy Kennett.

First Baptist Church of Albany

Worship service on Sunday begins at 11 a.m. with Alan Newlove continuing his series on "Our Walk of Faith" from the Book of Acts. Sunday School begins at 9:30 a.m. At 7 p.m. the choir will take part in Albany-El Cerrito Choir Festival at Thousand Oaks Church.

Wednesday, Nov. 17, the church will share a potluck dinner at the Thousand Oaks Baptist Church at 6:30 p.m.

Monday, Nov. 22, the young married couples will meet at 8:30 p.m. in the chapel, 7:30 p.m. The church is located at 1319 Solano Ave., Albany. Phone 526-6632.

St. Alban's Episcopal Church

On Wednesdays at 11:30 a.m., the Rev. Warren Debenham conducts a service of Holy Communion and the laying on of hands. At 7:30 p.m. the vestry will meet. On the Fourth Sunday in Advent, Dec. 19, Father Debenham's brief sermon will be followed by the Christmas Eve service presented by the young people. He will also conduct the Holy Communion, assisted by Nabil Jacob, lay member. Those wishing to receive the laying on of hands will go to the back of the church after communion. The choir, directed by Rita Dows, will present the offertory "The Lord Will Come" by Vree. Ushers will be Gardner and John Munce. A coffee hour will follow at 8 a.m. service. The church is located at 1501 Washington Ave., Albany. Phone 525-1716.

Albany United Methodist Church

The church's Christmas Eve service will be the sermon "A Hope for Hard Times" will be the sermon by the Rev. Virginia Hilton at 11 a.m. on Sunday.

Berling continues his series on "A Christian in the Economic Situation" at 10 a.m. The sanctuary will be open for prayer and thanksgiving on Wednesday, Nov. 24, from 7:30 to 8:30 p.m.

Regular activities of the church include: Bible study on Wednesdays, 7:30 p.m.; Mondays; quilters' workshop, Wednesdays; prayer group, 12:30-3, Wednesdays.

The church is located at 980 Stannage Ave., Albany. Phone 526-7346.

Word of Faith Church

Word of Faith Church, located at 1206 Lincoln Ave. in Albany, has home Bible study for the Albany-El Cerrito area. Everyone is welcome.

The group meets Monday nights in Albany. For information call Martha Beckhusen, 526-8512 or Pastor Hal Smith, 523-4754.

Gracemont Baptist Church

Gracemont Bible study for all age groups begins at 9:45 a.m. Sunday followed by worship service at 11 a.m. The church is invited.

At 5 p.m. training hour on Sunday offers discussion

of a wide variety of subjects from Baptist beliefs to Christian ethics. This is followed by fellowship and worship and song service. Choir rehearsal is at 6:40 p.m. Nursery is provided for all services.

Bible study classes are offered for deaf persons. Interpretation for the hearing impaired is also provided for Sunday worship service. A weekly prayer meeting is held every Wednesday at 7 p.m. Baptist women meet on the last Tuesday of the month to discuss missions and service projects.

Gracemont is planning new community outreach projects. The Gardenview Christian Counseling Service, under director Jim Malone is serving Albany clients. For more details call the church at 524-6616. Counseling is also available from the pastoral staff.

The church is located at 1221 Marin Ave., Albany. Staff includes Rev. Glen Campman, pastor; Rev. Lupe Torrez, associate pastor; and D. Shayne Gilpin, minister of music.

EL CERRITO

Bay Area Seventh Day Baptist Church

The church and its pastor, the Rev. Stephan Saunders, invite the public to attend services every Saturday in the chapel of the United Methodist church at 6830 Stockton Ave., El Cerrito. Service begins at 10:30 a.m. Sabbath school follows at 11:45.

A potluck lunch is held each week to allow time for fellowship and discussion. All are invited to join the luncheon.

Bible studies are held in several communities weekly. For more information, call 527-2055 or 757-6426.

El Cerrito United Methodist Church

The church is located at 6830 Stockton Ave., El Cerrito. Phone 525-3500.

Mira Vista Church of Christ

The church will have a Christmas Eve candlelight service on Dec. 24, at 8 p.m. led by the Rev. Nancy McKay. Her sermon is entitled, "Gold, Frank, Intents, and Mirth." There will be special Christmas music by the choir. Child care is provided.

The church is located at 7075 Cutting Blvd., El Cerrito.

Grace Lutheran Church

On Sunday, Dec. 19, at 9:30 a.m., the Rev. O.R. Janke, pastor emeritus, will speak on "God With Us," from Matthew 1:18-23. Portions of the Nativity Scene with Christmas music will be presented by the Sunday School children. Bible class and Sunday church school follow at 10:30 a.m.

Holy Communion is administered the second and fourth Sunday of each month.

The children's craft class will meet in the Parish Hall at 2:30 p.m. on Dec. 15, and the confirmation class will meet at 6:30 p.m.

Thursday, Dec. 16 at 10:45 a.m., Bible study will be held until noon. The Women's League annual Christmas luncheon will follow in the Parish Hall.

The church is located at Santa Fe and Ward in El Cerrito and is easily accessible; phone 525-9004 mornings, or 525-1078 afternoons.

KENSINGTON

Arlington Community Church

Impersonating the innkeeper and his wife, who denied Joseph and Mary room, the Rev. Ken Barnes and Linda McFadden will interpret the Christmas story at the 10 a.m. service on Dec. 19.

Sunday school classes meet during the worship hour and child care is available.

At 11:30 a.m. in the library, Rev. Barnes will give the third of his Bible study talks, focusing on Luke's account of the Christmas story.

A meditation service is at 6 p.m. in the chapel.

Wednesday service is at 6:45 p.m. following a potluck supper at 6:15.

The church is located at 52 Arlington Ave., Kensington. Call 526-9146.

First Unitarian Church of Berkeley

Christmas Eve service will be at 10 p.m. on Dec. 24. No service on Christmas Day. On Tuesday, Dec. 28, at 7:30 is the annual Unity of Life Celebration. The sermon will be by Dr. Donald Harrington who retired this spring after 40 years as minister of Community Church in New York City. His wife, Rev. Vilma Harrington, died last month after a long illness. She was born in Transylvania, and was the first woman ordained in Central Europe. The Harrington's daughter, Lonnie Hancock, was a member of the Berkeley City Council.

The church is located at 1 Lawson Road, Berkeley. Phone 525-0302.

THOUSAND OAKS

Epworth United Methodist Church

The Social Club will meet Dec. 17 at 6:30 p.m. in the fellowship hall for a dinner provided by Circle 2 of the United Methodist Women. Gordon Whitehead, world traveler, will present a program on the famous European train, the Orient Express. The meeting will conclude with the installation of new officers for 1983. For reservations call the church office no later than Wednesday, Dec. 15.

United Methodist Women of Circle Four will sponsor a general luncheon on Dec. 16 at 12:30 p.m. An "opportunity table" with useful articles to buy and share will be sponsored by Evelyn Tinkham.

The adult Christmas party on Dec. 19 at 7 p.m., will have a western theme. All are invited to come in western costumes.

Once again, Epworth will create a living Nativity scene outside the church lawn on Monday and Tuesday, Dec. 20 and 21 from 7 to 8 p.m.

The Epworth United Methodist Church is located in the Thousand Oaks district of North Berkeley at 1953 Hopkins Street.

Northbrae Community Church

On Sunday, Dec. 19, at 11 a.m., the Rev. David Sugraker will speak on "A Gift of Love," the fourth in a series of Advent messages. The service also will feature musical selections by David Bellecci, tenor. Nursery facilities are available on Sundays from 11 to 12:15 a.m. in Haver Hall. A social time follows the service.

Church school classes begin at 11:20 for children age three through junior high. The senior choir will rehearse at 9 in the Chapel. Junior and primary choirs begin rehearsals at 10 a.m.

The Church Council will convene in the parlor at 9:45 a.m. The annual church school Christmas pageant and party will be held at 7 p.m. in Haver Hall on Dec. 19. Families and the public are invited.

Members and friends are invited to participate in the traditional Christmas Eve Candlelight Service at 11 p.m. on Dec. 24 in the chapel.

During December, the Ted Cleveland Gallery on the second floor of Haver Hall will feature art from Northbrae's Sunday School with samples of summer projects as well as those done during the school year. The exhibit is open to the public on Sunday mornings.

The community dinner on Wednesday, Dec. 15, will feature an Olde English Christmas theme with traditional foods and music presented by the Northbrae Senior Choir. Reservations should be made early. Doors open at 6; dinner begins at 6:30. Cost is \$3. for adults, \$1.50 for children. Call 526-3805 for reservations.

Northbrae is located at 941 the Alameda. Services are held in the Chapel directly behind Haver Hall. Everyone is welcome.

Thousand Oaks Baptist Church

On Christmas Sunday, Dec. 19, the Rev. Eugene Paden will speak on "It Took a Miraculous Birth" at 10:30 a.m. worship service. Scripture will be taken from II Samuel 7:8-16 and Luke 1:26-38. There will be a children's sermon. The anthem will be "Lo, How a Rose E'er Blooming."

The Rev. David Chen will speak at 10:30 a.m. to the Mandarin-speaking congregation.

Immediately after the morning service there will be combined potluck luncheon followed by an election of new church officers and acceptance of the 1983 budget for the church.

The annual Christmas Eve candlelight service will be held in conjunction with Albany First Baptist Church at 7 p.m. on Dec. 24, at the First Baptist Church, 1319 Solano Ave., Albany.

The church is located at the corner of Colusa, just north of Solano Avenue.

EAST BAY

Chinese Rhenish Church

This bilingual (Cantonese and English) Lutheran church welcomes the public to worship every Sunday at 11 a.m., with Sunday school classes for all ages at 9:30 a.m. The pastor is the Rev. Loke Hoy-San.

The following weekly classes are offered: English Bible study, Wednesday, 8 p.m.; Chinese Bible study, Thursday, 8 p.m.; youth fellowship, Friday, 7:30 p.m.; Chinese language school, Saturday 9:30 a.m. to noon: (Continued on Page 15)

Albany

NUTRITION GUIDANCE CENTER

Weight Control—Gain or Loss

FREE counseling with a registered nurse.

FREE exercise class for program members with Judy, formerly with Venus DiMilo starting December 1, 1982.

Call 524-6223
Info. & Appts.

Business Opportunities Available

Fitness Feels Great!



VW BUG SEAT COVERS

NEW FACTORY COVERS AND PADDING • 8 COLORS 1968-1977 with good exch. \$160 Full Set \$103

Also Factory Covers for: Ghia, Rabbit, Bus, SQ Back, FST Back, Plus Datsun, Toyota, Honda, Mustang, Capri, Fiat, Camaro



RAINBOW AUTO UPHOLSTERY

Foreign and Domestic

729 Heinz Ave. #17, Berkeley

Mon.-Fri. 9-9; Sat. 12-7 848-0617

Police beat

ALBANY

Albany police report the following incidents for the week ending December 12:

December 6
• Earl Springston, 39, of Albany was arrested on a warrant for possession of controlled drugs for sale.

• A teacher at Marin School reported that her purse had been taken from a closet and \$40 removed from her wallet.

December 7
• Deborah Schwartz, 31, of San Francisco was arrested on charges of eating without paying. She allegedly ordered and ate an \$8 meal at Ocean Fresh restaurant without having the money to pay for it, and is suspected of having done the same thing earlier at another local restaurant.

• A 17-year-old Albany girl was taken into custody for allegedly using her older sister's driver's license to buy alcohol at the Spare Room bar. She later was released to her parents.

The sister, 22, was cited for allowing the younger girl to use her ID.

• European Skin Care on San Pablo Avenue reported the burglary of a telephone answering machine.

December 8
• Sherry Stephens, 33, of Berkeley was arrested on charges of robbing the Key Shack Locksmith on San Pablo Avenue a month ago. She also was implicated through photo lineups in a robbery last month at El Cerrito Florist and another early this month at Manila Market in Berkeley, according to the police report. Her bail was set at \$13,000.

• Joseph Turner, 25, and Deborah Turner, 23, of Oakland were arrested on charges of receiving stolen property after police allegedly found boxes of silverware in their car. Joseph Turner also was wanted on an Oakland burglary warrant.

December 10

• A Kensington man reported that one man had hit him on the head while another robbed him of his wallet, containing an estimated \$80. The victim had been crossing San Pablo Avenue at Dartmouth when he encountered the two men in their car and exchanged words with them, the police report said.

• An Albany patrol car driven by Officer Robert Christianson backed into an El Cerrito woman's car in El Cerrito Plaza, denting the latter's left front bumper. The police vehicle was undamaged.

December 11
• James Fowler, 45, of Oakland was arrested on charges of participating in a robbery of an Albany used car lot owner on October 29. Another suspect, Marvin Gillam, 33, of Oakland, had been arrested just after the crime two blocks away. The accused men allegedly pretended they wanted to buy a used car, knocked

dealer Howard Moore down and fled with his wallet containing \$80. Fowler feigned unconsciousness during booking, according to the police report; he was transported to Herrick Hospital and pronounced in good health. His bail was set at \$10,000.

• Two men followed a 63-year-old Albany man home from the Club Malabar bar, attacked him as he got out of his car, took his wallet containing \$152 and drove off.

• Albany police reported 23 adult arrests for the week.

EL CERRITO

El Cerrito police report the following incidents for the week ending December 12:

December 6
• Alerted by a residential alarm to a burglary in progress on Rifle Range Road, police captured two suspects emerging from the home. Efrén Placencio, 27, of San Pablo, was

caught coming out of a window and Robert Underwood, 19, of Pinole was stopped as he tried to flee. They had entered the house through a bedroom window and had prepared a bundle of silverware and other articles worth some \$900.

• Capwell's at El Cerrito Plaza reported that a man in his 20s had grabbed \$560 worth of women's sports coats and fled.

December 7
• Goldman's at El Cerrito Plaza reported that a man and a woman, both around 30, had shoplifted three mink hats worth \$856.

December 8
• Betty Ann Smith, 29, of Daly City was arrested on charges of shoplifting at

Capwell's after she allegedly stuffed \$89 worth of Levi's into her girdle.

December 9
• A sister at St. Jerome's Convent reported watching a burglar go through her purse. Police believe he is the same person who stole money from the convent a week earlier, fleeing after he was confronted by a resident.

• A Balra Drive resident reported the theft of \$740 worth of camera equipment from the back of his camper.

• A thief broke a window of a doctor's office under construction along San Pablo Avenue and took an intercom system and two ceiling fans.

• Two juveniles attempting to enter a King Drive house by breaking a living room window were confronted by the woman who lived there. They told her somebody else had put them up to it, apologized and left.

December 10
• Police believe the same man is responsible for a \$1200 robbery at the Coop Bottle Shop on Eastshore Road and a \$500 holdup 20 minutes later at Cerney's Liquors on San Pablo Avenue the evening of December 10 plus a robbery at the Goodwill store on San Pablo Avenue the evening of December 12. In all three cases, the suspect was wearing an Army fatigue

• David Jones and Gary Jones, Cereno residents, were arrested on charges of robbing a man in a car on San Pablo Avenue the evening of December 12. The suspects were taken to the El Cerrito Police Station and are being held on \$10,000 bail.

Obituaries

Harold Brusseau

ALBANY — A blessing for Harold N. Brusseau, a 62-year local resident and retired steelworker, was held Monday at the chapel of Ellis-Olson Mortuary.

A native of Oakland, Mr. Brusseau lived in Albany and died Friday in El Cerrito. He was 75.

He was a member of the CIO Steelworkers Union Local 1441 of Emeryville.

Survivors include his wife, Perenne of Albany; his brothers, Clifford of Berkeley and William of Oakland.

The clergy of St. Ambrose Church officiated. Inurnment was at St. Josephs Mausoleum.

Thomas Furze

ALBANY — Memorial services for Thomas E. Furze, a longtime local resident and retired longshoreman, will be held at 7 p.m. Thursday at Gracemont Baptist Church in Albany.

A native of San Jose, Mr. Furze lived in Albany and died Saturday in a Berkeley hospital. He was 86.

He was a member of Gracemont Baptist Church.

Survivors include his wife, Grace of Albany; his sons, Thomas of Sebastopol, Gordon of Mountain View; his daughters, Jane Nichols of Missouri, Florence Scovel of Los Angeles; 13 grandchildren and three great-grandchildren.

dren. Private entombment will follow at Sunset View Mausoleum.

Help the needy donate canned

Albany and El Cerrito residents who are needy over the Christmas holidays should look for a dozen volunteers who will be collecting for the Salvation Army on Saturday, Dec. 18.

The day-long collection drive, conducted by the California Conservation Corps, will attempt to collect 3,000 houses in the two cities, according to Van Dorst. A similar drive last year netted 1,000 cans of food.

The CCC has obtained solicitation permits from Albany and El Cerrito. Each city will be collecting from a dozen people with two vehicles between 10 a.m. and 6 p.m.

COLOR TILE

Redecorate your home for the holidays. Save 18% to 50% during our Christmas Sale.

SALE EXTENDED

Save 25-31%!
Glazed Mosaic Tile
Our glazed mosaic is oven-fired for easy-care and true durability. Simple installation, too. They're perfect for floors, walls and counters.
Reg. 1.29-3.99
Sale 89¢ - 2.99
APPROX. 50 FT. SHEETS SELECTED PATTERNS

1/2 Price!
No-Wax Floor Tile
Solarshine II® has a radiant no-wax surface with a long-lasting shine and easy, self-stick installation.
Reg. 89¢
Sale 44 1/2¢
6" X 8" WINDSOR BRICK

Save 22%!
Tiffany Ceramic Tile
Be creative with our most fashionable Tiffany tile. The Fancy tile mix and match with solids in elegant colors you design yourself.
Reg. 1.79
Sale 1.39
Tiffany Decorative Tile Reg. 30.00

Save 18-22% On STANLEY Tools!

	Reg.	Sale
Curved Claw Hammer	\$13.49	\$10.99
12" Powerlock Tape	\$11.49	\$ 8.99
20" Hard Tooth Hand Saw	\$ 7.69	\$ 5.99

Save 33%!

	Reg.	Sale
Solid Oak Parquet	58¢	39¢
6" X 6" X 1/2"		
HONEY, MELBOURNE & AUTUMN CLASSIC		

Save 15%!

	Reg.	Sale
Red Quarry Tile	39¢	33¢
6" X 6"		

Save 34%!

	Reg.	Sale
Self-Stick Floor Tile	59¢	39¢
12" X 12" RANDOM PAVEMENT		

Save 25%!

	Reg.	Sale
Solid Vinyl Tile	79¢	59¢
12" X 12" MONTE CARLO, SEVILLE & FONTANA		

Free INSTRUCTION BROCHURES, EXPERT DECORATING ADVICE AND USE OF SPECIAL TOOLS

COLOR TILE
Where All The Choices Make All The Difference

**10425 SAN PABLO AVE.
EL CERRITO 524-6340, 6341**

Special Contractor's Hours 9 a.m.-10 a.m. Mon. thru Fri.

Mon. thru Fri. 9 a.m.-6 p.m.; Sat. 9 a.m.-5:30 p.m.; Sun. 11 a.m.-5 p.m.
• CONCORD, 1774 Willow Pass Road, 825-5683 • OAKLAND, 4300 Broadway, 658-9430

CLOSED CHRISTMAS DAY

EVERYTHING FIRST QUALITY • SATISFACTION GUARANTEED • PATTERNS MAY VARY IN SOME STORES

Ya got what it takes!

sugar free cola
DIET RITE
sugar free cola
sugar free cola
sugar free cola
sugar free

Here it is. Crisp, clean and delightfully delicious Diet Rite. Real cola taste that's got what it takes!

40¢

Take this amount off your next purchase of one 6-pack of cans

40¢



DIET RITE
sugar free cola



TO THE DEALER: Your Royal Crown Cola Salesman will redeem this coupon in accordance with terms of offer stated here plus the usual handling charge. Coupon good only on Diet Rite Cola. Customer must pay any sales taxes and usual deposits. Cash redemption value 1/20 of 1¢.

40¢

ROYAL CROWN COLA, 155 96th Ave., Oakland, CA 94614

OFFER EXPIRES January 31, 1983

40¢

STORE COUPON

Senior centers

(Continued from Page 7)

The Center is part of the Richmond Unified School Education program. 9 a.m., crafts; noon, free 12-30, lectures. After lunch, the group has communal, sitdown exercises and folkdancing until 2 p.m.

Dec. 21, Theo Smid will present a Christmas slide after lunch.

Community Center
Monday, 6-9 p.m. at El Cerrito Community Center, Mooser Lane. Program: first week, business and second week, cards and games; third week, potluck week, cards and games. If there is a fifth special programs.

For information call 525-6747.

Senior Citizens Club

Meets Thursday, 5-9 p.m. at St. John's Catacombs Hall, Gladys and Lexington Streets.
First Thursday of the month: business and cards; second, bingo; third, birthday observances; fourth, potluck and cards; fifth, special programs. For information: 526-7462.

Sakura Kai Center

For Japanese-speaking senior citizens, first and third Saturdays, 1-3 p.m. at 6510 Stockton St. Arts, crafts, exercises, ceramics, "Shigin" (poetry singing) and Social Security available. For information: William Waki, 525-7086.

KENSINGTON

AARP now seeks tax-aide volunteers

People with a talent with figures can help older persons through the tax filing season in the American Association of Retired Persons Tax-Aide Program.

District Coordinator for Northern California, Paul Zulch, is gearing up at Tax-Aide/Tax Counseling for the Elderly sites throughout Northern California where volunteers will receive special IRS training in preparing federal and state tax returns for older persons. The four day training course is thorough, free of charge, and will help develop life long skills in tax preparation, says Zulch.

Last year AARP assisted 161,469 older Californians with federal and state tax returns. If you would like to volunteer as a Tax-Aide counselor, send a postcard at once with your name, address, and telephone number to Zulch, at 350 Manzanita Avenue, Palo Alto, CA 94306.

Most classes will be held in January 1983. counselors will begin work on February 1, 1983.

Visit our new Liquor Barns on East 14th Street in San Leandro, El Camino Real in Redwood City, and San Pablo in Albany.
Over 5,000 domestic and imported beers, wines, champagnes and spirits, all at the lowest discount prices.

25 BAY AREA LOCATIONS

2405 San Pablo Dam Rd.,
San Pablo
Phone: 620-0180

NOW 25 BAY AREA LIQUOR BARNs

San Leandro, Albany, San Pablo, Walnut Creek, Santa Clara, Colma, San Francisco, San Jose, Mountain View, San Ramon, Alameda, Vallejo, Fremont, Hayward, Santa Cruz, Pacific Grove, Milpitas, Castro Valley, Antioch, San Rafael, San Jose, Salinas, Redwood City

High Spirits at Low Prices
at the
Liquor Barn

LIQUOR BARN CUSTOMER/PRICING POLICY

- We discount every item so you get the same discount on a single bottle or a case.
- Our prices are consistently low.
- We'll meet any current advertised price.
- We'll provide rainchecks on any of our advertised items.
- If we don't have what you're looking for, we'll order it for you.
- We'll help you plan your beverage needs for parties, weddings, company events, or even dinner for two.



Wine of the Week
Alexis Lichine
Saint Veran 1978
Outstanding Chardonnay
Highlighted by a
Touch of Oak. \$399
Perfect!

Wine Features
Paul Masson Lights \$397
Chablis or Rose' 3 Liter
Folonari Soave \$327
Soft Dry,
Superb Italian White 1.5 Liter

Beer Features

International
Classic Beers
Package of 10
1 each of the following:
San Miguel (Philippines), Frydenlund
(Norway), Beck's (Germany), Dos Equis
(Mexico), Watney's (England), Tsingtao
(China), Asahi (Japan),
Royal Canadian (Canada),
Guinness (Ireland),
and Moretti (Italy) each \$998
Noche Buena Christmas Beer \$399
6 - 12 oz. Bottles
Miller 6 - 12 oz. Bottles \$195

Holiday Hours:

Monday Through Saturday
9:00 A.M. To 9:00 P.M.
Sunday
10:00 A.M. To 7:00 P.M.

Rum, Bourbon & Blends

Myer's Planters Punch 750 ml \$799
Ron Rico Silver or Amber 1.75 Liter \$949
Ancient Age 86 Proof 1.75 Liter \$998
Ten High 80 Proof 1.75 Liter \$998
Old Crow 80 Proof 1.75 Liter \$998

Old Grand Dad 86 Proof 750 ml \$649
Wild Turkey 801 Proof 750 ml \$1067
Jack Daniels 90 Proof Black Label 750 ml \$799
Early Times 80 Proof 750 ml \$499
Coldbrook 80 Proof Blended Whiskey 1.75 Liter \$828

Wente 750 ml \$368
Christian Bros. 750 ml \$398
Geyser Peak 750 ml \$426
Charles Krug 750 ml \$448

Sauvignon (Fume') Blanc

Husch 1981 Gold Medal 750 ml \$547
Kenwood 1981 750 ml \$634
Stonegate 1981 750 ml \$698
Robert Mondavi 1981 750 ml \$699

Vodka & Gin

Smirnoff Vodka 1.75 Liter \$998
Rimanto Potato Vodka 1 Liter \$998
Stolichnaya Vodka 80 Proof 750 ml \$849
Gordon's Gin 80 Proof 1.75 Liter \$998
Beefeaters Gin 94.4 Proof 750 ml \$798

Beer Mirrors
19 1/2" x 24"
Budweiser, Coors or Oly
\$998
\$1298 value

Gift Packs
Mirassou
Dry Chablis and
Cabernet Sauvignon
2 Pack Each \$838
750 ml

Almaden Cruet
Monterey Chablis,
Monterey Burgundy,
Gamay Rose' and
Chenin Blanc
Quartet \$797
Each 187 ml

Scotch, Canadian & Irish

Cutty Sark 86.8 Proof Collectible Gallon \$5498
Chivas Regal 12 Yr. Old 750 ml \$1349
Hedges & Butler 86 Proof 1.75 Liter \$798
J & B 86.8 Proof 750 ml \$898
Old Smuggler 86 Proof 1.75 Liter \$1048

Seagram's Crown Royale 750 ml \$1298
Seagram's V.O. 750 ml \$719
Walker's Canadian 1.75 Liter \$998
Canadian Hill 1.75 Liter \$928
Old Bushmill's Irish Whisky 750 ml \$899

Bordeaux

Chateau Montrose 1973 750 ml \$988
Ch. Prieure Lichine 1979 750 ml \$885
Ch. Haute Bages Liberal 1979 750 ml \$885
Ch. Larose Trintaudon 1978 750 ml \$598

White Burgundy

Macon Blanc Cortenay 750 ml \$398
Macon Blanc Jadot 750 ml \$547
Pouilly Fuisse Cortenay 750 ml \$699
Pouilly Fuisse Jadot 750 ml \$1035

Cognac, Brandy & Liqueurs

Courvoisier Napoleon Baccarat Decanter 750 ml \$15995
Hennessy V.S. 750 ml \$1395
Grand Empereur French Brandy 750 ml \$898
Marc Roger French Brandy 1.75 Liter \$1298
Korbel Brandy 750 ml \$569

Baileys Irish Cream 750 ml \$1269
Kahlua 750 ml \$818
Grand Marnier 750 ml \$1598
Midori Melon Liqueur 750 ml \$1157
Chevalier Green or White Menthe 750 ml \$396

Ports

Ficklin 750 ml \$483
Quady 750 ml \$699
Woodbury 1981 750 ml \$698
Christian Bros. Ruby or Tawny 750 ml \$256

Sherry

Hartley & Gibson Cream, Fino or Amontillado 750 ml \$288
Dry Sack 750 ml \$557
Argueso Cream Sherry 750 ml \$538
Harvey's Bristol Cream 750 ml \$648



Johnnie Walker Swing
Original
Captain's Decanter
750 ml
\$1898

Shop early

Great Gifts
Seagram's 7 750 ml \$499
Smirnoff Vodka 750 ml \$469
Amaretto di Saronno 750 ml \$1069
Canadian Club 750 ml \$698
Glen Grant Glenfiddich Single Malt Scotch 750 ml \$1498
Remy Martin V.S.O.P. Cognac 750 ml \$1899

All Liquor Barns will be closed Christmas day so that our employees may enjoy Christmas with their families.

Liquor Barn
You get whatever you want,
and you get it for less.

Items and prices available at above store Wednesday, December 15, 1982 through Saturday, December 18, 1982.



Perrier
23 oz. Bottles
77¢

FREE ESTIMATES ON ELECTRICAL, PLUMBING & BUILDING PLANS

FREE ADVICE FREE ESTIMATES ON ELECTRICAL



Yard BIRDS

ELECTRICAL • PLUMBING
• BUILDING
SUPPLIES

THE
"IDEA"
STORE

USE YOUR BANK CARD
SALE ENDS DEC. 24

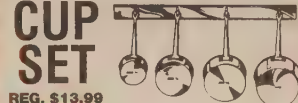
DO IT YOURSELF HOLIDAY SALE

HEADQUARTERS FOR USEFUL CHRISTMAS SHOPPING!

SAVE A BUNDLE

Gift Suggestions for Christmas

5 PIECE COPPER MEASURING CUP SET



REG. \$13.99

8⁹⁹

A PERFECT GIFT FOR MOTHER-COMplete WITH COPPER HANGING RACK.

4 PIECE COPPER CANNISTER SET WITH LIDS



REG. \$29.99

18⁹⁹

YOUR MOTHER OR WIFE WILL LOVE THIS NICKEL PLATED LINING CANISTER SET.



7 PIECE COOKWARE SET WITH COPPER BOTTOM

- 1 Qt. Sauce Pan With Cover
- 2 Qt. Sauce Pan With Cover
- 4 Qt. Sauce Pan With Cover
- 9" Skillet

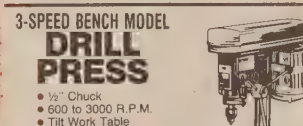
15⁹⁹ REG. \$24.95



PROFESSIONAL 4-WAY ELECTRICAL CRIMPING TOOL SET

REG. \$6.95

Complete with 60 assorted electrical terminals LIMITED TO 48 TO 144 PER STORE



3-SPEED BENCH MODEL DRILL PRESS

- 1/2" Chuck
- 600 to 3000 R.P.M.
- Tilt Work Table

REG. \$99.00

\$69

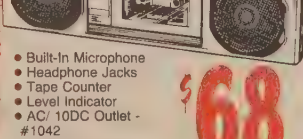


AM-FM PORTABLE RADIO-CASSETTE-RECORDER

- Built-In Microphone
- Headphone Jacks
- Tape Counter
- Level Indicator
- AC/10DC Outlet - #1042

REG. \$79.99

\$68



AIR FRESHENER

AIR FRESHENER REMOVES UNPLEASANT ODORS, RECIRCULATES CLEAN AIR! INCLUDES FILTER.

REG. \$17.99

8⁹⁹

SWING LIGHT

SOLID BRASS ARMS

- 3 Way Socket
- With Mounting Hardware
- 14" Cord Cover
- All 1477

34⁸⁸

LIST \$75.00

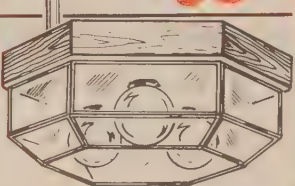


POLISHED BRASS FLOOR LAMPS

- Silk Pleat Shade
- 3 Way Socket
- 6 Foot Cord
- Heavy Base

LIST \$125

39⁸⁸



OAK & BRASS CEILING LIGHT

Brighten Up Your Kitchen Or Entrance Way With This Solid Oak & Brass Ceiling Light, Bound In Clear Glass.

3 LIGHT

#1023

LIST \$117.00

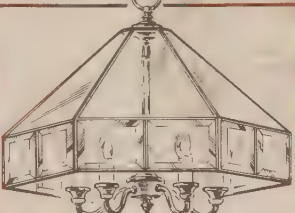
59⁸⁸

6 LIGHT

#1024

LIST \$147.00

74⁸⁸



6 LIGHT CHANDELIER

- Antique Brass
- Beveled Light Panels

LIST \$225.00

119⁸⁸

COOL THE AIR IN SUMMER DISTRIBUTES WARM AIR IN WINTER!



52" TRANSITIONAL CEILING FAN

- Variable Speed Control and Reversing Switch.
- 52" Blades That Reverse To 2 Different Styles.

REG. \$189.95

\$149⁹⁵

REG. \$189.95

\$68

\$68

\$68

\$68

\$68

\$68

\$68

\$68

3 LIGHT SWAG LIGHT

- Candelabrae Base
- European Frosted White Glass
- 12 Ft. Chain

\$39⁹⁵

LIST \$75.00

#388



KITCHEN CABINETS

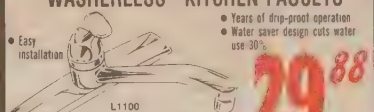
A complete selection of wall and base units to customize your kitchen.

- All completely assembled
- Solid light oak, glossing honeytone birch and dark finish of country oak

COMPARE OUR PRICES BEFORE YOU BUY

MANOR OAK	COUNTRY OAK	CONTEMPORARY
WALL 12.....\$ 64	WALL 12.....\$ 50	WALL 12.....\$33.50
WALL 15.....66	WALL 15.....53	WALL 15.....36.50
WALL 18.....72	WALL 18.....57	WALL 18.....40.50
WALL 24.....94	WALL 24.....69	WALL 24.....51
WALL 30.....116	WALL 30.....87	WALL 30.....61
WALL 36.....125	WALL 36.....95	WALL 36.....68
WALL CORN. 24.....111	WALL CORN. 24.....94	WALL CORN. 24.....70
BASE 12.....91	BASE 12.....78	BASE 12.....53
BASE 15.....95	BASE 15.....80	BASE 15.....55
BASE 18.....99	BASE 18.....83	BASE 18.....58
BASE 24.....119	BASE 24.....91	BASE 24.....65
LAZY SUSAN.....204	LAZY SUSAN.....169	LAZY SUSAN.....123

AQUA-LINE DELUXE "WASHERLESS" KITCHEN FAUCETS



• Years of drip-proof operation

• Water saver design cuts water use 30%

• Easy installation

REG. \$18.95

29⁸⁸

Model 61 1121

TAPPAN UNDERCOUNTER DISHWASHER

- Large capacity
- Two full-size spray arms
- Removable silverware basket
- Dual or single temperature
- Built-in food sump
- Porcelain tub and door liner

REG. \$268.88

268⁸⁸

Model 61 1121

SKIL CORDLESS SCREWDRIVER

The perfect tool for driving and removing screws, nuts and bolts

• Powerful, yet only 1 1/2 lbs.

• Goes anywhere because it has rechargeable batteries

REG. \$34.95

29⁸⁸

REG. \$34.95

BEVELED GLASS OAK FRAME MEDICINE CABINET

- Right or Left Hand Opening
- 3 Adjustable Shelves

REG. \$89.95

79⁸⁸

#849-P-24

31" x 19" MANOR OAK VANITY PACKAGE

- Hand rubbed finish and raised panel door
- Easy care top with built-in soap ledge

REG. \$239.95

199

REG. \$239.95

HERITAGE OAK FINISH TABLES

- Contemporary Styles
- Easily Adaptable To Fit The Decor Of Your Home

#161 OCTAGONAL TABLE

17 1/2" x 17 1/2" x 20 1/4" H

#164 COCKTAIL TABLE

47 1/2" x 17 1/2" x 14 1/2" H

#166 END TABLE

REG. \$29.95

24⁸⁸

REG. \$29.95

24⁸⁸

REG. \$29.95

24⁸⁸

REG. \$29.95

24⁸⁸

REG. \$29.95

24⁸⁸

REG. \$29.95

24⁸⁸

REG. \$29.95

24⁸⁸

REG. \$29.95

24⁸⁸

REG. \$29.95

24⁸⁸

REG. \$29.95

24⁸⁸

REG. \$29.95

24⁸⁸

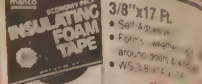
REG. \$29.95

24⁸⁸

REG. \$29.95

24⁸⁸

ENERGY SAVERS



3/8" x 17 Ft. Insulating Foam Tape

REG. 79

99⁸⁸

HOT-WATER ELECTRIC RADIATOR WITHOUT PLUMBING

Designed to overcome cold-draft problems. Place against outside wall, below window. Air currents distribute heat evenly. 1200 BTU.

REG. \$129.95

\$89

REG. \$129.95

\$89

REG. \$129.95

\$89

REG. \$129.95

\$89

REG. \$129.95

\$89

REG. \$129.95

\$89

REG. \$129.95

\$89

REG. \$129.95

\$89

REG. \$129.95

\$89

REG. \$129.95

\$89

REG. \$129.95

\$89

REG. \$129.95

\$89

REG. \$129.95

\$89

REG. \$129.95

\$89

REG. \$129.95

\$89

REG. \$129.95

\$89

REG. \$129.95

\$89

REG. \$129.95

\$89

REG. \$129.95

\$89

REG. \$129.95

\$89

REG. \$129.95

\$89

REG. \$129.95

\$89

REG. \$129.95

\$89

REG. \$129.95

\$89

REG. \$129.95

\$89

REG. \$129.95

\$89

REG. \$129.95

\$89

REG. \$129.95

\$89

REG. \$129.95

\$89

REG. \$129.95

\$89

REG. \$129.95

\$89

REG. \$129.95

\$89

REG. \$129.95

\$89

REG. \$129.95

\$89

REG. \$129.95

\$89

REG. \$129.95

\$89

REG. \$129.95

\$89

REG. \$129.95

\$89

REG. \$129.95

\$89

REG. \$129.95

Yard BIRDS
CORNER OF SAN PABLO AVE.
AND 23rd STREET
SAN PABLO

Times Journal / features

Albany ballet students perform 'The Nutcracker'



School celebrates 23 years of dance

ALBANY — The Stamps School of Classical Ballet presented its fourth annual production of "The Nutcracker" last weekend at the Richmond High School Theater. Dancers from Albany, El Cerrito, Kensington, Berkeley and Richmond participated.

Both this year's and last year's Sugar Plum Fairies were played by students from the Stamps School. Dana Rydman of Richmond and Judi Simpson of Berkeley danced the lead in 1981.

This year, Janet Alder, Monica Wesolowski and Diana Mehoudar of Berkeley alternated at the with Sheryl Stamps of Richmond. The Cavalier was danced by Patricio Tamayo and Daniel Giray, guest artists from the Berkeley Ballet directed by Sally Streets.

The Snow Queen was portrayed by Lydia Newton and Alicia Amezcua of Berkeley, and Gabrielle Scolnick of Albany. The Snow Prince was, fittingly, danced by ice skater Bob Thornton of Moraga.

Clara, the child who dreams all these "visions of sugarplums" was played by Diane Clymer of Albany, Celina Perez of Berkeley, Sunny Sturges of Albany and Jacqueline Thornton of Moraga.

Stamps School of Ballet was founded in 1959 by Jane Stamps. She was the sole proprietor until 1977 when she formed a partnership with her daughter, Mary Christina (Tina) Zahner and Marianne Woodson both of whom had taught at the school for a number of years.

In the 23 years since Jane Stamps taught her first class in the school, located at 1417 Solano Ave. in Albany. The building has seen many changes. The school has expanded from one studio to three, with special floors constructed on a cushion of neoprene rubber, for reduction of stress on dancers' legs. Most recently, the exterior of the school was completely renovated and remodeled giving the interior a fresh look letting in more sunlight, Zahner said.

Students range in age from 3 years old to adults who find classical ballet a good form of recreation and exercise, she said. Tap classes for adults and children are also offered; as well as a dance-exercise class for teens and adults.

Alicia Amezcua of Berkeley ties on her shoes backstage



Sheryl Stamps, the Sugar Plum Fairy

Times Journal photos by Karen Preuss

ALBANY BOOSTER CLUB BINGO

SATURDAYS: OPEN 5:30; BINGO AT 7 P.M.
PARKING • SECURITY • FREE COFFEE
\$250 Prizes!

Bring This Ad For FREE Brackout!

ALBANY MIDDLE SCHOOL
100 JACKSON OFF BUCHANAN
BETWEEN BUCHANAN AND ALBANY

Folding Beds FUTONS

Having Guests?

Check our handy folding beds... also

Cotton Futon Mats

Double, thick **\$95**

Rice Paper Shades

40% OFF

Oriental Porcelain Gifts

Pillows & More

Lamori

1600 Shattuck nr. Cedar

549-3212

OPEN 11:30-6 PM

Week: 11:30-7:30 PM

POINT ORIENT RESTAURANT

Banquet Facilities

Cocktail Lounge

Tues.-Wed.-Thurs.

11:30 a.m.-10 p.m.

Fri. 11:30-11:00

Sat. 4-11; Sun 4-10 p.m.

199 Park Place

Pt. Richmond

for Reservations

Phone 237-4999

ELEGANT CHINESE FOODS

SAVE 30% ON MIRACLE'S EXPERT BODY WORK

We do body work. Have for 30 years. Present this ad and get 30% off your body work. Limited offer expires Dec. 31, 1982. Good only on new estimates, or when



BIG & TALL CLOTHING

Men's Sizes

in Suits to 60

Shoes

6-16AAA-5E

ALDER'S

For The Above Average

NOW IN LARGER QUARTERS

3610 E. 14th Street

Oakland • 533-3994

1 Block from BART Fruitvale

LOUD & CLEAR

HEARING AIDS

HOLIDAY GREETINGS

from your friends at Loud & Clear

Gift Certificates Available For Your Loved Ones



Glenn Hicks



Maria Sherman

EARN COMPUTER PROGRAMMING

Be job-ready in 6 to 9 months

COBOL, BASIC, AND RPG

Day and Evening Classes • Financial Aid Available

HEALD 444-0201

BUSINESS COLLEGE 2142 Broadway, Oakland

Hayward: 886-3101 • Walnut Creek: 933-2436

FREE GIFT WRAPPING

Home Video HOLIDAY IDEAS

Gift Certificates Available

Video Club Membership
\$10.00 off
Expires 12-24-82

Rent A Video Recorder
\$9.95 per night

OVER 2000 MOVIES Available for Rent or Sale

DISCS
Diner, Megaforce, Author, Star Wars, Alien and many more to choose from

DISCS
Diner, Star Trek II, Megaforce, Author, Star Wars, Alien and many more to choose from

Home Video

1808 University Avenue, Berkeley

848-4844

Offer expires December 24, 1982

A small ballet company moves onto the big stage

'Nutcracker' set for Zellerbach weekend

By CATHY CURTIS

Once upon a time there was a small, pre-professional ballet company with a big dream: a glorious, full-scale performance of the "Nutcracker" on the spacious Zellerbach Auditorium stage — the same stage that has played host to such dance-world luminaries as American Ballet Theater, the Joffrey Ballet and Les Ballets Trockadero.

With the CAL Performances Sponsorship Program, which gives permission to selected local nonprofit performing groups to use Zellerbach, the Berkeley Conservatory Ballet was on its way. But there were two major problems, as company director Grace Doty recently explained.

"All costs for renting the theater apply, the same as for ABT (American Ballet Theater)," she said.

This year, Berkeley Conservatory Ballet's production costs for "Nutcracker" zoomed from about \$5,000 to about \$18,000 — 20 percent of the organization's operating budget. Renting the hall costs \$535 per performance day, \$267 per rehearsal day.

Other sizeable amounts for security, cleanup (\$178), box office (\$900 per performance for complete service, upwards of \$350 for "partial" service), the stage crew (\$8 per hour), the house manager and even the use of the marquee (\$20) help push the total cost into the stratosphere for the small nonprofessional company. It costs \$35 for each "follow spot" ("Nutcracker" will use two) and that doesn't count the hourly wages of the people who run the stage lights.

According to Susan Farr, director of CAL Performances, the Community Service Sponsorship Program is intended "to make the facility available to community organizations that are not otherwise eligible."

Last March Farr called a meeting of eight representatives of Bay Area performing arts groups which had previously expressed interest in using Zellerbach Auditorium or the Playhouse. She explained that events are chosen for CAL Performances sponsorship if they are deemed suitable for the hall and don't conflict with the regular programming of well-known professional groups.

Under the leadership of Doty, the Berkeley Conservatory Ballet has been presenting Nutcrackers since 1978,



Sylvain Lapointe and Kensington's Jennifer Griffith in 'The Nutcracker' —Photo by Doyle Gray

first at the Albany Little Theater and then at the Florence Schwimley Theater in Berkeley. In 1980 the company sold out its performances at the 300-seat Contra Costa Center for the Performing Arts.

"It has a lovely stage, beautiful dressing rooms and was a treat for the dancers," said Doty. The center dovetailed with her aim to provide a complete pre-professional training program for young dancers, including classes in modern and jazz dance and music appreciation for dancers.

Just as young musicians studying in a conservatory receive recital experience, Doty gives her young dancers opportunities to perform before an audience — "to learn how to comport themselves in a theater, to be as professional as they can."

Currently, Berkeley Conservatory Ballet gives 12 to 15 performances a year. "Nutcracker" has always been of chief importance to the company. Last year it was invited to give seven performances at Theater Concord at Willow Shopping Center (where they are also appearing this year), in addition to three performances at Schwimley and Contra Costa Center.

But the 2,006-seat Zellerbach Auditorium is a far cry from suburban 300- and 600-seat theaters.

The other major problem that faced Berkeley Conservatory Ballet's board of directors was locating a stage set that would do justice to Zellerbach's spacious proportions.

Doty began calling "everyone we could think of" who produced a "Nutcracker." Unfortunately, any company possessing the elaborate set was sure to be using it at Christmastime, the traditional performance time for the ballet.

Renting a set seemed short-sighted: "We wanted something in hand after investing all that money," remarked Doty. Creating — or hiring a designer to create — a set of their own would have required a huge workspace (ballet companies typically use armories or huge factory buildings for scene construction) that was nowhere to be found.

Luckily, Doty's good connections came to the rescue. During a conversation with former ballet dancer Sonja Arova, previously director (with her husband) of the San Diego Ballet, she discovered that elaborate sets had been created eight years ago for that company. Constructed at a cost of \$60,000, the sets were in the possession of their designer, Davis L. West.

After negotiations and a visit to inspect the sets, Doty

purchased them for \$4,000. A grant from the Community Fund provided the funds, while other donors provide an additional \$1,000 to reimburse Doty.

Doty credits board member Ron Gaudin as the director for administration at the University of California for having written the all-important proposal.

Another crucial backer of the production is Florence Schwimley Theater. He allowed the big (about 30 by 60 feet) sets to be used at the Theater to check on needed repairs and to stage "hanging plots" — the arrangement by which "drops" are to be organized and shifted in the stage.

Before committing the company to the performances, Doty was careful to check with other ballet companies to see whether her "Nutcracker" might interfere with theirs. Ron Gaudin, director of Oakland Ballet, is on Berkeley Conservatory Ballet's advisory board.

"He urged us to go to Zellerbach," Doty said. "He even offered us his touring set" — the sets of the San Francisco Ballet, producer of the other major Nutcracker classic across the Bay.

The board drew up a special, augmented program, including a donated billboard and a special menu.

Meanwhile, the dancers are rehearsing in the widened marks taped onto their studio floors. For Zellerbach's spacious dimensions, the company was ready had to make an adjustment to a large set designed for Concord performances last year.

After an early lag, ticket sales have been briskly, reassuring the company's board members that 800 sales will allow the company to break even.

"We do expect it to catch fire," Doty said, becoming an institution; the audience has been waiting for it for years.

Berkeley Conservatory Ballet's "Nutcracker" performed Dec. 18 and 19 at 2 p.m. matinees available at the CAL Performances box office at Zellerbach Auditorium on the UC-Berkeley campus.

Buddhist Priorities offers lecture

ALBANY — The Berkeley Buddhist Center, Marin Ave., Albany, will offer a series of lectures on a Sunday retreat focusing on basic Buddhist teachings beginning Tuesday, Jan. 11.

The Rev. Teigan Stevens, O.B.C., will conduct the classes at the priority, using the "Eternal Life," by Rev. Jiyu-Kansen, Karmapa, rebirth, impermanence, and the "truths" and "how these directly relate to our life. Frustration, anxiety, resentment, by attachments of various kinds. Zen practice to use and transcend these symptoms and deeper religious reality."

Meditation instruction is offered free of charge. Classes will be held on the following dates: 11, 18, 25, and Feb. 1 from 8 to 9:30 p.m.

The retreat will be held Sunday, Feb. 13, 10 to 4 p.m. Cost: \$30 for non-members. To register, call the priority at 526-1402.

SELECTING A COMPUTER is no gamble when YOU hold

THE WINNING CARD



COMPUTERIZING your small business CAN be cost-effective when you select the RIGHT microcomputer. Don't leave your investment up to a dealer. HARV CORE SOFT SYSTEMS gives you personalized counseling, helping you to understand the world of computers and what they can do for you. Take a few minutes to call HARV CORE SOFT SYSTEMS and find out how your profits can grow.

Mike Harvey — HARV CORE SOFT SYSTEMS
524-7581
P.O. Box 2442, Berkeley 94702

MERRY XMAS FROM Angelo's MARKET 10979 San Pablo Ave. WE RESERVE THE El Cerrito 620-9557; RIGHT TO LIMIT PRICES EFFECTIVE FROM DEC. 15TH THRU DEC. 28TH New Hours: Mon-Sat. 8 a.m.-7 p.m., Sun. 8:30-3 p.m.		PRODUCE PECANS Angelo's Famous Farm Fresh \$1.69 LB.
YAMS Jumbo 5 1/2 \$1	APPLES Rome Beauty 3 1/2 \$1	WALNUTS Fresh 79¢ LB.
BUTTER Berkeley Farms 1 lb. Stick 1.79		CHICKEN FRANKS Golden Smoke 12 oz. Pkg. 69¢
TOMATO SAUCE Del Monte 8 oz. 4/\$1.00		CAT FOOD Kitty Assorted Flavors 6 oz. Tin 4/\$1.00
DETERGENT Oxydol King Size 5 lb. 4 oz. Pkg. \$3.49		ICE CREAM Berkeley Farms 1/2 Gallon \$1.69
7-UP SODA 2 Liter 99¢		HOT COCOA MIX Carnation Rich Chocolate 12 oz.-12 envelope \$1.39
EVAPORATED MILK Carnation 13 oz. 54¢		
MOYNAHAN'S U.S.D.A. CHOICE BEEF FRESH WHOLE FRYERS California Grown Reg. \$1.09 79¢ lb.		
CHICKEN WINGS For Frying Reg. 99¢ lb. 69¢	BEEF OXTAILS \$1.49 lb.	PORK CHOPS Pork Loin End Cut \$1.69 lb.
ORDER YOUR FRESH TURKEYS NOW FOR THE HOLIDAYS!		

Coming up

Albany needs bike path help

ALBANY — The city is nearing completion of a project which includes construction of a bicycle path from north to south city limits and improvement of street crossings along the abandoned Santa Fe Railroad right-of-way.

Robert Guletz, Albany's public works director, says the design of the project lends itself to creation of sitting areas along many of the street crossings. Because of limited funds, the city council is seeking participation from Albany service groups and other volunteers in the design and construction of these areas.

The Lions Club is working with architect K. L. Wong and city staff on plans for improvements to the area in the vicinity of Solano Avenue. Other groups interested in constructing similar areas and appropriate landscaping are urged to contact Guletz at 644-8541.

Katherine Lord heads RUSD board

By BARBARA ERICKSON

RICHMOND Unified school board member Katherine Lord has been named president of the school district panel, replacing fellow member Eddis Harrison.

At a recent meeting, the five-member board unanimously elected Lord as president and board member Don Lau as clerk for the coming year.

Lord had served as clerk during the past year. The clerk signs certain routine documents and presides at meetings when the president is unavailable or relinquishes the gavel to make a motion.

Harrison said the past year has been both "fascinating" and "agonizing" and she was satisfied for having achieved closer communication between board members. She also said she had tried to keep board decisions an open process, carried out in public.

Lord praised the outgoing president for her "great leadership" and "steadfast course," but District Advisory Committee chairperson Barbara Alexander criticized the board for holding a "rigged election."

"You never gave the public a chance to comment," she said, and referred to a Contra Costa Independent article which said Lord would probably be selected president.

Alexander also suggested that the board members vote themselves a raise from the usual \$40 a meeting stipend to \$300 a month. This would cut down the number of meetings, she said.

Hire teenagers for work

ALBANY — Albany High School students need part-time jobs.

Anyone needing help with babysitting, yard work, sales office, etc. should call Bill Savage, coordinator of work experience/vocational education at 526-7254.

W-I-D-E SHOES
 wide calf boots
 by andiamo
 "Let's Go" Footwear

We have a wide selection of boots made especially for those of you who have fuller, more shapely legs. You will love the new styles we've just received. Come on in, you'll be glad you did.

ALDER'S WIDE SHOES
 OAKLAND, 3450 East 14th St. • 533-3996 SAN JOSE, 443 W. San Carlos • 286-1950
 PLEASANT HILL, 1745 Centre Court Blvd. — 687-1745

Danish Concept
 1427 PARK ST., ALAMEDA (415) 865-4444
 (OFF SANTA CLARA AVE.)
DANSK
 Practical Gift with Good Design

Measuring spoons, Pitcher, Cups, spoons - 1 1/2 oz. Clear Acrylic w/wooden handles in Red, White, Brown, or Special. **SPECIAL**
OPEN SIX DAYS A WEEK **CLOSED EVERY TUESDAY**

Churches



Kensington Peace Library

Dr. William Sloan Coffin recently dedicated the new Peace Library here at the First Unitarian Church of Berkeley.

Many religious leaders assembled for the occasion.

Shown here, the first row, are Lawrence Berger (left), Chair of the Lawrence Lecture Committee; and Coffin with Kathleen Lingo on his lap, and Dr. Lucile Green Isitt, president of the World Citizens Assembly.

In the back row are Gustavia Gash, (left), President of the First Unitarian Church of San Francisco; Dr. Yash, minister of the Universalist Church of Berkeley; Dr. Jayson Hays, district-director of the Unitarian Universalist Association; the Rev. Robbie Isaacs, minister of the First Unitarian Church of Oakland; the Rev. Ken Barnes, Arlington Community Church in Kensington; and the Rev. Toshio Murakami, assistant bishop of the Buddhist Church of America.

The Peace Library is collecting books on religion and peace, for reference and resale. Donations are welcome. The Peace Library is governed by the Lawrence Lecture Committee of the First Unitarian Church and is open each Sunday after services.

The First Unitarian Church is located at 1 Lawson Road, Kensington.

Exercise class for kids

ALBANY — On Jan. 3, the Albany Parks and Recreation Department and the Sennin Organization will sponsor a sennin budo class for children ages 5 to 10.

Sennin budo, a classical judo method, is a non-competitive martial art. Enrollment is limited to 10.

Registration starts Dec. 15. 236-4340 or 526-5318.

Anti-bomb concert set
Bay Area Musicians Against Nuclear Arms will present a concert on Sunday, Dec. 19 at 8 p.m. at Trinity Methodist Church, Albany and Durant, Berkeley.

The event will be an all-jazz program. Larry London, clarinet solo; Joel Cohen, cello; and Ursula Wang, piano, will perform solo sonata in E Minor, Op. 10, Clarinet Sonata in E Major, Op. 120 No. 2, and the Trio Op. 114.

Suggested donation is \$6. Students \$5.



LET'S TALK IT OVER
with Odd E. Haugen
People outgrow their residences just as children outgrow clothing. As the size of the family changes, the home becomes too small for Mom, Dad and several active children or two large for just Mom and Dad after the children have moved away into homes of their own. The needs of the family change but the house stays the same size.

Some people are reluctant to sell their homes and find more suitable residences because the value has increased so much that they fear the tax consequences. The tax laws now provide that no tax need be paid if the proceeds from the sale are reinvested in a new residence within one year.

Let us explain how you can enjoy a home perfectly suited to the size and needs of your family, without paying a tax on the sale of your present home. Call or stop in so we can "Talk It Over" with you.

Ask about our Guaranteed Sales Plan!
ALBANY HILL REALTY
3554 A. PIERCE ST.
525-7640
Real Estate Consulting & Brokerage

SKI EQUIPMENT

FOR RENT
Our 37th Year
NO DEPOSIT! WE TAKE RESERVATIONS!

DOWNHILL: (200 UNITS)
Rent a \$350.00 SKI OUTFIT FOR \$20.00 WK. END. Includes ROSSIGNOL skis, SALOMON step-in bindings with brakes, Alum. Poles, & NORDICA buckle boots, custom fitted.

CROSS COUNTRY: (100 UNITS)
Rent a \$175.00 X/C OUTFIT FOR \$10.00 WK. END. Includes ROSSIGNOL "whitefish" skis, FABIANO Italian X/C Boots, Fiber glass poles.

PARKAS 6.50 SKI PANTS 4.50 AFTER SKI BOOTS 3.50

We Rent by the Day, Weekend, Week
(Our weekends start Thurs. A.M., end Mon. P.M.)
Open Thurs. & MON. 'til 9:00 P.M.
Youth & Group Rates



2338 Shattuck Ave., Downtown Berkeley
(Between Bancroft & Durant) • 843-0717

(Continued from Page 13)

North Congregational Church

This Sunday is the fourth Sunday in Advent, and during the regular 11 a.m. service of worship the "candle of love" will be lighted within the advent wreath. The Reverend Bob Graham will speak on "Stars You Never Saw Before" based on Luke 1:39:55. Debra Smith will read Christmas scriptures and prayers. Also helping will be Marguerite and John Azer, deacons for the day, Ed Vaneek will usher, and Sarah and Frank Patty will be greeters.

On Saturday, Dec. 18, the Co-Weds, a group for young couples, will gather at the church at noon for a luncheon, then will go to Children's Hospital for caroling. Young couples are invited to join this group.

Parents and children of the International Children's Club, which meets each day at the church, will have a potluck and Christmas sing-along party on Sunday, Dec. 19, from 4-6 p.m.

On Friday, Dec. 24, the potluck supper will begin at 5 p.m. in the Fellowship Hall of the church, and be followed by a Christmas Eve candlelight service beginning at 6:15 p.m.

The church is located at the corner of Cedar and

Walnut in North Berkeley. Phone 848-1201 or 527-313 (evenings).

CUT YOUR OWN Christmas Tree

ALHAMBRA VALLEY TREE FARM

Alhambra Valley Road and Reliez Valley Road, Martinez
FREE FIREWOOD
DRAWING WEEKLY
9-5 Mon.-Fri.
8-5 Sat. & Sun.

Alhambra Valley Road and Reliez Valley Road, Martinez

Open Daily 10-10 Sundays 12-7
Kmart
The Saving Place®

E.T. COMES HOME TO YOU SALE PRICED



32.88 Cartridge
Exciting "E.T." - The Extra-Terrestrial! Video Game
Players help E.T. "phone home" with interplanetary components! Beware the F.B.I. agent and scientist!

AT YOUR LOCAL K MART



THIS HOLIDAY YULE \$AVE

AT
Tupper & Reed
Music

- Guitars as low as \$69.95
- Amplifiers \$49 and up
- Ludwig Metal Snare Drums & Stand \$198
- FM Wireless Microphone \$19.88 (While They Last)
- Quartz Guitar Tuners \$20 OFF

New Trumpets
Flutes
Clarinets
\$30 OFF
New Saxophones
\$75 OFF
(Mention This Ad)

PLENTY OF
GIFT ITEMS
UNDER \$10
Gift Certificates Available

Tupper & Reed

"Distinguished Music Service Since 1906"

2277 Shattuck Ave., Berkeley 841-1832
Holiday Hours: 9-9 Mon.-Fri.; Sat. 'til 5:30

BEST FOR LESS AT GALVIN'S! BEST FOR LESS AT GALVIN'S! BEST FOR LESS AT GALVIN'S! BEST FOR LESS AT GALVIN'S!

GALVIN APPLIANCE CO.

SALES & SERVICE
SINCE 1934

AFTER CHRISTMAS SALE NOW!

At Galvin's you can enjoy after Christmas savings now — we guarantee it.



Whirlpool MICROWAVE OVEN
• 30 minute timer
• Full power
• Full size
• Defrost setting
Reg. \$299
SAVE \$30
\$269.00

Whirlpool CHEST FREEZER
• 9.0 cu. ft. interior
• Power interruption
• Slide & store light basket
Reg. \$369
SAVE \$90
\$299.00

ROPER FREE STANDING GAS RANGE
• Large Oven
• Removable oven door
• Lift off cook top
\$299

BUILT IN DISHWASHER
• Six Cycle Selection
• Two Wash Levels
• Porcelain Interior
\$249

GALVIN APPLIANCE CO.
SALES & SERVICE
SINCE 1934

90 DAYS SAME AS CASH
Amana Touchmatic
• Exclusive Rotawave™ Cooking System
• A rotating shower of power that cooks more evenly and cooks most foods faster than ever before!
• Cooks by time or cooks to temperature
• Even holds at temperature to tenderize economy cuts of meat.
• A wide range of Cookmatic™ power levels because different foods cook best at different speeds.
Reg. \$469
SALE \$399
SAVE \$70

WHIRLPOOL MICROWAVE OVEN
• Full size
• Full power
• Defrost setting.
Reg. \$329
SALE \$249
SAVE \$70

Sharp COMPACT CAROUSEL MICROWAVE OVEN
15mm. Timer
Compact Design Carousel
\$299

90 days same as cash —
On Approved Credit. Combine
your credit power with our
buying power and
SAVE BIG NOW!

SALE on MAYTAG

MAYTAG HEAVY DUTY WASHERS
SAVE \$40.00
Number 1 • in long life • in lowest repairs • in lowest service costs • in nationwide preference (Based on a national survey asking consumers which brand of washer they'd like to own)

MAYTAG Jetclean DISHWASHERS
• Nobody gets your dishes cleaner!
• Low Energy cycle for everyday loads
• Energy Saver Drying cycle circulates air without heat
• Exclusive Micro-Mesh™ Filter
• 3 level Jet-wash System
SAVE UP TO \$70.00

MAYTAG BIG LOAD DRYERS
• Commercially proven in self service laundries
• Gentle, energy efficient drying for permanent press and all of today's fabrics
• Choose from Electronic, Auto-Dry and Time Controls
SAVE \$30.00

518 San Pablo Ave., Albany (Next to Albany Bowl)
Open Monday nights until 8:00 P.M.
Limited to Stock on Hand

BEST FOR LESS AT GALVIN'S! BEST FOR LESS AT GALVIN'S! BEST FOR LESS AT GALVIN'S! BEST FOR LESS AT GALVIN'S!



—Times Journal photo by James Pease

Arlington Women's Club chooses new leaders

Mary Lamson, second from right, is the new president of the Arlington Women's Club. Other officers are Marilyn Place, left, first vice president; and Evangeline Lefever, right, second vice-president and program chairperson. Virginal Jenner, second

from left, is past president. The club has designed Guide Dogs for the Blind in Samn Rafiah as the beneficiary of the organization's annual March fund-raiser series of bridge parties held at members' homes. The event usually nets more than \$1,000.

Tiny Tots classes set

EL CERRITO — The City of El Cerrito Tiny Tots programs have immediate openings in the 3 to 5 year old groups.

The programs include songs, movement, arts and outdoor play. Groups meet two, three or five days a week.

The classes meet in the mornings from 8:30 to 11:30 at Tassajara Park with Jill Card-Haughton and from 9 to noon at Arlington Park with Barbara Bridge.

If you would like to register your preschooler in the program, please contact Barbara Schultz-Creamer at the El Cerrito Community Center, 7007 Mooser Lane or call 525-6748. Spaces are limited.

PUBLIC NOTICE

LEGAL NOTICE J-105658
NOTICE OF INTENTION
TO SELL REAL PROPERTY
AT PRIVATE SALE
SUPERIOR COURT OF
CALIFORNIA, COUNTY OF
CONTRA COSTA
Conservatorship of the Person
and Estate of

LOUISE ADDIEGO.

Conservator
NOTICE IS HEREBY GIVEN
THAT, subject to confirmation by
the above entitled Superior Court,
on December 15, 1982, at 10:30
a.m. or thereafter within the time
allowed by law, the undersigned,
JAMES ADDIEGO and ROSARIA
BONKOSKY, Co-Conservators of
the Person and Estate of LOUISE
ADDIEGO, Conservator, will sell
at private sale to the highest and
best bidder on the terms and
conditions hereinafter mentioned
all right, title, and interest of
LOUISE ADDIEGO, Conservator,
in the real property located in the
City of El Cerrito, County of Contra
Costa, State of California, de-
scribed as follows:

Lot 44 and 46, Block 62,
map of Richmond Annex, filed
March 18, 1912, in Map Book
6, page 144, Contra Costa
County Records.

The property is commonly re-
ferred to as

5329 Panama

El Cerrito, California.
The sale is subject to current
taxes, covenants, conditions, re-
strictions, reservations, rights,
rights of way, and easements of
record. The property is sold on an
"as is" basis, except as to title.

Bids or offers are invited for this
property and must be in writing and
will be received at the office of
ELAINE J. OLSON, Attorney at
Law, FOLEY, MCINTOSH, FOLEY,
Professional Corporation at 1225
Solano Avenue, Albany, California
94706, or may be filed with the
clerk of the Superior Court at any
time after first publication of this
notice and before making said
sale.

The property will be sold on the
following terms: cash or part cash
and part credit, the terms of such
credit to be acceptable to the un-
dersigned and to the Superior
Court, ten percent (10%) of the
amount bid to accompany the offer
by certified check, and the balance
to be paid at the close of escrow
after confirmation of sale by the
Superior Court. Taxes, rents,
operating and maintenance ex-
penses, and premiums on insur-
ance acceptable to the purchaser
shall be prorated as of the date of
close of escrow. Examination of
title, recording of conveyance,
transfer taxes, and any title insur-
ance policy shall be at the expense
of the purchaser or purchasers.

The undersigned reserves the
right to reject any and all bids prior
to entry of an order confirming the
sale.

DATED: November 30, 1982
By JAMES ADDIEGO
By ROSARIA BONKOSKY
By FOLEY, MCINTOSH & FOLEY
Professional Corporation
By ELAINE J. OLSON,
Attorney

For Co-Conservators
J-1681-December 5, 8, 15, 1982

LEGAL NOTICE A-105760

NOTICE

The regular meeting of the Al-
bany City Council scheduled for
December 20 & 27, 1982, have
been cancelled due to a lack of
quorum.

Also, the regular scheduled
meeting of the Planning & Zoning
Commission of December 28,
1982, has been cancelled.

JACQUELINE L. BUCHOLZ
CITY CLERK

A-1679-December 8, 15, 1982

LEGAL NOTICE A-106651

NOTICE

The Mayor has succeeded a
SPECIAL MEETING to be held on
MONDAY, DECEMBER 20, 1982,
at 5:00 p.m. to approve bills, claims
against the City of Albany.

The meeting will be held in the
Council Chambers, 1000 San
Pablo Avenue, Albany, CA.

JACQUELINE L. BUCHOLZ
CITY CLERK

A-1683-December 15, 1982

HURRY to GRAND AUTO for the BEST in AUTOMOTIVE VALUES

GRAND/AUTO

Great Gifts for Yuletide!

50 WATT GRAPHIC EQUALIZER

25 Watts per channel maximum output power. Illuminated output power meter. #KE-3

38⁸⁷ EA.

119⁸⁷ EA.

189⁸⁷ EA.

INSTALLATION AVAILABLE BY OUR FACTORY TRAINED PROFESSIONALS

SALE! 10:08

DIGITAL CLOCK

Battery operated. Displays hours, minutes, seconds, and date. Backlight for easy reading in the dark. Mounts instantly. No wiring necessary. #825

744 EA.

AUTO ALARM CLOCK. #828A 10.88

REGAL VELOUR SEAT COVERS

Keeps seats looking like new. Covers all of bucket seat front back & sides. Simple to install.

ASSORTED COLORS

2787 PK.

WITH SWITCH & RELAY

2888 SET

1487 PK.

FRONT MATS

QUARTZ HALOGEN AMBER FOG LIGHT SET

Amber fog lights in chrome, black or gold housing. #800/900/1000

4987 EA.

WIRE WHEEL COVERS

Triple chrome plating is designed to look like a wire wheel. Removable for easy cleaning. #5300, #5301, #5302

1444 PK.

13", 14", or 15" YOUR CHOICE

1 1/2 Ton Mini FLOOR JACK

Strong, lightweight, compact hydraulic floor jack. #500

SMALL ENOUGH TO FIT IN YOUR CAR TRUNK

2988 EA.

LOCKING SKI RACKS

#62L - Roof mount for small cars holds 5 pairs. #14 - Locking roof mount for cars with or without gutters. Holds 6 pr.

3988 PK.

ORTHOPEDIC BACK SUPPORT

HELP FOR YOUR ACHING BACK!

Portable, lightweight. Fully adjustable. Fits all seats. #3000

1487 EA.

Back & Shoulder... #3001 19.87

AUTOMOTIVE SAVINGS ARE YOURS AT GRAND AUTO STORES

YOUR COMPLETE "AUTO PARTS HOUSE"

AD PRICES GOOD THRU 12-19-82

CASTROL 'GTX' MOTOR OIL

20W50

ENGINEERED FOR HIGH RPM CARS

Detergent oil formulated for today's hi-performance engines!

88¢ QT.

LIMIT 12 QTS.

TOOL SALE

Check the Full Unlimited Tool Warranty at Your Grand Auto Store!

11 Piece SOCKET SET

1/4" DRIVE

SAE or Metric Made of chrome vanadium.

788 SET

3/8" DRIVE... 9.88

16 Piece SOCKET SET

3/8" Drive

SAE or Metric. Made of Chrome Vanadium Steel.

1288 SET

21 Piece SOCKET SET

1/4" & 3/8" DRIVE

SAE & Metric Made of chrome vanadium steel. With handy carrying case.

1488 SET

YOU BREAK IT... WE'LL REPLACE IT!

HEAVY DUTY SHOCKS

For a more comfortable, safer ride & better steering control. Sizes for many U.S. & import cars in stock.

INSTALLATION AVAILABLE!

688 EA.

REPLACEMENT AUTO LIGHT BULBS

PACK OF 2 BULBS

77¢ PK.

2 FUNCTION DWELL TACH

By Dixco. Do-it-yourself and save! 12 Volt only

BY DIXCO

1488 EA.

JUST SAY "CHANGE IT!"

12 VOLT 120 PSI

AIR COMPRESSOR

Portable air compressor with 12 foot power cord, carrying case. Inflates tires and other inflatables. #30-7

PLUGS INTO ANY 12 VOLT CIGARETTE LIGHTER!

1587 EA.

CLASSIFIED ADVERTISING

CLASSIFIED ADVERTISING INDEX

ANNOUNCEMENTS

0005-legal notice
0010-lost
0020-travel
0025-personals
0035-business personals
0037-special notices
0040-personal loans
0045-instruction
0048-child care licensed

EMPLOYMENT

0060-help wanted
0065-temporary or part-time
0070-sales help wanted
0075-work wanted
0085-domestics

MERCHANDISE

0450-lv-sound systems, Cb
0455-musical instruments
0460-pets & supplies
0465-horsemen's corner, livestock
0470-market basket
0475-carpet, drapes, home furn.
0480-antiques
0485-garage, rummage, yard sales;
0490-misc. for sale

492-appliances

0493-give away
0495-misc. wanted & trades
0500-bargain counter
0505-building/garden supplies
0510-boats & supplies

REAL ESTATE

0520-homes for sale
0522-almendra
0525-albany
0527-antioch
0529-benicia
0530-berkeley
0535-concord
0545-crocker
0570-el cerrito
0575-el soborante
0580-emeryville
0585-fairfield/vacaville
0590-hercules
0600-kensington
0605-lakeville
0610-martinez
0610-montclair
0615-oakland
0618-oregonia
0625-piedmont
0635-pineola
0651-pittsburg

0655-port costa

0660-richmond
0665-point richmond
0680-rodeo
0690-san pablo
0695-san rafael
0694-tara hills
0703-vallejo
0704-walnut creek
0705-real estate other areas
0710-real estate wanted
0715-real estate exchanges
0720-condominiums for sale
0725-townhouses for sale
0730-mobile homes
0735-lots & acreage
0740-resort & country property
0745-income & investment property
0750-commercial-industrial
0755-real estate loans-money wanted
0760-business opportunities
0765-investments

RENTALS

0780-furnished apts for rent
0785-unfurnished apts for rent
0790-share rentals
0795-furnished houses for rent
0800-unfurnished houses for rent

0805-condominiums for rent-furnished

0810-condominiums for rent-unfurnished
0820-townhouses for rent-unfurnished
0825-trailer space
0830-mobile homes for rent
0835-rooms for rent
0840-motels-hotels
0845-residential care
0850-room & board
0855-wanted to rent
0860-rental exchange
0865-vacation rental
0870-building or office space for rent
0872-property management
0875-commercial-industrial for rent
0880-garage & storage space

AUTOMOTIVE

0900-motorcycles, scooters
0905-recreational vehicles, trailers
0910-auto repair, parts
0915-auto wanted
0920-vans
0925-trucks, 4 wheel drive
0927-auto rental & leasing
0935-imported cars
0940-classic cars
0950-domestic cars

2337-1111

Classified Ad Line

Open To Serve You: 8:30-5:00 p.m. Monday-Friday

Advertising Policy:

The Publisher reserves the right to refuse, reject or reschedule any advertising. Please, read your ad carefully. If it is printed, North Bay Newspapers will not be responsible for errors, omissions or for any loss of circulation. If the ad is not printed, the publisher will not be responsible for the value of the ad.

Deadlines:

Classified liners are taken on a daily basis. For publication in the classified section, ads must be received full days prior to publication. For advertising in the Classified Ad Line, ads must be received by 11:00 a.m. on the day of publication.

For convenient Holiday Gift Giving SHOP THE CHRISTMAS CLASSIFIEDS

Buying or Selling it's a bargain!

LOST 010

LOST 11/21 & 22. All black male mixed breed dog, 6 mos. Reward. 223-3539

REWARD \$75 for intact dentures "false teeth" Lost 12/3 San Pablo Ave. nr Jay-Vee Liquors or Mechanics bank 7 pm. 526-1673 aft. 3 pm

FOUND 011

FOUND Labs, male & female, Akita, female. Desperate, need homes. 222-045 before 2 p.m.

DOG: nursing fem, deep red, lab/Weimaraner (?). Vic Rich. Rod & Gun Club. 723-7552.

FOUND puppy on Applan Way. El Soborante Thanksgiving weekend. 227-6053

FOUND: young male German Shepherd. Dark coloring. 234-7166

GLASSES, Prescription flower case. Parking lot of Pinole T & bike shop. 724-0541

FOUND: Keeshound. Owner identified. Call 232-5499.

PERSONALS 025

FREE Pregnancy Screening, Abortion Services. Oakland Feminist Women's Health Center. 444-5676. Evergreen Women's Clinic in Pleasant Hill. 825-7900.

PLAY Racquet ball and enjoy full health club facilities \$15 mo. 656-5226 eve.

THANK YOU NORMA There is a Santa Claus. Pretty Girl

WOMEN! How much do you know about birth control? Have you ever heard of a Cervical Cap? Available at 3 Bay Area clinics. For information call 444-5676 or 825-7900.

BUSINESS PERSONALS 035

TROUBLED? See Mrs. Foster, Psychic, Spiritual Reader, Helper, Advisor. 1832-23rd St., San Pablo. 235-1170.

DIVORCE HELP LOW-COST SERVICE EVES & WKND \$40-UP PERSONAL ATTN. 625 San Pablo Albany 526-5651

Spiritual Readings I am not a common reader. I do not read by cards or books, but through God's gifted spirit gift. I will help give helpful advice to all afraid of life; such as love, marriage, business, health.

Will Give Lucky Days And Numbers!! Will Call Your Friends & Enemies By Name Without Asking a Word!! 547-9989 \$5.00

SPECIAL NOTICES 037

RENO BUS TOUR Daily Departure Call DINO TOURS El Cerrito 527-2175

When eight is enough, but nine are too many, sell that extra whatever in classified!

TELEPHONE SOLICITORS

Experienced. Start work immediately. Position entails selling local subscriptions to West Contra Costa County's most dynamic and established newspaper. Professionals welcomed. Full and parttime positions available. Commission plus bonus paid weekly. Apply in person to:

North Bay Newspapers Circulation Dept
164 Harbour Way, Richmond.

No phone calls please

CONTRA COSTA INDEPENDENT

Monday-Friday Afternoons, and Sunday-Early Mornings (Approximately 2-3 Hours Per Day)

QUALIFICATIONS:

1. Must be Reliable
2. Must have Dependable Car
3. Must have Car Insurance
4. Must be Available 6 days per week, including Holidays
5. Must be Bondable
6. Previous Experience Helpful, but not Necessary.

Some Collecting Necessary.

If Interested, Please Call:

234-6262

Leave Name, Address & Phone Number

INSTRUCTIONS 045

A BETTER JOB IS LOOKING FOR YOU CALL 843-1973 NOW

Admin. Assts. earn high pay and advance fast. Recent Bay Area newspapers show 120 job openings. Combine security with computer programming and accounting for rewarding career. Financial aid available. Start your "Business" Training in a Business Way! TM TODAY. Call Ann Brady at 843-1973.

Dickinson-Warren Business College Est. 1931 2210 Harold Way, Berk

COMPUTER workshop for kids. Start in Jan. Register now. Limited enrollment 525-5234.

GERMAN LESSONS. Retired language teacher, native German offers pvt. lessons. Beg-Adv. 223-3651.

3/lession. Hildegard Melran, M.A. 840-0782

CHILD CARE LICENSED 048

DAYCARE & pre-school activities offered in home. Nutritious meals. 0-12. 524-3314; 529-1251

LICENSED daycare available in my home. Loving environment. 223-045 before 2 p.m.

LOVING Mom/teacher offers care in home. Mary. 233-7473, 892-2325

HELP WANTED 060

BOOKKEEPER. 10 key by touch, A/P, A/R exp. req. Full time perm. \$5.50 hr. Contact Antoinette Walton between 10-11 am 841-1145.

BOOKKEEPER. Full time, perm. position. Retail bookkeeping exp. req. Apply at 3562 San Pablo Dam Rd. E. Son-Fri. 10am-12 & 1pm-4pm.

CHOIR Director \$75 per wk. 25-30 hrs/mo. D. rect adult choir & coordinate church music program. ORGANIST \$60 per wk. 16-20 hrs/mo. Montclair United Methodist Church 531-8208.

CLERICAL ASSISTANTS Work from Jan/Feb to April possibly later. No typing req'd. Training provided. \$3.92 per hr. Apply btwn 9-11:30. Kelly Services-219 Professional Bldg., El Cerrito Plaza, 526-9337.

CLERICAL & light purchasing duties. Mon. through Fri. 12:30 pm-4:30 pm. \$5 hr. Non-smoker. Apply 3-5 pm at Nat'l's Foodservice, 1201 San Pablo Ave. Suite 301, San Pablo.

COUNSELORS for a New Dynamic Weight Control Program. Overweight & underweight accepted. Training provided. Income \$500 to \$1000 wk. Call 524-6223

DENTAL Hygienist. El Soborante. Immediate opening for Tues & Thurs. Salary plus incentive bonus. 233-5676

HELP WANTED 060

CLERKING in Berkeley Retail store. \$4.65 per hr. 549-3117 3-4 pm only.

COUNTER Person. Mature over 18. Permanent shift from 20-40 hr/wk. Union scale, vacation, sick pay, holiday. Paid health & welfare. Must be able to work nights & weekends. Enquire bef. 11am & aft. 2pm, 14471 San Pablo Ave. San Pablo

COOK wanted Tues and Thurs. evens, for large family. Call George btwn 7-9pm. 849-1630

DENTAL Asst. RDA req. 2 years exp. Part time (pos. future full time) nr. Alta Bates. 848-0114

DIETSEL MECHANICS No experience necessary. For information call (919) 227-0536 or (919) 227-6115. Adams Enterprises

HIGH school gymnast for sales brochure. Call after 3 pm. 731-5999.

KEY Punch operators. Jan-April 15. Day, swing & night shifts. Paying 45 WPM, very congenial staff, good working cond. Apply in person Mon. Wed. Thurs. 11am-3pm. Chapparral House, 1309 Allston Way, Berkeley

PHONE SALES. We are the largest co. of our type in WPA. We are expanding our office in Emeryville. Our sales people earn \$200-\$250 per wk. on commission sales. Call 654-2632 1-5 Pacific Chimney Cleaning

RECEPTIONIST secretary full time for 49 bed ICF. Varied duties, heavy phones at times. Paying 45 WPM, very congenial staff, good working cond. Apply in person Mon. Wed. Thurs. 11am-3pm. Chapparral House, 1309 Allston Way, Berkeley

SECRETARY & Office manager. Manufacturer has Jan. 1 opening for person with exp. in initiative, varied work incl: payroll, invoicing, typing, minimum 30 WPM, pay commensurate with exp. Call Christel 237-9614.

SELF motivated trainee for general bldg. maintenance & upkeep. 848-8365

TRUCKING No experience necessary. For information call (919) 227-6115 or (919) 227-6139. 7 am-7 pm, Mon-Fri. Adams Enterprises

We're thankful for all our readers and advertisers. Thanks for using classified.

TEMPORARY OR PART TIME 065

TEMPORARY OR PART TIME 065

TEMPORARY OR PART TIME 065

TEMPORARY OR PART TIME 065

TEMPORARY OR PART TIME 065

TEMPORARY OR PART TIME 065

TEMPORARY OR PART TIME 065

TEMPORARY OR PART TIME 065

TEMPORARY OR PART TIME 065

TEMPORARY OR PART TIME 065

TEMPORARY OR PART TIME 065

TEMPORARY OR PART TIME 065

TEMPORARY OR PART TIME 065

TEMPORARY OR PART TIME 065

TEMPORARY OR PART TIME 065

TEMPORARY OR PART TIME 065

HELP WANTED 060

WANTED: MEN or WOMEN Potential \$2000 per wk Income. Salaries, commissions bonuses. Outside or be in business for yourself. Must have car. For interview 799-3041

SALES HELP WANTED 070

AVON Excellent earning opportunity. No exp. nec. I'll train you. 798-0722.

SALES manager trainee, retail mattress store, 2 yrs college & exp. req. 1000 mo. to start. 653-4706. Oak

WORK WANTED 075

BERKELEY High School students available for parttime work. CAREER CENTER 644-6190

CLEANING—Done to please you! Exp. Refs. 233-3692.

HOUSECLEANING Experienced & References. Ann 524-8214 eves.

PRO PAINTING—apt., house. Exclnt prep. \$5 hr. Free est. 527-8481

DOMESTICS 085

FAMILY needs live-in help: room/board \$50 per week. NR UCB. Non-smoker. 843-9311.

TV-SOUND SYSTEMS—CB RADIO 450

Sony 9 in. reel-reel, up right, 1200; Pioneer skfrs, 50 watt 800 ea. Best offers. 237-4660.

MUSICAL INSTRUMENTS 455

SHERMAN CLAY PIANO & ORGAN CLEARANCE Steinway Baldwin Conn Hammond & Lowrey Open evenings 11-6 pm OAKLAND 444-8440

WANTED USED MUSIC BOOKS & SHEETS. 724-4240

STUDENT clairnet, recently repadded. \$150. 233-7286

DRUMS, Pearl 5 piece. \$200 or best offer. Call 237-4660

5 Piece Drum set, cymbals & stool, Mother of Pearl, 455. 235-9706

PIANO Jantzen, console. Asking \$995. Private party. 724-6343

PIANO, EVERET Console. Beautiful tone, finish. Excellent condition. 525-2958.

HARP Lyon & Healy. 70 in. tall, 48 strings, Maple & Gold. \$4500. 526-1655

PIANO for Christmas? Studio Upright by Baldwin dark finish \$1200-526-5585

TEMPORARY OR PART TIME 065

TEMPORARY OR PART TIME 065

TEMPORARY OR PART TIME 065

TEMPORARY OR PART TIME 065

TEMPORARY OR PART TIME 065

TEMPORARY OR PART TIME 065

MUSICAL INSTRUMENTS 455

GIBSON Chef Atkins Guitar. \$425. Fostex half track, \$600. E.V. Taco CE-12 mixing board w/anvil case \$1800. 707-544-4457

PETS & SUPPLIES 460

2 PITBULL PUPPIES \$20 each. Females. 1 red, 1 white Call 236-6336

FOR Sale, Labrador/Shepherd/Collie pups. \$25 each. Call 236-3180.

DOBE puppies, AKC, tails dewclaws are clipped. \$200. 236-5767.

X-MAS BUNNIES All kinds. \$3-55. 222-1880

GOLDEN Retriever/Lab, obdies, lovable. Excellent hunters. \$20. 799-3895

INDIAN Ringnecks, hand fed, young, very tame. Loving pets. \$150 ea. 223-0911, 758-4295.

10 Geese, \$15 ea; 10 ducks \$15 ea; 5 pigs, \$25 ea; 5 doves, \$5 ea. 707-864-0509 (Fairfield).

GERMAN Shepherds, purebred, white. 10 weeks. Wormed, shots. \$100. 916-743-5963.

GOLDEN Retriever Puppies, champion blood, 11 weeks, \$150. (\$250 w/papers). 562-8435.

HORSEMAN'S CORNER—LIVESTOCK 465

SADDLE good condition. \$275. Sell at 2003 Broadway, San Pablo.

REG. 1/4 mare, 12 yr. Safe babyfinder. Owner off to college. \$200. 223-6655

X-MAS HORSES ASALE 1/4 mares, \$3 & 400. Hot-walker & arenas 1/4 mile track, storage 355-9391, 620-9611, 236-3280

CARPETS, DRAPES AND HOME FURNISHINGS 475

BUNK BEDS: sturdy, incl. mattress and ladder. \$195. Aaron's 653-4706.

JAPANESE Sofabed, 4 pc, custom, bid Futon, matching quilt. Perfect. \$275. 653-7976, Ray.

MATTRESS sets: firm, clean, sanitized. Twins \$59. Doubles \$69. Queens \$89. Kings \$99. Also Serta and Simmons. 653-4706.

WATERBEDS, unfinished, \$143. Padded, stained, rustic. \$169 ea. w/bookcase headboard. \$199. Over 50 styles. Mattress pads, \$12. Sheets, \$25. Heaters, \$39. Mattresses, \$25. Dreamweaver, \$69. Dinettes, \$49. Sofa & Love, \$199. 5 piece bdrm set, \$89. Mattresses: twin, \$24; full, \$34. Bunkbeds, \$69. 3 rooms furn. \$599 save \$300; \$21.60/mo. A1's 721 Tennessee, Vallejo. (707) 648-1813.

GARAGE-YARD-RUMMAGE SALES—AUCTIONS 485

HOUSE Sale, 9:30 209 Bissell, Richmond Wednesday & Thursday

GARAGE Sale: Tues-Sat, 10-2; 1554 Swallow, Herc. Avon. Upperware, misc. Cheap!

MOVING Out Sale: Dec. 14-18, ref. washer, sofa, tables, toys and more. 311 36th St. Rich

MISCELLANEOUS FOR SALE 490

WALNUT dining rm set, table, 6 chairs \$400, exc. cond.; washer-dryer, 15 yrs. \$100. 235-3559

WOOD DRY ALMOND 232-6165

FIREWOOD Seas. Euclipp split \$140/cd. Deliv. \$110 pickup. 232-9119

MITA COPIER. Like new, dry toner, \$750/offer. Call 235-9034.

MISCELLANEOUS FOR SALE 490

BOX spring/mattress \$40. Another \$15. 2 occas. chairs, \$12.50 ea. 223-5192

DOUBLE BED 4 posts, dark pine, foot & head boards. \$150. 234-0464

3 SPEED BIKE 495

\$75 232-7010

FIREWOOD 495

\$170 Cord, \$90 1/2 Cord Seasoned. Deliv. 527-1491.

PLAY Racquet ball and enjoy full health club facilities \$15 mo. 658-5226 eve.

TROPHY / case plate glass, 6 ft. x 15 ft. Padded good cond. \$50 235-8690.

COPIER-dry tone, dedicated plain paper. Low cost per copy. \$155

#T1-101-020 237-8953 Call 841-6500 Berkeley, E.C. 236-4990

CONDOS FOR RENT UNFURNISHED 810 SP Almost new, luxurious 2 bdrms, 1 1/2 baths with carpets, drapes, modern kitchen, fireplace, rec. facilities. \$595. Agent, 236-8366. SP Nearly new, very nice split-level with 2 large bdrms, 1 1/2 baths, carpets, drapes, fireplace. \$575. Agent, 236-8366.	BUILDING/OFFICE SPACE FOR RENT 870 SHATTUCK / BLAKE, nice modern office. \$190. 849-4770. BERK Downtown. Modern pleasant office space. 1825 sq. ft. Agent 548-3096. LAW Office avail. in charming, active Berk. office. Incl. reception, library, copier, etc. \$385 mo. Enquire 848-4752.	BUILDING/OFFICE SPACE FOR RENT 870 WALNUT SQ. office. Berk. ideal for counseling or massage. Call 451-6779 if no ans 549-0742. BERK Office, approx 500 sq. ft. Attractive modern bldg. 1409-5th St. \$300 mo. 525-9363; eves 529-1016. 4300 sq. ft., all or part. On top floor of new office bldg. Near center area. El Cerrito. Negotiable. Al or Kathy, 222-5602.	COMMERCIAL/IND. FOR RENT 875 2000 sq. ft. newer metal bldg. Insulated, heated, bathrm. 524-7944. ROD. 20-45 per sq. ft. Retail commercial space. Business District. Call Burt 724-1442. 700 sq. ft. shop/warehouse in port area. 3 ph. Secure. Richmond Industrial Village 232-9150. FIND, Rent, Tel. Sell, Buy, Hire, Locate, Trade—do it all in classified. Phone 237-1111.	COMMERCIAL/IND. FOR RENT 875 Westbrae Shops Well located retail stores for lease on Gilman St. 2000 sq. ft. & 1500 sq. ft. \$80/ sq. ft. Improvements negotiable. Call ION VICARS 845-0200. MASON-McDUFFIE REAL ESTATE INC. GARAGE AND STORAGE SPACE 880 GARAGE for storage. Will fit 1 car. Nr N. Berk. Bart. 535. 548-5521 eves.	MOTORCYCLES AND SCOOTERS 900 HONDA 350 1970, runs. \$150. 724-9282 KAWASKI '77, KE 100, \$475. Good cond. 223-4093	R.V. TRAILERS AND CAMPERS 905 \$2600 VW '72 Westphalia camper. Low miles. Michelin tires. Must sell. 799-1362.	AUTOMOTIVE PARTS 910 PARTING OUT VW BUG. \$300. 724-9290. 1950 & '51 Chev pickups parts. Days 237-6382; eves 236-7723.	AUTOMOTIVE PARTS 910 VW 1600 engine; rebuilt. German parts. \$550. Guaranteed. Uptown Motors 527-4730. DOUG Phorley V-6 Vega kit \$100. 9 inch rear end. 4-88 gears \$100. Offer. 232-6729.	DOMESTIC CARS 980 DOMESTIC CARS 980
--	--	---	--	--	---	---	---	--	---

TOWNHOUSES FOR RENT UNFURNISHED 820
PIN EastBluff, 2 bdrms, 1 1/2 bath, refig, pool, view, \$525. 527-8780.
ROOMS FOR RENT 835
RICH.PT. Clean & quiet. \$50 per week 222-3178
ES, room in 10 plus, lard, yd. \$200 mo plus. 548-3899 Brian.
KENS turn 2 la rms with view, \$225 each. Share bathroom, kitchen use. \$75 dep. 526-8809.
RESIDENTIAL CARE 845
RESIDENTIAL care for ambulatory. Quiet area. \$500 & up. 540-9537.
WANTED TO RENT 855
WANTED Garage space for Newspaper pickup locations. Must be available 11 a.m.-5 p.m. Monday-Friday and Midnight to 5 a.m. Sunday mornings. Contact: Jeff Davis Contra Costa Independent Circulation Department 234-6262, ext. 312
PARAPLEGIC on sect 8 nds extra lg 1 bdrms apt., hse, etc. No. Oak nr Berk. Rockridge, 1010a Pk. Pking. Up to \$347. Urgent! 428-2984.
BUILDING/OFFICE SPACE FOR RENT 870
OFFICE Space for rent, Pt. Richmond. 234-1760 leave message.

We Have a NEW Number to Serve YOU Better!
CIRCULATION 236-2100
The CONTRA COSTA INDEPENDENT
CLIP 'N' SAVE this convenient coupon close to your telephone

The Contra Costa Independent
CIRCULATION
CALL:
236-2100



You Better Watch Out!
For Bargains
By The
Bag Full
In The

CHRISTMAS CLASSIFIED

Shop The Convenient
Way For All Your
Holiday Needs

Classified
Advertising
237-1111

John Pierce's
MACDONALD AVENUE MOTOR
ACROSS FROM WARDS
4201 Macdonald Ave., Richmond
234-8783
LOOKING FOR A GOOD, LATE MODEL
LOW MILEAGE USED CAR?
CHOOSE FROM 50 QUALITY USED CARS & TRUCKS

'78 CHEVY 1/2 TON 8-ft. box, V8, auto., PS, dual tanks, tilt wheel, 45,250 miles. (1L76153). \$5495	'77 MERC MONARCH CPE. Auto., PS, air, cruise, tilt, bucket seats. (659XQD). \$2995	'78 FORD LTD 350 V8, AM/FM stereo, cruise, air, tilt, bucket seats. (1L76153). \$4995
'76 BUICK REGAL 2 door coupe. Auto., ps, power windows & seat, tilt, cruise, rally wheels, vinyl top, new tires. Only 59,749 miles. (399PBC). \$3195	'81 DATSUN 8-210 2 door sedan, 4 speed, radio, local 1-owner car. Only 12,234 miles. (1CWK637). \$3995	'78 EL CAMINO Auto., ps, air, cruise, tilt, bucket seats. (1L76153). \$4995
'79 CAPRICE Classic 4 door sedan. Auto., PS, AM/FM stereo, tilt, vinyl top, power windows, wire wheel covers, light blue. (800WEE). \$5795	'78 MONTE CARLO Landau, auto., ps, air, cruise, tilt, vinyl top, rally wheels. Only 35,853 miles. (023WNC). \$4995	'79 DODGE 4 door sedan, auto., ps, air, cruise, tilt, bucket seats. (1L76153). \$3995
'80 MERCURY Zephyr 4 door sedan. 6 cylinder, auto., PS, air, wire wheel covers. A black beauty. (087YBZ). \$4995	'79 CORDOBA Coupe, auto., ps, air, vinyl top, wire wheel covers. Only 35,587 miles. (82YBZ). \$4995	'79 WIND 4 door sedan, auto., ps, air, tilt, bucket seats. (1L76153). \$3995

No reasonable offer refused. Financing available OAC. Up to 60 months. Terms subject to prior sale plus tax, license & doc. fee.

Consumers Mart

• A DIRECTORY FOR SALES AND SERVICES

AUTOMOTIVE

AUTOS WANTED
We Buy Old Junk Cars
Top Cash. Up to \$65. We sell used parts & put on American & Foreign. Starters, Alternators, Generators, other parts.
232-2232
232-8304

TREES

STEVE'S
Tree and Garden
Winter Pruning
787-1387 free est.

DAY CARE

DAYCARE
and Pre-School activities offered in my family type Albany home. Nutritious Meals.
0-12.
524-3314

ELECTRICAL

ALL ELECTRICAL SUPPLIES
20% to 40% DISCOUNT
FREE ESTIMATES
For homeowners and contractors
PLAZA ELECTRIC
527-5373
1041 San Pablo Ave., Albany
C10-248462

FIREPLACE

FIREPLACES
• Inspect—Repair
• Correct—Remodel
• Porches & Steps
• All Brick Work
Lic. #327662
Bonded—Insured
Roy Anacerio
526-7555
Since 1939

FIREWOOD

FIREWOOD UNLIMITED
OAK
"The Best" etc.
★ Guaranteed
★ Full Cord
★ Delivery
415-763-1999
526-3335 eves.

SCHOOL

West County Montessori School
Enrolling Now for Winter Opening
★ Toddler Classes
★ Ages 18 mths.-2 1/2 yrs.
★ Elementary Class
★ Ages 6-9 years
★ Preschool-Kindergarten
★ Children 2 1/2-6 yrs.
Children's Xmas Fair
Sat., Dec. 16, 10-5 p.m.
716 Applan Way
El Sobrante
237-1791—222-5045

GIFT SHOP

THIS MUST BE THE PLACE
LOTS OF HOLIDAY CHRISTMAS GIFTS AND STUFF
FOR YOUR MONEY'S WORTH
SHOP AT THE
GADGET SHOP
1112 SQUAD
ALBANY
A BLOCK AWAY
SAN PABLO

SCHOOLS

TURNING ONE
A school for infants
Vickie Carlton
Director 526-7930

CONSTRUCTION

PROFESSIONAL SERVICE ONLY
-Retaining Walls-
-Drain Pipes-
-Walkways-
-Driveways-
-Footings Slabs-
-Small Backhoe-
-Dump Truck & Loader
Lic. #339398
25 Years' Experience
232-6131

MUSIC

We Buy & Sell
PINOLE MUSIC SHOPPE
971 San Pablo Ave.
New and Used Instruments
Guitar Lessons
7-70 26 Yrs.
Joe Brandt
724-1284

GARDENING

JOHNNY'S
GARDENING SERVICE
• Landscaping
• Maintenance
• Hauling
• Cleanup
547-4441

COMPUTERS

DECEMBER SPECIAL
★★Printers★★
Okidata-N.E.C.
Computer-Teletype
MicroPotential
644-1045

SEWER SERVICE

ELECTRIC SNAKE
DRAINS OPENED,
PLUMBING REPAIRS,
WATER HEATERS
\$28.95
SEWER SERVICE
24-HOUR SERVICE
223-5306; 529-1860

HEATING

HEATING
Air Conditioning &
Sheet Metal Work
• ESTABLISHED 1932
State License 218716
GRANHOLT
Sheet Metal Works
PHONE 525-5721
501 San Pablo, Albany

WINDOWS

ALUMINUM WINDOW DISCOUNTS
525-1422
Custom Manufactured in Our Factory
CLEAR & BRONZE ANODIZED
• REPLACEMENT OF WOOD
• COMPLETE REMOVAL OF
STEEL WITHOUT DAMAGE
• 5 YR FREE SERVICE ON EXPERT INSTALLATION
LIC. 355000
• 10 YEARS EXPERIENCE
A-TAYLOR MADE WINDOW
We Serve All Bay Area Cities

PAPERHANGING

WALLPAPER HANGING
• Skilled home & commercial
• Decorator service
• Free estimates
223-4528

WORD PROCESSING

ADVANCED WORD SERVICES
Quality IBM Word processing & typing.
Competitive, Fast Service.
Laura,
666-4937; 834-3905

PAINTING

INTERIOR PAINTING
Fast & Efficient
GRANT
658-4817

PET GROOMING

DOG GROOMING
New Professional Dog Grooming Shop School graduate Groomer specializing in all breeds, no tranquilizing used. Qualified and careful grooming for your pet. Expert styling.
DOGS BEST FRIEND
526-7762
days, eves

GARDENING

LITTLE BROTHER GARDENERS
• Lawn and Garden Maintenance
• AUTUMN—Cleanup
• Prune/Weeding
• WINTER—Soil Prep.
• Mulch/Planting
Free Estimates
CAMERON MURDOCK
527-5082

APT. MANAGEMENT

849-0583
APARTMENT MANAGEMENT SERVICE
• Complete Interior & Exterior Maintenance

TYPESETTING

REGENT STREET TYPE AND DESIGN
TYPESETTING/\$20 hr.
Newsletters, Brochures, Books, Resumes, Stats, Helicopters, Reverses, etc. Publication design, and Consultation. In Berkeley near UC campus.
548-8459

MANICURIST

Sculptured Nails by Melinda Ferguson.
524-8518
Thurs.-Fri.-Sat.
\$350
Gift Certificates Available

COMPUTERS

Resumes
Mailing Lists
Texts
Multiple Letters
Wordwright
Word Processing
527-9198

SPIRITUAL READERS

SPIRITUAL READING
I am not a common reader. I do not read by cards or books, but through God's gifted spirit gift. I will help give helpful advice to all areas of life, such as love, marriage, business, health, will give LUCKY DAY AND NUMBERS! WILL CALL YOUR FRIENDS AND ENEMIES BY NAME WITHOUT ASKING A WORD!
547-9389 \$5.00

ROTOTILLING

LEON'S ROTOTILLING
236-3918

HYPNOTIST

Holiday Depression?
Licensed
HYPNOTHERAPY
Specializing in:
• growth
• unwanted habits
• phobias
236-7297

LOCK SERVICE

SOMER'S LOCK SHOP
24 Hr. Service
Bonded
Insured
• Home
• Commercial
• Domestic Auto
★ Foreign Auto
★ Specialists
1507 23rd San Pablo
Bus. 237-6382
Emer. 236-7293

CLEANING

ED'S HOUSE and CARPET CLEANING
529-2015
Also: upholstery, walls, wax floors, clean windows

FURNACE SERVICE

SAVE \$\$
Have Your Furnace cleaned by the Lowest Rates in town!
BOSS FURNACE
707-557-5177
All work done by Owner

CLEANING

COMPLETE
Wall to Wall "Carpet Cleaning Special"
\$39.95 cleans any size living rm., dining rm. & hall
• Pre-spotting
• Shampooing
• Deep Steam Clean
TOM'S Carpet Cleaners
724-5468
"Thorough Workmanship for fair prices"

PERSONAL CARE

Professionally trained assistant will provide shampoo showers, shave services for elderly-invalid persons in your home. Scheduling flexible.
Call Darlene
436-6544 Until P.M.

CANDLES & ACCESSORIES

BLUEGATE CANDLE
CANDLES & CANDLE ACCESSORIES
ANNOUNCING OUR
HOLIDAY
WAREHOUSE/INVENTORY
SALE
December 11th - 19th
10:00 A.M. - 4:30 P.M.
— Gifts for Christmas —
— Toys — Decorative Accessories —
728-3301
Airport Road, Moss Beach
Bluegate Candle Company
SAN FRANCISCO
HIWAY 1
CYPRESS AVE.
CAPISTRANO RD
AIRPORT ROAD
HARBOR
BLUEGATE CANDLE CO.

A Christmas to remember

Entire Inventory Must Go By Christmas!

• NEW CARS! USED CARS! DEMOS!

'83 MERCURY
GRAND MARQUIS

Close-end lease. Cash price \$11,098.77. Cash down \$605.40, 48 month lease at \$240.40 per month. Res \$4859.82. #6491.

\$240.40*
LEASE
PER MO.

'82 LN7

Cash price plus tax, license & doc. fee, & rebate assigned to dealer. (#8499).

\$6677

FROM LYNX TO LINCOLN-WE HAVE IT ALL FOR YOU!

THE BEST USED CARS ARE WHERE YOU FIND THE BEST NEW CARS

OVER 50 QUALITY USED CARS
TO CHOOSE FROM

'69 CADILLAC
Coupe DeVille, light blue,
good transp. (YFB000).

\$795

'76 MONTEGO
Squire wagon, nice fami-
ly car. (100RAF).

\$1495

'77 LINCOLN
Town Car, leather interi-
or. Loaded! (578ZU).

\$4995

'79 Z-28
V8, 4 speed, nice, nice
car. (#2667).

\$5995

'78 HORIZON
Automatic, power steer-
ing, air. (#6443).

\$2995

'80 GRANADA
Tu-tone paint, lots of
extras. (815YJA).

\$3595

'78 TORONADO
Loaded!
(138UNC).

\$4295

LINCOLN-MERCURY

FREE Amana

MICROWAVE OVEN

With ANY Vehicle
Purchased!

10 yr. limited warranty.
Cook a 20 lb. holiday turkey
in this! Exclusive RO-
TAWAVE cooking system.
Variable power.

Model RRL5C.

**FREE
CHRISTMAS TREE**
with every purchase

10.75% A.P.R.
STILL AVAILABLE
ON NEW 82's
Hurry, Ends Soon!

222-4121
3255 Hilltop Auto Plaza
Richmond
Off I-80 at Hilltop Drive

• OPEN •
Mon-Fri.
8:30 a.m.-8:00 p.m.
Sat. 9:00 a.m.-8:00 p.m.
Sun. 11:00 a.m.-6:00 p.m.

Cars subject to prior sale plus tax, license & doc. fee. Offer expires 12/15/82, 7 p.m.

PUBLIC NOTICE

LEGAL NOTICE A-106427

ORDINANCE NO. 82-013

AN ORDINANCE OF THE COUNCIL OF THE CITY OF ALBANY ADDING CHAPTER XV, ARTICLE III, SECTIONS 15.25 AND 15.26, TO THE ALBANY MUNICIPAL CODE ELECTING TO RECEIVE 0.33% OF 1% OF PARIMUTUEL WAGERS PURSUANT TO SECTION 19610.3 OF THE CALIFORNIA BUSINESS AND PROFESSIONS CODE.

WHEREAS, the State of California Legislature has passed the Tucker Bill, codified as Section 19610.3 of the Business and Professions Code; and

WHEREAS, the City of Albany desires to elect to receive 0.33% of 1% of all parimutuel wagers; and

WHEREAS, the City Council passes this ordinance with the understanding that special compensation for services rendered and previously contracted for between the City of Albany and Tanforan Racing Association and Pacific Racing Association, shall be unchanged or undisturbed in that such services, if provided, will still be done so at agreed upon terms conditions, and fees; and

WHEREAS, the City of Albany understands the existing Agreement with Pacific Racing Association for the payment of \$60,000.00 per year shall no longer be in effect in whole or in part; and

WHEREAS, the election to receive benefits under Section 19610.3 is being made with the understanding that, with the exception of possible future technical adjustments for minus parimutuel pools, the percentage received shall not be reduced, eliminated, or altered by State Legislation, Court action, or otherwise, and, if it is, the City of Albany reserves its right to

PUBLIC NOTICE

PUBLIC NOTICE

PUBLIC NOTICE

PUBLIC NOTICE

PUBLIC NOTICE

PUBLIC NOTICE

PUBLIC NOTICE

rescind, modify, or otherwise change this ordinance; and

WHEREAS, representations by Edward Rooston in a letter to Albany dated October 27, 1982 on behalf of his clients (Tanforan Racing Association and Pacific Racing Association) have been reviewed and are assumed to be correct and are hereby relied on as reasons and as a basis for passing this ordinance; and

WHEREAS, if Off Track Betting is permitted and results in decreasing the amount that the City of Albany would otherwise receive by reason of its election under the Tucker Bill, the City of Albany reserves its right to rescind, modify, or otherwise change this ordinance; and

WHEREAS, this ordinance is being passed with the understanding that should the Tucker Bill not be re-enacted or extended, the City of Albany reserves its right to enact any tax, fee, or charge consistent with the powers of a Charter City; and

WHEREAS, this election is being made with the understanding that Albany's share is not diluted below 0.33% of 1% by reason of sharing with any other neighboring City which may assert a claim for these monies; and

WHEREAS, if any of the above conditions are not satisfied, then the City reserves its right to enact any tax, fee, or charge consistent with the power of a Charter City;

THE COUNCIL OF THE CITY OF ALBANY ORDAINS AS FOLLOWS:

Section 1: That Chapter XV, Article III, Sections 15.25 and 15.26, are hereby added to the Albany Municipal Code and shall read as follows:

SEC. 15.25. ELECTION PURSUANT TO SECTION 19610.3 OF THE BUSINESS AND PROFESSIONS CODE. The City of Albany hereby elects, pursuant to California Business and Professions

Code Section 19610.3, to permanently receive 0.33% of 1% of the total parimutuel wagers placed at Golden Gate Fields during all licensed horse racing meets conducted there. If for any reason either the Tanforan Racing Association and Pacific Racing Association, or that of the City, is found not to be effective as of the commencement of racing in 1983, the admissions tax provisions plus the City's agreement with Pacific Racing Association (regarding a \$60,000.00 yearly contribution) shall remain in effect until such time as the City is legally entitled to receive 0.33% of 1% of all parimutuel wagers under the provisions of Section 19610.3 of the California Business and Professions Code.

SEC. 15.26. So long as the provisions of Section 15.25 herein remain in effect, as originally passed or modified, Sections 15.19 through 15.24, authorizing the collection of an admissions tax, shall be suspended and no admissions tax will be collected. At the expiration of the Tucker Bill, or if the City's revenues pursuant to its election thereunder, are reduced below 0.33% of 1% (except for possible future technical adjustments for parimutuel minus pools, or if set for in Sections 15.19 through 15.24) shall automatically be operative and the City shall collect such tax without the need for further Council action or passage of any ordinance.

Nothing herein contained shall be construed to preclude the City of Albany from exercising its taxing powers as a Charter City under the California constitution and laws of the State of California (including without limitations the Tucker Bill). Furthermore, the City of Albany has made this permanent election with the understanding

that the conditions set forth in Ordinance 82-013 shall be effective upon the date of its adoption.

Section 2: This Ordinance shall be effective upon the expiration of the date of its adoption.

RUTH J. GANONG, Mayor OF THE CITY OF ALBANY

STATE OF CALIFORNIA COUNTY OF ALAMEDA CITY OF ALBANY

I, JACQUELINE BUCHOLZ, City Clerk of the City of Albany, do hereby certify that the whole number of members of the said City of Albany is five; that the foregoing Ordinance NO. 82-013, was passed and signed by the Mayor of said City, at a regular meeting of the said City, held on December 15, 1982 A.D., and that the same was so passed and signed by the following votes:

AYES: Councilmembers Johns, Kruse, McManis, and Noes. ABSENT: None.

IN WITNESS WHEREOF, I have hereunto set my hand and the official seal of the City of Albany, this 7th day of December, 1982 A.D., and that the same was so passed and signed by the following votes:

AYES: Councilmembers Johns, Kruse, McManis, and Noes. ABSENT: None.

JACQUELINE BUCHOLZ, City Clerk A-1685-December 15, 1982

LEGAL NOTICE J-106599

ORDINANCE 82-13

AN ORDINANCE OF THE CITY COUNCIL OF THE CITY OF EL CERRITO ADDING CHAPTER 14.16 TO TITLE 4 (UTILITIES) OF THE EL CERRITO MUNICIPAL CODE CREATING THE EL CERRITO MUNICIPAL SOLAR UTILITY ORDINANCE.

The City Council of the City of El Cerrito does ordain as follows:

SECTION 1. Chapter 14.16 is hereby added to Title 4 (Utilities) to read and provide as follows:

Section 14.16.010. Municipal Solar Utility Ordinance. Chapter 14.16 shall be cited and known as "El Cerrito Municipal Solar Utility Ordinance."

Section 14.16.020. Purpose. The purpose of this Chapter 14.16 is to grant authority to the City Council of the City of El Cerrito to establish a Municipal Solar Utility in the execution of the policies set forth in this chapter. The welfare of El Cerrito residents has been jeopardized in the past by shortages of natural gas, petroleum propane and electric power and dependence upon fossil fuels in general. Shortage of available energy supplies will continue during the upcoming decade unless measures are established to conserve the energy available for the economy and the residents of El Cerrito. It is declared to be the policy of the City of El Cerrito to encourage and promote the use of solar energy in order to prevent or reduce an adverse impact upon the economy of El Cerrito and in order to prevent injury to the health and welfare of the residents of El Cerrito due to the shortage and high cost of energy in their homes and places of work.

It is also declared to be the policy of El Cerrito to improve the economics of solar energy use by facilitating the leasing of solar energy devices. The policy is premised on a finding that the initial cost of purchasing and installing a solar energy device is the primary economic barrier to expanded solar energy use. California law currently provides that taxpayers who lease a solar energy system from a municipal utility or from any lesser granted a permit from a Municipal Solar Utility shall receive a tax credit for the first three years of operation or until the solar tax credit allowance terminates, whichever occurs first.

It is further declared to be the policy of El Cerrito to provide consumer protection measures for residents who lease solar energy systems through the Municipal Solar Utility.

Section 14.16.030. Municipal Solar Utility. The City Council of the City of El Cerrito shall by its rules and regulations establish procedures and procedures designed to implement the policy set forth in this chapter. Such practices and procedures shall be known as the "El Cerrito Municipal Solar Utility."

SECTION 2. In order to protect the public health, safety, and welfare, it is imperative that this measure be passed as an Urgency Ordinance. The reasons for the urgency are as follows: AB3788, which was passed into law late in the 1982 California Legislative Session, provides in part that a city may establish itself as a Municipal Solar Utility in order to provide its constituents with low-cost solar energy devices which at the same time will enable them to gain tax advantages. In order to take advantage of said legislation, a city must establish itself as a Municipal Solar Utility by the end of 1982. In order to accomplish these provisions, this measure must be adopted as an urgency ordinance.

SECTION 3. Effective Date. This ordinance shall take effect and be in force immediately upon adoption thereof. (Government Code 36937).

PASSED AND ADOPTED BY THE City Council of the City of El Cerrito at a regular meeting thereof held on the 6th day of December, 1982, by the following called vote:

AYES: COUNCILMEMBERS: Abelson, Allen, Collins, Spellmann, Siri

NOES: COUNCILMEMBERS: None

ABSENT: COUNCILMEMBERS: None

JEAN B. SIRI, Mayor of the City of El Cerrito

ATTEST: LUCILLE V. IRISH, City Clerk of the City of El Cerrito

I HEREBY CERTIFY that the foregoing ordinance was duly and regularly passed and adopted by the City Council of the City of El Cerrito, County of Contra Costa, State of California, at a regular meeting thereof held on the 6th day of December, 1982.

LUCILLE V. IRISH, City Clerk of the City of El Cerrito

J-1687-December 15, 1982

LEGAL NOTICE J-106574

NOTICE OF TRUSTEE SALE

Loan No. 70033

Borrower: PAYNE

YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED

MARCH 18, 1981, UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING, CONTACT YOU, YOU SHOULD CONTACT A LAWYER.

NOTICE is hereby given that on Wednesday, the 12th day of January 1983 at the hour of 2:30 p.m. at the main entrance to the City Hall, 27th Street and Barrett Avenue, in the City of Richmond, County of Contra Costa, California, BILL HENSON CO., INC., as Trustee, will sell at public auction to the highest bidder, for cash, in lawful money of the United States, all payable at the time of the sale, the following described property, situated in the City of El Cerrito, County of Contra Costa, State of California, and described as follows:

Lots 18 and 19, Block 12, Amended Map of Richmond Pacific Heights, dated July 1, 1915, Map Book 12, page 279, Contra Costa County Records.

APN: 500-350-014

The Street address and other common designation, if any, of the real property described above is purported to be:

5710 Jordan Avenue El Cerrito, California

The undersigned disclaims any liability for any inaccuracy of the Street address or other common designation, if any, shown herein. Said sale will be made, but without warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of the Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust in the amount of approximately \$14,725.53 pursuant to the power of sale conferred in that certain Deed of Trust executed by EMANUEL PAYNE and LELA M. PAYNE, his wife, as joint tenants as Trustees to BILL HENSON CO., INC., as Trustee, for the benefit and security of Alfred J. Stevens and Emma Lee Stevens, his wife, as joint tenants, dated, March 18, 1981, and recorded March 25, 1981, as Instrument No. 81-35848, in Book 10254, Page 8, Official Records of the County of Contra Costa, California, and as recorded August 31, 1982.

BILL HENSON CO., INC. Trustee

By PAMELA DILLENBECK Assistant Secretary as said Agent

21286 Mission Blvd. Hayward, CA 94541

(415) 889-1900 Ext. 236 No. 32244

J-1684-December 15, 22, 29, 1982

LEGAL NOTICE G-106007

FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. 61784

The following person is doing business as:

THE NAIL CARE SALON 609 San Pablo Avenue Albany, CA 94706

KAREN D. NORMAN 925 E. Meadow Pinole, CA 94564

GERI SPEARMAN 100 Fleet Street Vallejo, CA 94590

This business is conducted by a general partnership.

Signed: KAREN D. NORMAN

This statement was filed with the County Clerk of Alameda County on December 1, 1982.

I hereby certify that the foregoing is a correct copy of the original on file in my office.

RENE C. DAVIDSON, County Clerk Alameda County

By: P. SHELL, Deputy

A-1682-December 8, 15, 22, 29, 1982

LEGAL NOTICE A-104956

FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. 61107

The following person is doing business as:

VAL PROPERTIES 533 San Pablo Avenue Albany, CA 94706

LENA V. LEMA 34 Kerr Avenue Kensington, CA 94707

LOUIE VALCALDA 5556 Thornhill Drive Oakland, CA 94611

AL ALPEGNI 837 Liberty Street El Cerrito, CA 94530

This business is conducted by a limited partnership.

Signed: LENA V. LEMA

This statement was filed with the County Clerk of Alameda County on November 12, 1982.

CERTIFICATION

I hereby certify that the foregoing is a correct copy of the original on file in my office.

RENE C. DAVIDSON, County Clerk Alameda County

By: ANNE NALLY, Deputy

A-1674-November 24, December 1, 8, 15, 1982

OAKLAND

master charge VISA

EMERYVILLE

PLEASANT HILL

Total Discount

WINES WAREHOUSE SPIRITS

EMERYVILLE

Your Place to Go!

BOURBONS

ANCIENT AGE 750 ML.....5.69

L.W. HARPER 80° 750 ML.....5.79

JIM BEAM 1.0 LITER.....6.99

EARLY TIMES 1.0 LITER.....6.89

OLD FORESTER 86° 1.75 LITER.....13.99

JACK DANIELS 1.75 LITER.....19.99

BRANDIES

E&J 750 ML.....5.39

RAYNAL V.S.O.P. 750 ML.....5.99

LAIRD'S APPLEJACK 75 ML.....6.66

KORBEL 1.0 LITER.....7.77

CHRISTIAN BROTHERS 1.0 LITER.....7.99

ALMADE 1.75 LITER.....10.99

CANADIAN WHISKIES

SEAGRAM'S V.O. 750 ML.....7.18

CANADIAN MIST 1.0 LITER.....6.88

BLACK VELVET 1.0 LITER.....6.99

CANADIAN CLUB 1.75 LITER.....17.99

COGNACS

TIFFON V.S. 750 ML.....13.49

HENNESSY V.S. 750 ML.....13.95

REMY MARTIN V.S. 750 ML.....14.79

HENNESSY V.S.O.P. 750 ML.....19.85

GINS

GORDON'S 1.0 LITER.....6.66

BEEFEATER 1.0 LITER.....10.79

SKOL 1.75 LITER.....7.99

GILBEY'S 1.75 LITER.....9.99

SEAGRAM'S 1.75 LITER.....10.99

LIQUEURS—

SWEETS FOR CHRISTMAS

B&B 500 ML.....9.99

BAILEY'S IRISH CREAM 500 ML.....9.99

TIA MARIA 500 ML.....7.99

GRAND MARNIER 500 ML.....12.39

DEKUYPER CREAM DE MENTHE GREEN OR WHITE 750 ML.....4.99

AMARETTO DI AMORE 750 ML.....5.99

MIDORI MELON 750 ML.....10.99

PERNOD 750 ML.....12.29

MYER'S RUM CREAM 750 ML.....14.99

DRAMBUIE 750 ML.....15.69

RUMS

MYER'S JAMAICAN 750 ML.....8.39

MYER'S PLATINUM WHITE 750 ML.....8.45

BRITISH NAVY PUSSER'S 750 ML.....13.39

CORAL BAY WHITE 1.75 LITER.....8.88

BACARDI LIGHT OR DARK 1.75 LITER.....9.99

SCOTCHES

GLENLIVET 12 YR. OLD 750 ML.....17.99

PINCH 12 YR. OLD 750 ML.....12.89

OLD SMUGGLER 750 ML.....5.29

PETER DAWSON 1.0 LITER.....6.66

J&B 1.0 LITER.....12.99

CUTTY SARK 1.75 LITER.....17.99

DEWAR'S 1.75 LITER.....19.99

JOHNNIE WALKER RED 1.75 LITER.....19.99

TEQUILAS

JOSE CUERVO GOLD 750 ML.....6.99

SAUZA HORNETOS 750 ML.....8.77

HERRADURA SILVER 92° 750 ML.....9.99

HERRADURA GOLD REPOSADO 92° 750 ML 10.99

VODKAS

SMIRNOFF 750 ML.....4.99

SMIRNOFF SILVER 90.4° 750 ML.....5.89

ABSOLUT 80° 750 ML.....8.99

POPOV 1.0 LITER.....4.89

STOLICHNAVA 80° 1.0 LITER.....11.99

FLEISCHMANN'S 1.75 LITER.....6.99

RELSKA 1.75 LITER.....8.19

BEERS

MICHELOB 6 PACK 12-OZ. BOTTLE.....2.35

LABATT'S BLUE 6 PACK 12-OZ. BOTTLE.....3.29

SCHLITZ 12 PACK 12-OZ. CAN.....3.59

CHRISTMAS PACKS

COORS 12 PACK 12-OZ. CAN.....3.89

HENRY WEINHARD 12 PACK 12-OZ. BOTTLE.....4.35

ANCIENT AGE

5.69

750 ML

Case \$64.99

Seagram's V.O.

7.18

750 ML

Case \$86.15

RAYNAL V.S.O.P.

5.99

750 ML

Case \$71.50

EDMAEDES

NOW 4.50

'79 ESTATE CABERNET SAUVIGNON 750 ML REG. 7.50.....SAVE 3.00

'81 GEWURZTRAMINER 750 ML REG. 5.99.....SAVE 1.49

'80 PINOT NOIR 750 ML REG. 7.75.....SAVE 3.25

HANNS KORNELL

Brut or Extra Dry

6.66

750 ML

CHAMPAGNE

C.C. VINEYARDS WHITE 750 ML

JACQUES BONET ALL TYPES 750 ML

PAUL CHENEAU BLANC DE BLANCS 750 ML

CHRISTIAN BROTHERS BRUT OR EXTRA DRY 750 ML

HANNS KORNELL BRUT OR EXTRA DRY 750 ML

LANSON BLACK LABEL NV BRUT 750 ML

IMPORTS

FRENCH

'79/'80 LA COCQUE PAVILLON - WHITE 750 ML

MOUTON CADET-RED 750 ML

CHARLES PAX - COTES DU RHONE 750 ML

'76 CHATEAU GAUDRIELLE 750 ML

CHATEAU LA FRANCE - RED 750 ML

CHATEAU LA FRANCE - WHITE 750 ML

GERMANS

CONCERT LIERFRAUWILCH 750 ML

LEONARD KREUSCH MOSELBRUCH 750 ML

BLUE NUN 750 ML

ITALIANS

'79 CATIGNANO CHIANTI CLASSICO 750 ML

CHIANTI COLLI SENESI 750 ML

BARBERANI ORVETO 750 ML

FOLIGNARI SOAVE 1.5 LITER

RUFFINO CHIANTI CLASSICO 1.5 LITER

DOMESTIC WINE SPECIALS

MONTEREY VINEYARDS CLASSIC WHITE 750 ML

MONTEREY VINEYARDS '79 CLASSIC RED 750 ML

WEIBEL GREEN HUNGARIAN 750 ML

LOUIS MARTINI '78 CABERNET SAUVIGNON 750 ML

PORTS, SHERRIES, APERITIFS

HARTLEY & GIBSON-AMONTILLADO, CREAM, FINE 750 ML

DRY SACK 750 ML

PAUL MASSON-MADEIRA 750 ML

FICKLIN - PORT 750 ML

HARVEY'S - BRISTOL CREAM 750 ML

PANACHE 750 ML

G & D MARSALA 750 ML

JUG WINES

4.0 LITERS

PETRI ALL TYPES

SUMMIT WINE IN A BOX ALL TYPES

C.K. MONDAY ALL TYPES

3.0 LITERS

INGLENOK ALL TYPES

TAYLOR CALIFORNIA CELLARS ALL TYPES

1.5 LITERS

C.K. MONDAY ALL TYPES

PAUL MASSON LIGHT CHAMPAGNE 750 ML

TAYLOR LIGHT CHAMPAGNE 750 ML

ROBERT MONDAY WINE 750 ML

FETZER PREMIUM RED OR WHITE 750 ML